



Our primary goal is to provide employability skills training where the clientele learn how to adapt their lifestyles, make critical life choices and ultimately choose a career path which will help them towards successful long-term employment

Intake is On-Going...

Clients between the ages of 16-29 years of age are welcome to apply at any time! We offer a three week course and a one week workshop in addition to individual supports. No matter what your needs are, we can help!

Meewasasin offers the following:

- Resume Writing
- Job Interview Skills
- Worksite Experience
- Financial Management
- Decision Making
- Math and Literacy Skills
- Time Management
- Self-awareness
- Problem Solving
- Communication Skills
- Document Reading
- Jobsite Safety
- Labour Standards
- Plus others....

A North Central Community Association initiative with funding through the Government of Saskatchewan



TROUBLE FINDING A JOB?

IF WORK HISTORY, LIFE CHOICES, OR LACK OF SKILLS IS AFFECTING YOUR EMPLOYMENT, WE CAN HELP.

- Ages 16-29
- Unemployed
- Committed to finding a job



**1459 Retallack St.
Phone: 306-791-9530**

**Email: meewasasin@nccaregina.ca
Web: nccaregina.ca/meewasasin**

NOTICE: We will be moving Nov 1/15 to 1650 Angus Street.



Program Opportunities...

Saskatchewan is a growing province with a high demand for skilled workers in the trades and service industries. The staff at Meewasasin work closely with other skills training centres, such as:

- **Regina Trades & Skills Centre**
- **SIIT's Construction Careers**
- **Gabriel Dumont Institute**
- **Work Preparation Centre**
- **George Gordon Developments**
- *plus others*

Staff have developed a program which will help our clients meet the entrance requirements of these training programs.



Focusing on Strengths...

Our clientele are youth 16-29 years old who are unemployed or underemployed and in need of skill development in order to get a job and maintain employment.

Every person who enters our program has abilities they may not realize. Our staff will help each client learn what those strengths are and how they can be used to overcome difficulties which may have prevented them from obtaining employment in the past.

We will focus on improving the strengths each client has while developing new skills. We provide many opportunities for this to happen.

Flexible Programming...

Many of the topics covered in the course and workshop are listed on the back but our staff are also available to individually help clients with other issues or concerns. Our program was designed based on the needs of employers and other training programs.

Our goal is to assist every client who enters our doors and help them find employment, or qualify for further training. We are offering an approach using the client's strengths to help them break the barriers which will assist them on the path towards successful employment.

Contact Us

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Notice: We are moving! As of November 1, 2015, we will be located at 1650 Angus Street.