

Creativity through arts, music, performance and more held 5th Avenue captivated on a sunny Sunday, September 28.

North Central Street Festival, as part of **Culture Days**, invited people from all over Regina to come together in our neighbourhood and experience a truly unique free all-ages event.



culture days
CREATE, PARTICIPATE & CELEBRATE
September 27, 28 & 29, 2013

by Michael Parker

photo by Jan Morier
and Michael Parker

Pop-up art gallery at Regina Elphinstone-Centre Constituency Office featuring the works of Ovide Bighetty



Richard Engel demonstrates Sepak Takraw (kick volleyball) Canadian HQ in North Central www.takrawcanada.com



Mural by Street Culture unveiled at Sports Venture Library



Our Partners:

RPL—Albert Branch
Commonweal
Mackenzie Art Gallery
SEARCH
Scott Collegiate
All Nations Hope AIDS Network
Indian Métis Christian Fellowship
Newo Yotina Friendship Centre
Regina Elphinstone-Centre
Constituency Office
North Central Kids Music
Sunday Art Market
Go Green Program
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Chili for Children

Mural Artist Roberto Lopez Lopez



Keiran Semple and Buffalo Narrows

Indigo Joseph

Rubiks Music

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Owner of Tatanka Boutique, NC resident Joely BigEagle



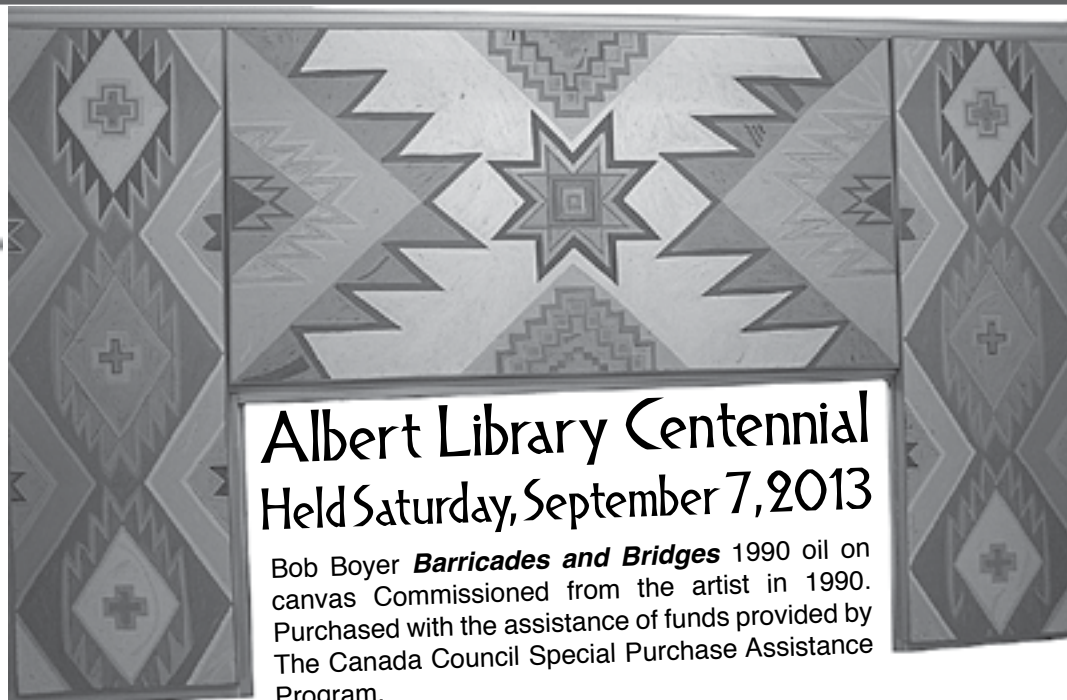
INSIDE

- P2 **Albert Branch Library Celebrates 100 Years!**
- P3 **RAMP News**
- P4 **Community Interest**
- P5 **RHS Animal Well-Fair**
- P6 **North Central Shared Facility**
- P7 **Scott Collegiate**
- P8 **Arts, History & Culture News**
- P9 **NC Health Fair & BBQ Influenza: It's Serious**
- P10 **Renew NC Town Hall Mtg Community Clean Up! Community Calendar**
- P11 **THANKS from Transition to Trades**
- P12 **Let's Wipe Out Graffiti**

The event's theme was 'perspectives', and there are many about our neighbourhood. Not all perspectives are accurate but they are varied. Each of us have experienced this community differently and people from outside the neighbourhood have their own opinion. The hope for this event is that we, as neighbours, and other residents from Regina have spent an afternoon together to broaden perspectives on North Central.

COMMUNITY YOUR VOICE *Voices*

Think about 100 years ago when the city was only 10 years old. 100 years ago, Regina had about 30,000 people. The Albert Library branch (not the current building) was established only a year after the great tornado for \$2,200. People travelled on foot, by bicycle, on the streetcar. It was a very different world. The branch has moved a few times, but the one thing that hasn't changed is that the Albert branch has always been a true neighbourhood centre. A welcoming, warm place, a gathering place for kids, youth, adults, seniors. Everybody who comes through these doors is welcome!



