

Name	Services Provided/ Programs	Focus Group	Contact Information	Hours of Service	Method of Communication	In Operation Since:	Mission Statement	Additional Information
<b>Community</b>								
The Circle Project	Drug/Alcohol Counseling; Traditional Parenting; Family Support Program; Adult Basic Education; Kidsfirst Program; Family Literacy; Womenspeak Program; Addiction counseling; and family violence.	The aboriginal and non-aboriginal Community	1102 8th Avenue 2nd Floor Regina, SK, S4R 1C9 (306) 347-7515	NA	Website: <a href="http://www.circleproject.ca/history.htm">www.circleproject.ca/history.htm</a>	Operating since 1988	"The Circle Project provides support and programs based on the Aboriginal vision of wholeness, balance and healing. By promoting positive human development, we encourage people to help themselves through education, cultural awareness, family and community."-	Other objectives include: - To help individuals develop skills for the prevention of problems. - To assist in the development of positive family relations. - To aid troubled youth/young adults in developing healthy choices and lifestyles. - To promote wellness through effective role modeling. - To assist in positive race relations through public education.
<b>Youth</b>								
Rainbow Youth Centre	A variety of individual and group counseling, skill development, educational, recreational, and direct service programs.	Youth 11-19 years	977 McTavish Street Regina, SK, S4T 3V2 (306) 757-9743	Monday - Friday 3:30-6:30 pm. Super served Mon- Sun. 5:00 pm.	Website/ Newsletter: <a href="http://www.rainbowyouth.com/contact.html">www.rainbowyouth.com/contact.html</a>	Operating since 1982	"To involve youth in creating a safe, caring, healthy and adaptive community of support by sharing responsibility for recognizing, accepting and developing personal skills".	
Circle Project Children's Centre	Provides support and programs based on the Aboriginal vision of wholeness, balance and healing; Promotes positive human development; and, Encourages people to help themselves through education, cultural awareness, family and community.	Children between the ages of 18 months and 12 years	1115 Pasqua Street Regina, SK, S4T 4L1 (306) 569-3988	Monday - Friday 7:30 a.m. to 5:30 p.m	Website: <a href="http://www.circleproject.ca/children_centre.htm">www.circleproject.ca/children_centre.htm</a>	NA	NA	There is no fee for this service, but a professional referral is required.
<b>Housing</b>								
Silver Sage	Promotes high quality affordable housing for First Nations people living in urban centers	First Nations people living in urban centers	4001 3rd Ave North Regina, SK, S4R 0W8 (306) 721-2909 Toll Free - 1 (866) 721-2911	Monday - Friday 8:30am - 4:30pm	Website/ Newsletter <a href="http://revlis.sasktelwebhosting.com/">http://revlis.sasktelwebhosting.com/</a>	Incorporated in November 1983 as a Provincial Non-Profit Organization.	"To provide and promote high quality affordable housing for First Nations people living in urban centers."	
H.O.P.E. Housing Co-op	The program has three main objectives: 1) To provide lower-income households with affordable, suitable housing; 2) To increase home ownership opportunities in inner-city areas; and 3) To assist in revitalizing inner-city neighborhoods.	Families with incomes up to \$30,000.	NA	NA	NA	Operating since 1998	To enable families with limited incomes to purchase homes in designated inner-city areas.	The assistance is provided through interest-free loans up to 30% of the appraised value of the house, and grants for critical repairs. The loans are repayable after 10 years, but all or a portion can be forgiven, depending upon household income. The acquisition and renovation of the housing must be initially organized through a co-operative, but after five years the members of the co-operative are able to purchase their own units
Regina Housing Authority	Regina Housing Authority (RHA) is an agency which manages publicly funded social and affordable housing programs in Regina. Regina Housing Authority manages housing units developed by the three levels of government. These levels of government subsidize the operation costs, which are directed by Saskatchewan Housing Corporation (SHC).	Families, senior citizens, single parents, individuals with disabilities, and other individuals in the community.	<b>Main Office:</b> 1850 Smith Street Regina, SK, S4P 2N3 (306) 525-2377  <b>Branch Office:</b> 3124 Dewdney Avenue Regina, SK, S4T 0Y5 (306) 565-4480	Monday - Friday 8:30 a.m. to 5:00 p.m	Website: <a href="http://www.reginahousing.ca">www.reginahousing.ca</a> <a href="mailto:reginahousing@sasktel.net">reginahousing@sasktel.net</a>	NA	"The Housing Authority has been entrusted to manage and maintain in good condition the assigned housing projects in order to provide adequate, suitable and affordable housing for the benefit of low income seniors, families, individuals with disabilities, and any other individuals in our community".	

