



Annual Report

2025-2026



We acknowledge we are on original traditional lands of Treaty 4 Territory, homeland of the Nehiyaw/Cree, Saulteaux, Dakota, Lakota, and Nakota, as well as the traditional home of the Métis.

We respect and honour the Treaties that were made on all territories, we acknowledge the harms and mistakes of the past and we are committed to move forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration.

North Central Community Association

North Central is one of the largest inner-city neighbourhoods in the City of Regina and represents a population of 10,000 people in an area of 183 square blocks, consisting of 4300 homes and over one hundred businesses.

North Central Community Association (NCCA) incorporated in August 1976, is deeply rooted in the community, and utilizes a community engagement approach in planning and delivering programs and initiatives that are meaningful for area residents. Over the past fifty years NCCA has effectively delivered a variety of programs and services and continues to evolve and create new alliances to better support the complex needs of the community.

NCCA is located within the māmawêyatitân integrated centre, and we receive operational funding from the City of Regina along with Community Initiatives Grant funding for sport, recreation, and cultural programming. In addition: we receive financial support from the Saskatchewan Health Authority (SHA) for a seniors' footcare clinic and outreach health programming for shut-ins; and financial support from Regina Exhibition Association Limited (REAL) and the Saskatchewan Roughriders for a social enterprise recycling program (Go Green).

OUR VISION

A safe, caring, and vibrant community where all people can thrive.

OUR MISSION

To enhance, engage and represent our diverse neighbourhood, where we live, work and play, by facilitating partnerships, programs, and services.

OUR VALUES

Integrity, Accountability, Respect, Diversity & Inclusion, Sustainability

Message from the Board Chairperson and Executive Director

North Central Community Association (NCCA), in operation for **50 Years**, is in the mâdawêyatitân centre in the heart of Regina's north central community. Although our physical location within the community has changed over the years, our desire to integrate and strengthen our relationships with individuals, community-based service providers, business owners and funding supporters has remained constant. Our goals and priorities are determined through direct interactions with residents through established programs, one-on-one, or at community events.

In the fall of 2025, the NCCA board of directors organized a *North Central Community Town Hall* meeting. Jonathan Shepherd, NCCA Board Chair, opened the meeting with a treaty land acknowledgment, Elder Mae Desnomie delivered the opening prayer, and Jason Littleton provided an Honour Song. The meeting brought community residents together with provincial and municipal elected officials and representatives from Regina Police Service and Regina Fire and Protective Services.

Community residents provided their viewpoint, concerns and recommendations on several matters including but not limited to a need for an increase in affordable housing and food security; adequate supports for vulnerable persons facing houselessness and/or mental health challenges and addictions; decrease in criminal activity and an increase in safer streets; and the necessity for the provision of incentives that could attract new housing development and businesses to the community. Residents recommended that regular in-person community engagements with decision-makers continue to ensure improvement occurs in each of these priority areas.

NCCA Volunteers are key in ensuring our programming is successful and in the past year 250 community residents contributed 890 volunteer hours towards our community gardens, community clean-up campaigns, recycling initiatives, community wellness days and serving on the NCCA Board of Directors and 1650 youth and adults participated in our NCCA sports, recreation and cultural programming.

Our sincere thanks and appreciation to our membership, board of directors, staff, volunteers, community partners, funders, and donors. This combined support makes it possible for NCCA to engage with residents and offer programs that support the north central community.

Pat Faulconbridge
Executive Director
North Central Community Association

Jonathan Shepherd
Board Chair
North Central Community Association

WHO WE ARE

NCCA Board of Directors 2025-26

Chairperson	Jonathan Shepherd
Vice-Chairperson	Brendan Anderson
Secretary	Denita Stonechild
Treasurer	Brian Kruetzer
Past Chairperson	Ross Pratt
Director	Morris Eagles
Director	Ivy Kennedy
Director	Henry Cote
Director	Lanette Cyr

Staff

Executive Director
Go Green Manager
Senior Health Nurse/Footcare Nurse
Foot Care Nurse
Foot Care Nurse

Bookkeeper

Seasonal:
Community Gardens Coordinator
Renew Coordinator
Canada Summer Jobs Student