Albert Library Centennial Held Saturday, September 7, 2013

Bob Boyer *Barricades and Bridges* 1990 oil on canvas Commissioned from the artist in 1990. Purchased with the assistance of funds provided by The Canada Council Special Purchase Assistance Program.

Wendy Sinclair, the Branch Head of Albert Library has been with this community hub for 22 years.

The library has had peaks and valleys of attendance and usage over the decades. I asked how business has been like in the last 10 years or so?



WS: We took a look at the demographics in the community and it has a very high aboriginal population. So the Library Committee stated that this library should truly reflect the needs of the community it serves so that means creating a welcoming environment, have the aboriginal artwork on the walls. One library committee member Theresa Stevenson said 'have brown faces behind the desk, make sure staff smiles at people when they come in, perhaps offer them a cup of tea.'

Through the library committee we obtained a \$10,000 grant to offer aboriginal-based programming. Our circulation doubled within that year, so we knew that this was the direction that we should be going. Through the Provincial Library all public libraries in SK get a grant to improve their library services for the actual community. So we started offering Aboriginal-based programming. We consulted with the community in terms of what that should look like and so it really changed the dynamics of this branch. Now we offer everything from making powwow outfits to taking youth out to a reserve to making hand drums. Taking urban people out to sweats if they may not otherwise have access.

NCCC: The branch has a bit of an international reputation.

WS: Because of our uniqueness of serving a community with a high Aboriginal population, members of the library committee have

presented papers in Norway, New Zealand, Australia, the U.S., Sweden. We've actually become really well-known worldwide in libraries. We've hosted people twice from New Zealand, once from Australia. We just had a woman from the University of Toronto come and say 'wow, you're serving an Aboriginal community and this is how it's done.' They're amazed!

NCCC: Did you instigate that 22 years ago?

WS: It really was the library committee and the support of Regina Public Library administration. You come up with ideas, but if you're not supported—they said 'Let's do it!'

NCCC: And they must be very proud of this branch and what it's accomplished—the love from the community is very evident today.

WS: We're not your typical library, where you expect people to come in, we do a lot of outreach. We take the library to where the community is. And if people see us out there they're going to identify with us. So they'll feel more comfortable coming into the library. We do programming with all the schools and the daycares. Lots of partnerships, for example with the fire department where they read books to kids.

NCCC: There must be youth whom you've met when they were this high, now grown up? Isn't that fun?

WS: We say that if they can open the front doors that they're more than welcome to come in. Then we see them grow up and we lose them as teenagers—but they come back as adults when they have kids of their own.

They recognize how much the library has meant to them—a constant over all their years.

So that's how we know we're successful. It's just a very proud moment to be celebrating our 100 years in our community.

MC Rob Deglau, Executive Director of North Central Community Association: "People look at North Central in so many different ways. They give it different names: they call it 'the Hood' or 'Canada's Worse Neighbourhood', but it's home to 11,000 people. North Central is the size of the City of Estevan!

There are that many people. We have different schools, different denominations of churches—it's a city within a city. The people who are here love the

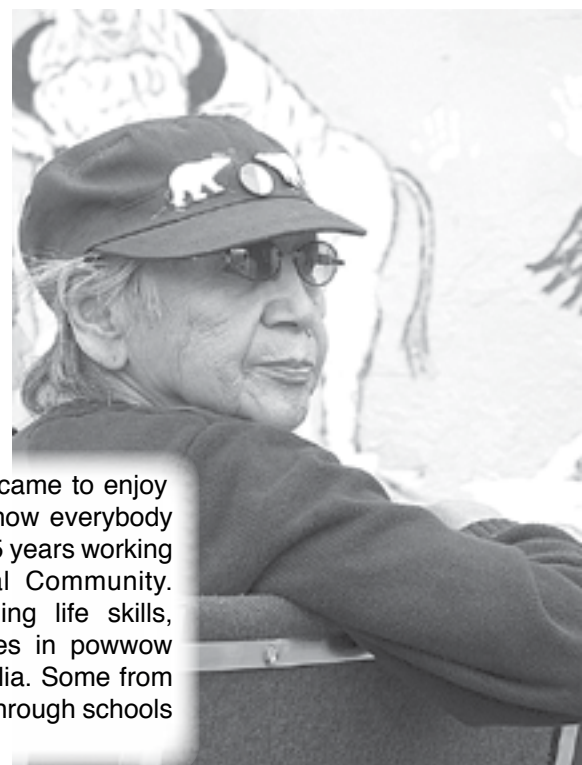
neighbourhood. I grew up in this neighbourhood, I'm still wearing my Scott Collegiate ring. I remember going to Albert School and coming here to the Albert Library to do my homework and now I get to celebrate the hundred years as an adult!

In 1998 Albert Library brought in a computer lab and facilitator with the support from Regina Public Libraries. This library has changed things so the youth can learn a different type of literacy."

Kashis the Zombie, Spider Man Jayden, Kitties Andraya and Alex



Elder Norma Jean Byrd: "There are many aspects of our society that are not healthy for our children, so you need to be aware and involved as parents. I want this community to grow strong, to grow healthy. That takes all of us, we are role-models for these children."