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Ehrlo	Ehrlo Community Services is currently operating four programs: Ehrlo Housing operates the Lakeshore Village, a 48-apartment complex in Regina for single parents and low-income families. The Lakeshore Village provides affordable quality housing along with a variety of social and supportive programs and services to individuals and families. Ehrlo Housing also operates Washington Park Place, a supportive accommodation for young single mothers. Ehrlo Sport Venture is a sports and recreational program designed to provide access to community recreation for inner-city youth. Ehrlo Counselling Services provides professional counselling services and programs to children, adolescents and families that address a variety of issues.	Low Income Individuals and Families	Ehrlo Community Services P.O. Box 570 Pilot Butte, SK, S0G 3Z0 (306) 781-1800	Monday - Friday 8:00 am - 5:00pm	Website: www.ehrlo.com	Established as a non-profit organization in 1995	To promote healthy communities for children and families, free of abuse, neglect, addictions and violence, and, to provide community-based prevention and intervention services.	The other services Ehrlo offers aim to:  - Provide opportunities for at risk children and families through programs of affordable housing, recreation and counseling.  - Provide advocacy on behalf of at-risk people at the policy level with municipal, provincial and federal governments.  - Provide consultation services to outside organizations and jurisdictions to facilitate the building of programs for children and families.  - Promote the well-being of children and families through volunteer participation with other like-minded organizations, associations, societies, and groups committed to the well-being of children and families.
Namerind Housing Corporation	Subsidized Housing	Aboriginal Community	1121 Winnipeg St Regina, SK, S4R 1J5 (306) 525-0147	Monday - Thursday 8:00 - 4:45 Friday 8:00 - 4:00	Website is currently under construction	Has had over 30 years of service	NA	
<b>Cultural</b>								
Common Weal	Common Weal Community Arts is a provincial arts organization that links professional artists with communities to promote cultural identity and social justice through collaboration and creative expression. Common Weal links artists and communities to animate long-term positive and social change.  Common Weal strives to inspire ideas for social change through art. By linking professional artists with communities to engage in collaborative art projects, organization empowers people - and their communities - to tell their stories in their own voices.	Underserved Communities. These communities identify themselves by request of programming and in response to active Common Weal outreach initiatives.	2431 8th Avenue Regina, SK, S4R 5J7 (306) 780-9442 info@commonweal-arts.com	Flexible Hours: services are offered at various community locations	Website/ Mailing list www.commonweal-arts.com	Established in 1992		
Albert Community Library	Albert Library is an inner-city branch that serves the North Central area of Regina. A significant segment of the population in this area is of Aboriginal ancestry; the Library offers an extensive collection of adult and juvenile items that focus on Aboriginal peoples. The Library also offers programming that develops knowledge and understanding of the diverse cultural groups in Regina, while highlighting the Aboriginal community.	Community Members	1401 Robinson Street Regina, SK, S4T 2N7 (306) 777-6076	Sunday: Closed Monday 10:00am-6:00pm Tuesday 1:00pm-9:00pm Wednesday 1:00pm-9:00pm Thursday 10:00am-6:00pm Friday 1:00pm-5:00pm Saturday 2:00pm-5:00pm	Website: www.sapl.ab.ca	NA		

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Indian/Metis Christian Fellowship	Indian Metis Christian Fellowship (IMCF) is an urban aboriginal ministry supported by the Christian Reformed Church in North America – Canada. Programs include: Drop in Ministry, Daily Prayer Circle, Soup and Bannock lunch, Pastoral Care, Fine Option—Community Service Program, Special Events, Computer Club, Staff Development and Training.	Aboriginal Community	3131 Dewdney Ave. Regina, SK, S4T 0Y5 (306) 359-1096 imcf@sasktel.net	9:00 - 1:30 Drop-in; 3:00 - 6:00 Youth Group; (Lunch served Wednesdays from 12:00 - 1:00 pm). Cost: \$2.00	Website: <a href="http://metfel.sasktelwebsite.net">http://metfel.sasktelwebsite.net</a>	Established in 1978	The ministry's mandate is to develop a worshipping / working community through serving the spiritual and social needs of aboriginal people in Regina.	