Pat Faulconbridge
Pauline Gabriel
Jude McCann RN
Donna Adams RN
Terra Shaw LPN

Christine Fenson
Beyond Numbers Solutions Ltd

Maegan Krajewski
Stephen McDavid
Howard Rennebohm

Program Facilitators

Basketball Program

Coordinator/Coach: Mike Towle
Coaches: Kenny Ritchotte & Clarence
Taypotat
Girls Coach: Alyssa Starr

Indoor Walking Program

Tom Wright volunteer

Forever *in motion* Fitness Program

SHA Forever *in motion* volunteers

Indigenous Trauma-Informed Yoga

Shyla Gaebel

Drop-in Beginners Yoga

Nicole Garnsey

Drop-in Zumba

Kelsey Waldo

YEAR IN REVIEW

The North Central Community Association offers unique and innovative community-based programs and services. A broad range of sport, culture, recreation, health, and social enterprise initiatives provide opportunities for residents to engage in a variety of individual and family-oriented activities.

North Central Community Gardens: *Engaging with residents to create social connections while increasing food security for families in the community.*

NCCA seasonal garden program has established garden boxes at the māmawêyatitân centre and four community schools: Sacred Heart, Seven Stones. Albert and Kitchener. Donations support the materials and supplies.

The coordinator, Meagan Krajewski, schedules seed planting workshops in the spring and begins work with the area schools to help them start their garden bed projects in early June. Volunteers and north central residents' plant and maintain the gardens throughout the growing season and community residents are invited to help themselves to the nutritious produce.

Garden related games and activities for children and youth occur during the summer months, gardening work-bees and information sessions for residents is continuous and canning and produce storage workshops occur in late summer.

Please follow the garden schedules and activities on the *North Central Community Gardens* Facebook page. Volunteers are always welcome.



Go Green Program: *Protecting our Environment.*

This social enterprise program is a partnership with REAL (Regina Exhibition Association Limited) and new this year is the addition of a partnership with the Saskatchewan Roughriders Football Club for the designated Tailgating parking lots surrounding Mosaic Stadium.

There are two streams to this program. One occurs each year during the Saskatchewan Roughrider Football season, typically the end of May through November. NCCA Go Green Manager, Pauline Gabriel, engages community residents to clean up garbage and recyclables at Mosaic Stadium and from the designated Tailgating areas around the stadium following football games and large events. The second stream is the Everyday REAL recycling stream.



Everyday REAL Recycling:

This is an additional recycling program under the Go Green banner and community residents are also engaged in this initiative. The NCCA Go Green Manager arranges weekly pickup of recyclables from the REAL District and schedules the collection of recyclables after the Regina Pats Hockey games, Canadian Western Agribition and Rodeo, Queen City Exhibition and Brandt Centre Concerts.

Go Green also partners with community leaders to pick up trash and recyclables from the Mosaic Culture of Festivals pavilion at the mâmawêyatitân centre, Tatanka Day at Buffalo Meadows Community Park and Canada Day Celebrations in Victoria Park.

In 2025-26 over two hundred community volunteers worked a minimum of one shift and collected over 433,172 recyclables comprised of cans, bottles, glass, tetra and plastic. NCCA reinvests the salvage proceeds into its' programs and services.

Mâmawêyatitân Parking Lot – Game Day:

- This is a partnership between the mâmawêyatitân centre and NCAA for parking during Saskatchewan Roughrider Football games held at Mosaic Stadium. Local community members volunteer in shifts to collect the fees and supervise the parking lot.

North Central Basketball: *Safe space for youth in the community to develop skills, make friends and build confidence.*

NCCA's basketball program is a year-round program funded through a Saskatchewan Lotteries Community Grant. This drop-in basketball program is a free facilitated program for youth ages fourteen and older, runs four nights per week and continues over the summer months and all school-year holidays. Three coach/facilitators rotate their schedules to ensure program consistency.

Activities include skill development and learning the nuances of the game, ball handling, dribbling, passing, shooting, offence, and defence, learning to be part of a team, critical thinking and problem solving, and leadership development skills.

There are no fees to participate and on average twenty-five youth attend each evening.

New in the summer of 2026 is a pilot Drop-in Basketball for Girls program, ages 14 to 30 years.



Renew Program: *Working with north central residents to build a cleaner, safer community.*

This seasonal program runs May through November and is funded through a City of Regina Community Initiatives Social Development Grant. NCCA Renew Artist/Coordinator connects with community service providers, business owners and residents to identify streets, back alleys and areas that require cleanup.