Elder Lily Daniels: "I came to enjoy the celebrations to show everybody 'I'm still here!' I was 35 years working in the North Central Community. Serving soup, teaching life skills, talking circles, classes in powwow dancing, sewing regalia. Some from Albert Library, some through schools in the community."

The day was celebrated with Rainbow Powow Dance Troupe, button making, Bionic Bannock Boys, face painting by Street Culture and a barbeque.



The following is an essay written by a 15 year old girl, it illustrates how we as a community can learn from the perspectives of our youth.

Jealousy and Anger

Jealousy is an emotion that gives you negative thoughts and feelings of insecurity, fear, and anxiety. Anger is an emotion that makes you feel offended, wronged, or denied. If you feel you're jealous and angry you shouldn't do anything to risk getting in trouble, take a time out to think about it and calm yourself down. There are many types of jealousy and anger but there are things you can do to stay calm. Instead of taking things into your own hands talk to someone. I know you feel like screaming and doing something you shouldn't but you shouldn't do that, go for a walk or take a deep breath. Don't speak while you're angry, you'll regret some of the things you said so stop and think before you speak. Think of the possible solutions that could help you feel not angry. Once you're calm express your anger without hurting others or trying to control them. When you're jealous think of why you feel jealous in the first place, is it worth it? Do you feel jealous for a good reason? It's never okay to feel jealous even though everyone is at one point. It's not healthy for you if you keep stressing over something/someone. Think about who it's affecting. When you're jealous think about what you have and what you should be thankful for. Being jealous could make you sad and depressed. It's best to not take things into your own hands when you're jealous or angry because there will be consequences for your actions.

The Regina Alternative Measures Program

RAMP is culturally sensitive with a focus on restorative justice principles. We promote respectful relationships and encourage harmony within our communities.

2815 Dewdney Ave, Regina, SK • Phone: (306) 352-5424
www.rampinc.ca • Mon. to Fri. 8 a.m. - 5 p.m.

Introducing our new University of Regina practicum student, Romni

Two years ago, having been graduated from high school for nine years, I was at a point in my life where I was ready to go back to school. I knew that I wanted a career within the justice system that would allow me the opportunity to help people, but I was unsure of what that job was. I made an appointment with a career counsellor and he brought up Restorative Justice (RJ), an alternative method of dealing with crime that was gaining increased respect and credit within the justice system. He explained that RJ focuses on harm, harm creates obligations, and obligations are dealt with or "put right" by offenders, and in some cases, with the participation of the victim and the community (Zehr, 2002). The principles of RJ intrigued me because I have witnessed the impact and benefit that positive relationships, a second chance, and taking responsibility can offer a person: the opportunity to be a part of a profession that assists or guides people towards the reparation of harm is exactly what I want out of a

career. I am now in my second year of a Human Justice Degree with a concentration in Criminal/Restorative Justice and feel blessed to have found a program that has captured my interest. I am currently doing my practicum with RAMP and am thankful for the opportunity to be a part of RJ practices in action; for instance, being in a position to sit in on court, intakes and mediation will demonstrate how RAMP and other RJ organizations look at each case individually to decide upon the appropriate means to repair harm while meeting the needs of victims, offenders and the community.

A common misconception of RJ is that it is offender-focused; however, the victim plays a crucial role and may see numerous benefits from a RJ approach. Victim involvement, whether through a victim advocate or the victim themselves, in the alternative measures process will guarantee that the victim's voice will be represented. RJ practices, such as mediation or a community

justice forum, allow the victim to be heard by the community and the offender; as a result, both the offender and the victim may experience a positive outcome. For instance, the victim's storytelling may promote remorse, empathy and offender accountability by means of "encouraging offenders to understand the impact of their behavior...[and] urging them to take steps to put things right as much as possible" (Zehr, 2002, p.16). The victim may simultaneously experience healing through the acknowledgement of harm they have experienced and through sharing their story; in addition to emotional healing, the reparation of harm may occur when a victim's needs are met through restitution—whether a donation, community service work, or an apology. To summarize, victim involvement in the Restorative Justice process is crucial as it serves to benefit the victim themselves, the offender and the community.

Zehr, H. (2002). *The Little Book of Restorative Justice*. Intercourse, PA: Good Books.

www.rampinc.ca

Real reckon Real Silkscreening: Art-Making, Silkscreening and Alternative Community Development: RAMP & H.E.A.T Program and Arts facilitator Kallie Garcia

Kallie Garcia is an artist who is interested in facilitating community-based art projects and social justice in working with those in conflict with the law. The "Real reckon Real" Program provides weekly silk-screening workshops to youth and young adults in the Regina community. The goal of this program is to allow participants to explore the power of identity and self-awareness through alternative forms of visual mediums, such as drawing, silk-screening and filmmaking. Though these newly learned skills participants will develop a positive understanding as well as a connection to culture and community. Weekly workshops and

different art projects will help youth and young adults connect their inner voice to art making, each other and themselves by creating their own visual narratives.