Morning Star Ministries			3540 6th Avenue Regina, SK, S4T 0N5 (306) 757-8421					
<b>Health</b>								
Four Directions Community Health Centre	Four Directions Community Health Centre, located in North-Central Regina, promotes individual, family and community health and wellness. It provides healing, inclusive of all people, honouring individual uniqueness, meeting community needs through the use of the Medicine Wheel and holistic practices to help people get, and stay, healthy.	Community Residents act as advisors, leaders, volunteers and partners	3510 5th Avenue Regina, SK, S4T 0M2 (306) 766-7540	Monday - Friday 8:00 - 4:45	Website/ Newsletter <a href="http://www.rqhealth.ca/programs/comm_hlth_centres/four_directions/4directions.shtml">www.rqhealth.ca/programs/comm_hlth_centres/four_directions/4directions.shtml</a>	NA	NA	
All Nations Hope AIDS Network	ANHAN is an Aboriginal HIV/AIDS & Hepatitis C Network in Saskatchewan. The Network is a coalition of Aboriginal people, organizations, and agencies who care about HIV/AIDS & Hepatitis C among First Nations, Métis and Inuit people.	First Nations, Métis, and Inuit families and communities who are experiencing HIV/AIDS and hepatitis C	2735 5th Avenue Regina, SK, S4T 0L2 (306) 924-8424 or (306) 924-8427 allnationshope@sasktel.net	Monday - Friday 9:00 - 5:00	Website/ Membership Required <a href="http://www.allnationshope.ca">www.allnationshope.ca</a>	Founded in 1995	Being a network of Aboriginal people, organizations and agencies, we respectfully strive to provide support and services to our First Nations, Métis and Inuit families and communities who are experiencing HIV/AIDS and Hepatitis C.	The ANHAN is the only Aboriginal AIDS Service Organization in Saskatchewan, and is in partnership with various groups at regional, provincial and national levels.
AIDS Program South Saskatchewan	The main activities of AIDS Programs South Saskatchewan are:  - To support community health and well-being through sharing HIV/AIDS information & resources. - Harm reduction through appropriate housing, low threshold life skills, Drop In and needle syringe program. - Prevention and education through working with individuals on health and social issues and working with front line workers, leaders and politicians to make change in programs & policies that affect positive outcomes. - Education by offering workshops and an annual conference. - Positive Living program for those infected with HIV.	Community Residents	The housing and support centre are located at:  Red Ribbon Place 2735 5th Avenue Regina, SK, S4T 0L2 (306) 924-8420 Toll free: 1 (877) 210-7623	Monday - Friday 9:00 - 4:30	Website/ Newsletter/ Membership Services <a href="http://aps.sasktelwebhosting.com">aps.sasktelwebhosting.com</a>		To support community health and well-being through sharing HIV/AIDS information resources	To address the needs of the tenants and other participants AIDS Programs has struck up partnerships with Planned Parenthood Sexual Health Services Regina, Public Health Nurses, and Addiction Services, to offer additional services counselling.

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Regina Qu'Appelle Health Region	The Regina Qu'Appelle Health Region is the largest health care delivery system in southern Saskatchewan, and one of the most integrated health delivery agencies in the country. Regina Qu'Appelle Health Region provides tertiary care to residents of Saskatchewan in two provincial hospitals - the Regina General Hospital and the Pasqua Hospital.  Regina Qu'Appelle Health Region offers a full range of hospital, rehabilitation, community and public health, long term care and home care services to meet the needs of more than 245,000 residents living in 120 cities, towns, villages, rural municipalities and 17 First Nation communities within the Region. The Region covers a diverse geographic area of approximately 26,663 square kilometres.							www.rqhealth.ca
<b>Employment</b>								
Youth Employment Program	The Youth Employment Program Inc. is a non-profit corporation created to foster an atmosphere of educational development, and provide employment opportunities for young adults in the local community. This program offers both life skills and job training while working in the community on crime prevention initiatives. Candidates receive training in their choice of trades, hospitality or community service and are placed with an employer toward the end of the term.	Young adults in the local community	1264 Athol Street 2nd Floor Regina, SK, S4T 7V3 (306) 791-9888 (306) 791-9530	NA	Website: www.nccaregina.ca/index.php/article/yep	NA	To remove barriers for inner city youth by providing a supportive and nurturing environment for them to grow, providing valuable work experience and training, and assisting youth to realize and seek their potential.	