Residents, volunteers, offenders, victims of crime and youth are engaged to assist in cleaning up graffiti and vandalized properties and throughout the neighbourhood graffiti is either removed or covered up. In several alleys where graffiti has been covered up on garage doors the residents have engaged the Renew coordinator and marginalized youth to create Indigenous themed murals.

New to this program are scheduled walking tours *Community Murals and Prairie Pockets* that engage with residents to plant perennials on their back lanes to reduce the number of weeds in the alleys and prevent trash from being strewn about.



Vibe Program: *Youth and family recreation and cultural activities.*

This year-round program receives funding through a City of Regina Community Initiatives Sport and Recreation Grant. The program offers two to eight hours of facilitated and structured programming per week, and each program may be divided into blocks of eight to fourteen weeks (or longer depending on the interest). Programming occurs in the māmawêyatitân centre indoor and outdoor spaces.

In 2025-26 four hundred participants engaged in the Vibe programs: *Forever in motion* fitness, Seniors Indoor Walking Club, Indigenous Trauma-informed Yoga, Drop in Beginners Yoga, Drop in Zumba, Sage Bundle teachings and Beading classes.



North Central Foot Care Community Health Program: *Providing quality, compassionate health care that is easily accessible.*

The Saskatchewan Health Authority (SHA) funds this year-round program. Registered nurses schedule foot care and hand care treatments and provide blood pressure and glucose monitoring, review of medications, and general mental health counselling for residents who are often isolated and have limited social connections.

Scheduled foot care clinics are provided in a designated space within the māmawêyatitân centre or via home visits for shut ins. Our clients are mostly seniors, and the turnover is typically due to advanced aging resulting in their relocation into long-term or palliative care facilities. In 2025-26 the program provided 1,986 services for 152 clients.



North Central Community Association Spring Clean-Up

Sask Energy sponsored our September 9th, 2025, and June 6th, 2026, community clean-up campaigns and brought trucks, trailers and volunteers to pick up the larger items such as appliances, furniture, mattresses, tires and scrap metal. WeCycle Recycling supplied a bin for scrap metal and Quality Tire accepted the discarded tires. Loraas Disposal provided bins and drivers.

The total weight removed from the alleys in the community for the fall and spring clean-up campaigns totalled 7.8 metric tons of discarded furniture and debris and 920 lbs. of scrap metal.

Cowessess First Nation Economic Lands and Development allowed us access to the Cowessess First Nation Urban Land at the corner of 6th Avenue and Angus Street to set up the site for trucks to transfer the collected items into the bins and City of Regina Debris team provided truck and trailer support for the community volunteers.



Grassick Park Outdoor Ice:

NCCA provides supervision of the warm-up shack for the Grassick Park outdoor rink, and this initiative is made possible through an Outdoor Ice Grant from the City of Regina. In the winter of 2025-26 we provided 94 hours of supervision for 264 children and young adults. NCCA received positive feedback from community residents for this service.

NCCA Income Tax Clinic:

The NCCA Volunteer Tax Clinic ran from March 9th through April 27th, and options included drop-in, drop-off and scheduled in-person appointments at the māmawêyatitân centre on Monday, Tuesday, and Thursday afternoons. The tax clinic assists lower-income persons with their taxes and one hundred and twenty returns were completed.

Theatre in the Park:

Each year NCCA hosts the *Common Weal Community Arts* theatre group at the end of the school year. 'Theatre in the Park' is a live performance and school groups are invited for the afternoon production and families in the community attend the evening performance. The performance provided a fun afternoon for 250 north central children.

Community Integrated Partnerships:

TRC Friendship Dance – In partnership with SHA Four Directions Health Centre north central community members enjoyed a mini-powwow and community barbecue.



Community Wellness Day: Agencies come together to plan wellness days in the mâmawêyatitân centre. Components included: health education tables, program information for families and youth, treaty card registration, free haircuts, naloxone kits and training, elder services, sage bundle teachings, activities for children, fun at the library and a free lunch.

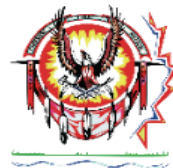
- Three hundred fifty community residents attended both the October 2025 and May 2026 events.



Funders



Supporters





North Central Community Association
3355 6th Avenue | Regina, SK | S4T 4L8
(306) 791-9888

www.nccaregina.ca
Facebook: @NCCA.Regina