Real reckon Real program takes place on Wednesday and Friday evening from 4-7 pm and is located at the YMCA, 2400 13th Ave, Regina.

For more information please contact Aaron Froh at (306)352-5424.

Participants are free to express themselves and communicate through alternative forms of visual mediums, such as drawing, silk-screening and filmmaking

National Restorative Justice Week

National Restorative Justice Week 2013 will be held November 17th to 24th. The theme for this year is "Inspiring Innovation." This theme encourages an inspired approach to justice. This can be done by learning from new and innovative approaches to restorative justice. The Regina Alternative Measures Program encourages and promotes restorative justice within our community and within our own lives. RAMP is always open to learning new and creative ways to implement restorative justice practices within our current processes. RAMP also encourages individuals within our community to learn more about restorative justice and to be open to exploring the possibilities that restorative justice can provide. Educate yourself on this issue and help make our community stronger!



RÉSUMÉ WORKSHOP

RAMP will be holding a résumé workshop on November 7, at 4:00 pm, for youth ages 12-17. This workshop will assist in learning what goes into a résumé and how to format it. In addition, you will learn tips and tricks on how to find a job and keep it. Please contact Charlotte at 352-5424 to reserve your seat by October 29.

Early Years Family Centre

REGINA Children's Initiative
Early Years Family Centre
Strong Beginnings. Brighter Future.

Scott Collegiate 3350 7th Ave. (306) 523-3512
Gathering Place 4001 3rd Avenue N (306) 522-7494 ext 219

A free drop-in centre
for children ages newborn to six with their caregivers.

The Early Years Family Centre is a place to:

- Play, interact and learn together
- Meet other families
- Participate in programming for children and adults
- Meet with healthcare, education and community professionals

More Information: reginakids.ca/eyfc
Regina Early Years Family Centre | Facebook
familycentre@reginakids.ca or (306) 535-5993

photo: Coach Warren Montgomery

(standing as of early October)

**"This Laker team right here is 6-1-1.
The best record in Laker history!!!"**

Coach Brandon Brooks Sr.



Report Crimes Online

The Regina Police Service now has a Citizens Online Police Reporting System. (Emergency situations are advised to call 911.) Using this online citizen police report system allows you to submit a report immediately and print a copy of your statement to police for free.

You are asked to confirm a checklist to find out if online citizen police report filing is right for you:

- Is this an Emergency?
- Did the incident occur outside Regina city limits?
- Is there suspect information?
- Did this occur on a Provincial Highway?
- Is the incident in progress?
- Are there witnesses to the crime?

If you answered NO to all of the above questions, you can file your report online. If you answered YES to any of the above questions or have any other inquiries you can consult the Online Citizen Police Report Frequently Asked Questions.

Please Note:

- All cases filed using the Citizens Online Police Reporting System will be reviewed.
- If during review it is determined that further investigation is needed, you may be contacted by the Regina Police Service.
- Filing a false police report is a crime.

More information and the process is available at:

www.reginapolice.ca/online-reporting/

Youth Justice Fund Guns, Gangs & Drugs

The Youth Justice Fund provides grants and contributions to projects that encourage a more effective youth justice system, respond to emerging youth justice issues and enable greater citizen and community participation in the youth justice system.

The Fund supports the development, implementation, and evaluation of pilot projects that provide programming and services for youth in conflict with the law. It supports professional development activities, such as training and conferences, for justice professionals and youth service providers. Funding from the Youth Justice Fund is now available for the Guns, Gangs and Drugs component, which responds to youth involved in the justice system and involved in, or vulnerable to, gun, gang, and drug activities. It promotes the provision of community-based educational, cultural, sporting, and vocational opportunities to these youth to allow them to make "smart choices" and resist gang involvement or exit gangs.

Projects must target youth who are between the ages of 12 and 17 and currently in conflict with the law, or justice professionals, and/or service providers who work with these youth. For more information and contact visit the Department of Justice website. www.justice.gc.ca/eng/fund-fina/cj-jp/yj-jj/index.html

Information courtesy of *STOPS to Violence* newsletter "A province wide partnership dedicated to mutual support, sharing of information and creative ideas promoting healthy relationships so all can live a safe, secure and valued life."

Hire A Neighbour!

LEAVES ARE FALLING,
YARDS NEED CLEANING!
DON'T GET CAUGHT
WITH YOUR PLANTS DOWN!



SOON SNOW WILL BE FLYING
TELL IT TO FLAKE OFF!
TAKING PRE-BOOKINGS FOR
SHOVELLING WORKERS.

Clients need workers, workers need clients. NCCA's Hire A Neighbour needs both! **Call** North Central Community Association 306-791-9888 or **drop in** to see Pauline on Mondays at 1264 Athol St. (NCCA Offices, 2nd floor) or **email** gogreen@nccaregina.ca or **text** 306-570-7101

Trophy won by Regina Police Service for their Siren Garden Chili recipe! There was tough competition from Albert Library, IMCF, Circle Project, Nursing Students from NCCA & Street Culture. NCCA took Bronze. Thanks to the panel of judges led by Warren McCall. Great job IMCF for hosting positive community networking!