Aboriginal Employment Development Program	The AEDP measures success on non-discriminatory hiring practices of qualified applicants. Partnerships seek to prepare the workplace for the current and future Aboriginal workforce. Partners review workplace policies, provide Aboriginal misconception training to staff, and communicate the employment and economic opportunities to Aboriginal communities and training institutions. As part of the program, the Aboriginal Representative Workforce Strategy was implemented with the goal of having Aboriginal workers represented at all occupational levels (entry, middle, and senior management) in the provincial workforce.	Aboriginal Community	710 1855 Victoria Avenue Regina, SK, S4P 3T2 (306) 787-6250 Fax (306) 798-0004 www.fnmr.gov.sk.ca	Monday - Friday 8:00 - 5:00	Information on line: www.fnmr.gov.sk.ca/aedp	Developed in 1992		The Program is designed to take a multilateral, proactive, integrated and focused approach to promote Aboriginal training and employment in Saskatchewan.
<b>Family Support</b>								
Peyakowak/Family Support Work	Peyakowak serves as an Aboriginal family support program liaison between families and the Government of Saskatchewan's Department of Community Resources and Employment. Peyakowak offers sessions, during which participants will learn about parenting skills, home management, child development, home safety, substance-free lifestyle, anger management, medical needs, nutrition, positive choice, community resources, agency networks, conflict resolution, communication, problem solving, mental health wellness, and career development goals.					Peyakowak has supported urban Aboriginal families in Regina for the past 20 years	Peyakowak's goal is to promote a healthy, quality life style for children at risk.	Peyakowak ("They are alone") is receiving \$134,897 from the Government of Canada's Urban Aboriginal Strategy pilot projects to deliver a program called Reaching for Success. This life-skills program is designed to help between 50 and 90 Aboriginal participants increase, maintain and nurture healthy lifestyle choices.

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Regina and District Food Bank	Food hampers are distributed through a referral system with approximately 100 agencies made up of churches, schools and social-concerned organizations. Each month, approximately 8,000 to 10,000 people, almost half of whom are children, receive a hamper. Bulk food orders are distributed to numerous feeding programs in Regina.	The Regina and District Food Bank operation relies completely on donations from the general public.	425-445 Winnipeg Street Regina, SK, S4R 8P2 (306) 791-6533	Monday - Friday 8:00 - 5:00	Website: reginafoodbank.ca	Incorporated in November, 1982		
Aboriginal Family Services Centre	The Aboriginal Family Services Centre is dedicated to providing services that support and empower children, families, and youth to attain a healthy lifestyle in the many aspects of their life, including: - education/training - home - recreational - spiritual - work/job	The Aboriginal Family Services Centre advocates for families and their children dealing with child protection concerns, and provides in-home support crisis intervention.	2910 5th Avenue Regina, SK, S4T 0L3 306-525-4161	Monday - Friday 8:00am - 4:30pm	Information on line: www.canadian-universities.net/Employment/Profiles/Aboriginal_Family_Service_Center.html and; www.agr.gov.sk.ca/apps/human_serv/structure/display.asp?id=1327			The Services Centre offers many programs, one of which provides preschool learning for First Nations, Metis and Inuit pre-school children three to five years of age. Other services include: - Family support program; - Foster care support program; - Kids first program; - Mentoring program; and a - Probono clinic.
North Central Family Centre	The North Central Family Centre is a registered non-profit charitable organization.	NCFC delivers in excess of 45 structured programs to Regina's inner city children, youth, families and seniors.	2931 5th Avenue Regina, SK, S4T 0L4 (306) 347-2552 ncfc@sasktel.net	Monday to Saturday 8:00 a.m. - 9:00 p.m. For youth in crisis. Coffee and support.	Website/ Newsletter www.northcentralfamilycentre.com	NA	Their mission is to carry out works for the encouragement and empowerment of the inner city community by offering a variety of programs. The programs and services they offer promote positive and healthy changes in the community.	