3rd ANNUAL GARDEN CHILI COOK OFF





Regina
Humane
Society

The Animal Well-Fair

Interview with Don Simons, RHS Director of Communications
by Jan Morier

On a sunny Sunday in August the Regina Humane Society occupied the field by Albert-Scott Community Centre. They welcomed over 600 people, including children and 'fur-babies' to the Animal Well-Fair. It was an afternoon of free fun and a chance for families in the North Central community to take home free pet food, collars, leashes and lots of other pet care items. Many inquired about subsidized sterilization services through the Spay & Neuter Program.

NCCC: Unfortunately North Central Regina seems to be keeping the Regina Humane Society in business. Have you seen the numbers improve?

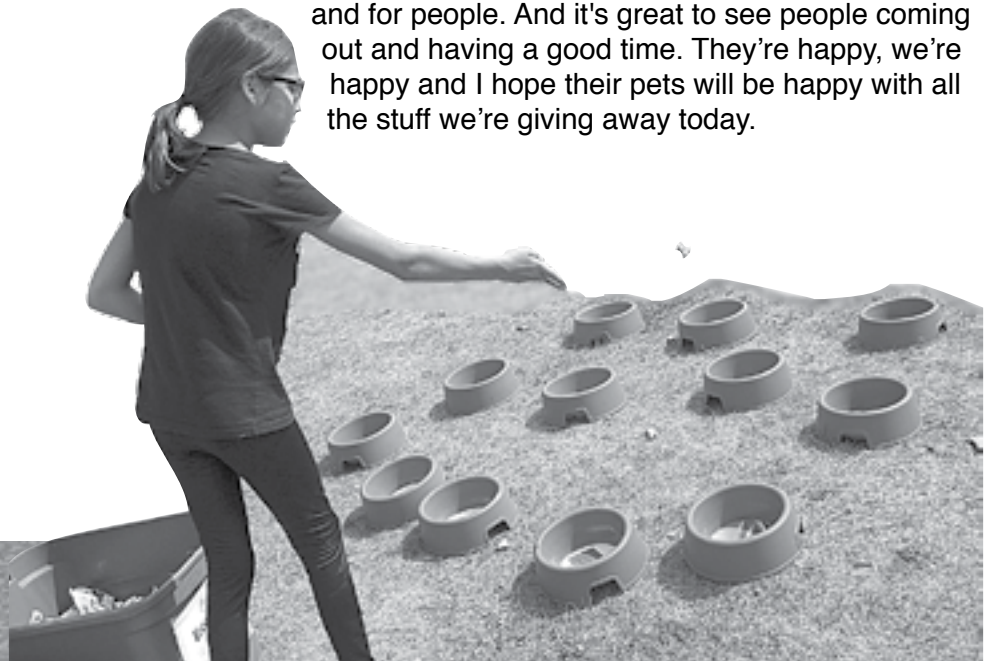
DS: Yes we've seen the numbers improve which is absolutely fantastic. With the subsidized

sitting in the car with the windows rolled up! You're not going to sit in the car yourself with the windows rolled up or even partially down. There's no way you'd do that, so don't do it to your pet!

It's unfortunate, the way the laws work, it gets confusing as to what you can do. The way the laws in Saskatchewan are set up is—we can't actually do anything until the animal is in distress. This is really unfortunate because it becomes a situation where our officers have to stand there and wait for the animal to be having difficulty. At that point we can break in, so when people see that, we say 'give us a call' we'll come out as soon as we can (we get so many calls it's hard to get to them all) But if you can stick around then hopefully you can help out. As far as being prosecuted for

on the government's priority list. If people want it to change, you contact your MLA, you write articles about it, you talk about it. That's what gets a law to change, to move it up on the list. Saskatchewan is so far down on our animal welfare laws, compared to other places, even compared to Manitoba, right next door. Hopefully it will change soon.

We don't want to be seen in North Central or any other community as the 'animal police'. That's part of what we do, but a big part is education, compassion for animals and for people. And it's great to see people coming out and having a good time. They're happy, we're happy and I hope their pets will be happy with all the stuff we're giving away today.



spay-neuter program, we know that's making a big impact. As of this date, the numbers of animals coming in is lower than it has been for years, which is really nice. We're also fortunate in that we microchip and tattoo the animals—so if we do find an animal stray we're able to return it home before it even has to come into the shelter. Through the education programs that we deliver people in communities across Regina are saying we want to make sure our animals are healthy and they're just keeping a better eye on them!"

"Sadly this summer our number of calls about dogs in cars has gone up. In part, we like to think it's because people are noticing it. People aren't putting up with it and they're calling us but it seems to still be a really large problem. It's one that we really can't figure out because we know you love your pet and we know you want to take it out with you but when it's really hot—leave them home where it's nice and cool! You're not going to leave your grandma

breaking into a car to get a dog out on a hot day—you could check with the police and find that the incidents of prosecution are very, very low. I would love to test the theory but that is the law. But I don't think anybody would hold it against you, especially if an animal's in distress. It's unthinkable that you would leave an animal in a situation like that.

NCCC: are we on the way to changing those laws?