First Nations Family Support Centre			3309 Dewdney Avenue Regina, SK, S4T0Y9 (306) 522-6722					
Scott Collegiate Infant Care Centre	The program currently offers services in a literacy program, attendance incentive program, transportation, lunch program, home visits, crisis intervention and referrals, parent support sessions, nutrition education as well as individualized programs.	The Scott Infant and Toddler Centre provides immediate child care needs and other important services for young mothers at Scott Collegiate High School.	3350 7th Ave. Regina, SK, S4T 0P6 (306) 791-8415		School Website (under construction): scottcollegiate.rbe.sk.ca			

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North Central Community Association	<p>The Association provides services in the following areas of Community Development:</p> <ol style="list-style-type: none"> <li>1. Housing and Infrastructure</li> <li>2. Crime Prevention and Safety</li> <li>3. Business and Economic Development</li> <li>4. Healthy and Human Services</li> <li>5. Education</li> <li>6. Community Development</li> </ol>	<p>The North Central Community Association works together with the community of North Central to enhance the quality of life by developing partnerships and representing, promoting, and unifying the community and its image through effective communication, programs and services.</p>	<p>1264 Athol Street                      2nd Floor                      Regina, SK, S4T 7V3                      (306) 791-9888                      (306) 757-1050</p>	<p>Monday - Thursday                      8:30 - 4:00                      Friday 8:30 - 12pm</p>	<p>Website and Newsletter  <a href="http://www.nccaregina.ca">www.nccaregina.ca</a></p>		<p>Working together with the community of North Central Regina to enhance the quality of life by developing partnerships and representing, promoting, and unifying our community and its image through effective communication, programs and services.</p>	
Regina Indian Community Awareness Inc.: Chili for Children	<p>Food Bank Referral Agency                      Community Service Placement                      Practicum Student Placement: Adult + High Schools                      Catering Services                      Bread Shelves                      Parenting Life Skills in partnership with Circle Project                      Lunch Program</p>	<p>Children from the Community</p>	<p>(306) 359-7919                      Fax: (306) 359-8262                      c4c@sasktel.net</p>	<p>Lunch served Monday, Wednesday and Friday from 11:45 - 12:45pm.                      Elder counseling available Thursdays.</p>	<p>Website:  <a href="http://www.chiliforchildren.ca">www.chiliforchildren.ca</a></p>	<p>Established in 1979</p>		<p>Chili for Children was designated as a non profit organization in 1985 under the legal name of Regina Indian Community Awareness Inc.</p>
Circle of Life: Lutheran Native Ministry			<p>1459 Retallack Street                      Regina, SK, S4T 2J3                      (306) 757-0120  <a href="mailto:circleoflife@accesscomm.ca">circleoflife@accesscomm.ca</a></p>	<p>Lunch served Tuesdays and Thursdays from 12:00 - 1:00pm. No charge for meals.</p>				
North Central Regina Community Web site	<p>The North Central Regina Community Web site is an initiative of the Albert Library and the HRSDC (Human Resources and Social Development Canada), the Working Together Project with support of the North Central Community Association and the Albert Community Library Committee. The website provides information on Community Events as well as emergency contact information.                      The website can be found at:  <a href="http://www.northcentralregina.ca/">http://www.northcentralregina.ca/</a></p>				<p><a href="http://www.nccaregina.ca">www.nccaregina.ca</a></p>			
Red Ribbon Place	<p>The Red Ribbon Place provides safe, stable transitional housing for people at risk and is a vibrant community where those at risk find the opportunities to create, to belong, to hope, to choose and to have the freedom to believe in the future. One side of the centre provides programs and services of AIDS Programs South Saskatchewan.</p>		<p>2735 5th Avenue                      Regina, SK, S4T 0L2                      (306) 924-8423</p>	<p>9:00 - 4:30</p>			<p>"The Red Ribbon Place provides safe, stable transitional housing for people at risk (people living homeless, in poverty, abuse and racism), and is a vibrant community where those at risk find the opportunities to create, to belong, to hope, to choose and to have the freedom to believe in the future."</p>	