DS: I think that we are, but it hasn't been anything that's been

Dogs die an agonizing death from heat stroke. A US veterinarian did an experiment where he sat in his car with the windows cracked. He documented the changes in temperature and the effects it was having on his body. After 30 minutes the temperature was 47.2° C. You can see his video on YouTube

"Over 600 children and adults joined us for an afternoon of food, fun, and furry friends. A very special thank you goes to SaskEnergy, Face FX Face Painting, Big Dog 92-7, Kaos Dogsports, and A1 Rental-Alls for helping us make this year's Animal Well-Fair our best one yet. We can't wait for next year!"



Mika Vixamar age 1½ years playing Ring Toss



The Design Continues

The main partners in the North Central Shared Facility, assisted by the architectural design team, are hard at work designing the new facility.

Designing and building a facility as large and complex as this one takes time, and a lot of work! The integrated approach to services in the facility makes this a more complex process than normal. P3 Architecture Partnership is leading the process, and conducted an intense set of design workshops in the spring and early summer to sort out many details. Many aspects of the design have been resolved, and their challenge now is to create a set of construction documents that contractors can use to actually build the facility. The process is on track to go to public tender early in the new year.

For the last decade many of the agencies and governments that serve North Central have recognized the benefits of integration: if they were able to build programs and services together they would provide better service to residents. Integrated approaches to issues have occasionally been undertaken in response to a pressing issue in the community. But they have been approached as projects—with limited scope and life-span. Typically after several years the interest and energy of the project shifts to other priorities and they fade away, and pulling the partners back together often needs another crisis issue—requires substantial effort. The goal of the Shared Facility is to incorporate integrated approaches into everyday life within the

Allen Lefebvre • Project Coordinator • North Central Shared Facility



Conceptual Rendering: Main floor looking north in the learning commons

Designs by P3 Architecture Partnership

facility. These approaches will become the norm not the exception, and the connections between the partners will become permanent rather than occasional.

Organizations have been talking about the benefits of integration for years, and this facility moves from talk to action. It will create

a facility designed for this purpose, creating a unique environment that adds value to how the community is served—a place that residents of North Central will be proud to call their own.

For further information about the project, please visit www.northcentralsharedfacility.ca or contact Allen Lefebvre, Project Coordinator, at shared.facility@rbe.sk.ca.

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Warren

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Working with you.*
Warren

Warren McCall, MLA - Regina Elphinstone-Centre
 2900 5th Ave • 306-352-2002 • warren.mccall@sasktel.net



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A listening ear • Support and understanding • Brief solution-focused problem solving and planning without the expectation that any further counselling sessions will be needed • 30-minute session • An entry point into ongoing therapy when you may benefit from further support.

The Salvation Army is committed to providing affordable Christian counselling. We understand that many people are unable to obtain professional counselling services because of fees charged by counsellors in private practice. In order to meet our client's needs and ensure anyone who wants counselling can access it; we use a sliding scale fee structure for individual counselling. The fee scale ranges from \$5 to \$65 per session. The specific fee assigned will be discussed during the first session. Nobody will be turned away due to lack of funds.

Counselling Services Available:

- Anger Management
- Domestic Violence
- Depression
- Anxiety
- Divorce and Separation
- Family or Parenting issues
- Life struggles
- Job Related Concerns
- Lack of assertiveness
- Drug and Alcohol issues
- Spiritual Concerns
- Budgeting
- Finances

Groups include:

- Anger Management
- Domestic Violence for the aggressor
- Substance Abuse

For information about services, volunteering or donating visit our web site.

Message from the Scott Collegiate Office

Welcome to another year at Scott Collegiate! We are thrilled to be the new Principal and Vice-Principal and are honoured to get to be a part of the North Central Community and the excitement as the North Central Shared Facility moves forward.

Shannon Fayant

I am so excited to be at Scott Collegiate in the Principal role. I have been an educator for many years. Some of the schools I worked in are McDermid, Douglas Park, Thomson, Cochrane, and Wascana as a teacher, Vice-Principal and Principal. I am a firm believer in empowering our students to be all that they can



be and more. I look forward to working with all the student, staff, parents and community members this year.

Chris Beingessner

I am glad to be returning to Scott Collegiate in the role of Vice-Principal. Previously, I taught at Scott from 2007-2010. I have also

taught in rural Saskatchewan, internationally in Cambodia, and spent the last 3 years as Vice-Principal at Henry Braun School here in Regina. I am excited by the possibilities for our students as we look forward to the North Central Shared Facility and all of the ways our students can work in partnership with the community.



Theatre Project

Theatre Project is a combination class of English Language Arts, Drama, and Theatre Arts. The Theatre Project runs every afternoon in the first semester. Students from grades 10 and 11 explore theatre through literature, dramatic expression and hands-on creative work. In this project students work to stage a full-length play. They audition for roles, rehearse scenes, perform in front of an audience, construct sets, complete backstage duties, run a light and sound board, and publicize their show. Students look forward to showing their learning and celebrating their success with multiple performances of their final production for their peers, other schools, and the community.

Watch for information to come regarding our upcoming performance this December.

Student News

Paul Martin Entrepreneurship Class returns to Scott Collegiate

The Entrepreneurship program at Scott is a partnership between the Martin Aboriginal Education Initiative, The Regina and District Chamber of Commerce, and Regina Public Schools. Each partner in the program assists and supports the teacher and students to ensure the best Entrepreneurship training with a focus on Aboriginal success through mentorship and business modeling. The program provides two credits over two semesters, an Entrepreneurship 30 credit and a 30 level Special Credit. At the end of the class, students participate in a business trade show, and a Dragons Den business competition.

This year, a new group of bright young students will begin their entrepreneurship careers by having some fun. Students in entrepreneurship become goodwill ambassadors for the school, doing things like community outreach, fundraising, and learning about leadership, all the while working towards the development of their own small business.

Mentors such as Green Roots Sustainable Living president, Bruno Hernani, work with students to brainstorm, problem solve and plan, as well as provide a supporting ear for students in the program. Teachers, Tanja Maxie and Jori Cachene, are excited to watch students become leaders in the community. For more information or to be involved call (306) 523-3500.



Grade 11 Project

Grade 11 Project is where technology meets literature. In this Project, students meet for two hours daily for one semester to obtain a Communications Media credit and an English Language Arts credit. Grade 11 Project is a particularly exciting course because technology is constantly evolving so the course must also evolve with it.

Students get the opportunity to work with a variety of new and engaging technologies and apply them in meaningful ways. Some of the major projects associated with this course include making a movie trailer with iMovie, creating a stop motion short film with iStopMotion, staging a photo exhibition, filming and producing an interview with Movie Maker, creating a video resume, and recording a radio commercial. This has been a very successful project for the last few years at Scott; students find their work interesting and relevant to their lives. Since youth today are often so knowledgeable about the new advances in technology we, as teachers, are really looking forward to what we can learn from our students.

Freedom of Art, Direction of Science (FADS Project)

As part of our ongoing commitment to making learning an engaging and real world activity, we have developed a new project at Scott Collegiate. The Freedom of Art, Direction of Science project (FADS), combines Visual Art and Science to create some fun and engaging experiences. Students use the content learned in science to create colourful and unique art pieces. Most recently students looked at the art work of science illustrators and how they use their art to communicate and document their findings. During this time, they also learned to how to use microscopes and did some studies of pond water. The end product is some stunning science illustrations of the little creatures found in the local pond water. Teachers Peter Grasdall and Jori Cachene hope that this is the beginning of a project that will eventually find funding to bring in researchers in science and sustainability as well as local artists to work with the students. For more information or to be involved call (306) 523-3500.



Sign of the Times

Getting your message out to the community is the crucial first step to forming valuable customer relationships. North Central Community Association's Electronic Billboard gives you the edge when it comes to marketing communications. Compelling, vivid motion graphics that share your brand's story will give your offering a distinct advantage. Positioned in a high traffic area within North Central the Community E-sign has a guaranteed audience.

The Community E-sign provides a balance of current local news and events, while investing profits back into community initiatives: making it a beacon for positive local engagement. Community E-sign advertising provides a unique opportunity for businesses to reach engaged North Central audiences through a relevant, affordable and exciting medium.

Please ask about a Rate Card for rental prices and further specific account information

We encourage you to contact North Central Community Association to speak with a Community E-sign account representative to find out more about this social business resource. Please call 306-791-9888 or email enquiries to publicrelations@nccaregina.ca

Big Wheels in Regina had humble beginnings in NC

Dutch Cycle celebrated their 50th Anniversary this past July. They are the longest running shop in the city under one family.

Dutch Cycle began in 1963 in Fritz (Fred) Vandelinden's shop out of his garage at 4th Avenue and Elphinstone Street in North Central. It has been operated by four generations of the Vandelinden family.

By way of celebration, Dutch Cycle held a free draw for a new Electra cruiser bicycle. North Central resident Emma stopped by with her son to check her ticket number and found she was the lucky winner! Her bike was stolen earlier in the year so this was a very happy 'full cycle' thank you. Enjoy your new bike Emma!!

Congratulations Circle Project on 25 years of service to the Community

excerpt from Circle Project website:

Today's Circle Project Assoc. Inc. is an urban-based, Aboriginal organization that provides programs and services in Regina and surrounding areas. Although our program participants are both Aboriginal and non-Aboriginal, our main focus is working with Aboriginal people in a community-based setting. The Council (Board of Directors) maintains an Aboriginal majority as part of the mandate.

Programs and services are delivered through an integrated program model, which was developed by the Circle Project in 1997. The linkage of programs creates a network of services, which serve as stepping stones for vulnerable individuals and families as they work toward independence and sustainability.

The Circle Project has been operating since 1988. It is supported by the Archdiocese of Regina, City of Regina, Regina United Way, Provincial Departments, Service Clubs and the community at large. We are a non-profit charity. (For full history, visit www.circleproject.ca/history.htm)



"During our North Central Culture Days Celebration a couple walked by during one of the performances and exclaimed. 'I never thought I would have seen this on 5th Ave' then I knew something significant had been accomplished that day. Having people rethink the space, its people and their value. Thanks to all our volunteers and partners."

Michael Parker, Projects Co-ordinator. NCCA

Culture Days' Animateur Carol Daniels



LIKE US at
[facebook.com/
AllNationsHealin
Thru Artz](https://www.facebook.com/AllNationsHealinThruArtz)
VISIT US online at
www.anhta.org
CALL US at
306-205-7333

Do you have a hidden artistic talent?
Have you dreamt of performing in
front of a live audience?
Would you like to attend FREE
multimedia projects?

Then All Nations
Healin' Thru Artz
is for YOU!

Classes for youth/young adults ages 13-22
ANHTA provides supper & transportation
Classes run Monday to Thursday 4-8 p.m.

Drop in for craft sessions or stick around
for the season, working toward a gala
performance on April 17, 2014.

STORM

YWCA
REGINA

Sask
Culture

FUNDING
PROVIDED BY
LOTTERIES

REGINA
City of Regina



Canadian
Heritage

Patrimoine
canadien



Aboriginal Affairs and
Northern Development Canada

Affaires autochtones et
Développement du Nord Canada



THIS, FRIENDS is the COOL KIDS' Volunteers/ Information table:
in back: City of Regina staff/SEARCH volunteer Amanda Fiege
front L to R: Renew Project's Kari Herbert, SEARCH Co-ordinator
Amanda Kuckartz, Go Green Co-ordinator Pauline Gabriel





TOWN HALL MEETING!

WEDNESDAY, OCTOBER 16, 6:30 p.m.

Albert Scott Rec Centre

Kari Herbert,
Renew Project Coordinator

Over the summer, the Renew Project cleaned 14 alleys, and combined with painting blitzes to cover almost 300 garages and 40 fences. We cleaned graffiti off of about 250 rollout garbage carts. We had amazing support from residents and great partnerships with groups like Rainbow Youth Centre's Road to Employment, RAMP and John Howard Society. Over 80 different residents came out to help as well as almost 50 different non-residents (some of these people helped multiple times!). The Renew Project was so successful the city has decided to support us further and expanded the graffiti cleaning initiative and reporting process awareness campaign city-wide.

Every success also has its hardships. The Renew Project went into these alleys and worked extremely hard and transformed them. So it is disheartening to go back and see some of these alleys back to being filled with garbage and large items being left in them once again. It is difficult, knowing how many people who came out from those blocks to work

so hard to make a difference. It is hard to imagine how they must feel to see it back to the state it was before the Renew Project worked in it. Every resident has a personal responsibility to keep their yards clean and to not throw large items out into the alleys. This hurts the entire block and community. We are trying to Renew North Central and it takes all of us to ensure we are doing our part. Respect your neighbours, respect your community. Help Renew North Central.

There will be a townhall meeting on October 16th, at 6:30 pm at Albert Scott Community Centre for all residents who want to work towards Renewing North Central. This is in partnership with major property owners in the area, as well as the City of Regina. I encourage all residents to come and to have a voice in where we go from here. Let's work together to meet this goal of a safer, cleaner North Central!



Kari Herbert,
and Mayor Michael Fougere

Care & Share Seniors Lunch

Tuesdays at 11:45 am at
Albert Scott
Community
Centre (1264
Athol St.)



You are invited to
your **COMMUNITY
MOBILE STORES!**

EVERY MONDAY

11:00 am to 1:00 pm
North Central
Community Association
(1264 Athol St. - upstairs)

EVERY THURSDAY

3:30 pm to 4:30 pm
Rainbow Youth Centre
(977 McTavish St.)

Everyone welcome!
Cash only! Call 347-3224
for details



COMMUNITY CLEAN UP!

put large items out behind
your lot the night before

BennettDunlopFord

Driving Change

**Bennett Dunlop
Ford is working
together to give
back to the
community.**



**All valuable volunteers welcome!
Meet @ Scott parking lot at 9 a.m.
Free BBQ for VOLUNTEERS**



Community Calendar

Send in your events
for a **FREE LISTING**
in the Community Calendar or
Announcements section of your *North Central
Community Connection* newspaper!

Deadline for December issue NOV. 8, 2013

Would your NC Agency like to send Christmas greetings to your volunteers, clients, customers? Please submit for free listings. Supply your logo if desired. There will be a fee for using logo. Submit to Editor by November 8.

Angels 4 Warmth is in need of donations of yarn for knitting & crocheting. Items can be dropped off at Lorne Drugs, 2255 14th Ave., or the Regina Senior Citizens Centre, 2134 Winnipeg St. The group distributes knitted hats and mittens to various agencies in Regina. For more information, call Elaine at 306-586-3138.

Community4Connection

Wed. Nov. 13, 10:00am - 3:00pm
Knox Metropolitan Church,
2330 Victoria Ave.

Community4Connection is a one-day, one-stop shop of services for people who are homeless, experiencing housing or hunger issues or at risk of being homeless.

TALKING CIRCLES

This information session will focus on what talking circles are and how they are used to create balance in working together.

Facilitators: Elder Norma Jean Byrd, Brenda Dubois (Randall Kinship Centre).

A Talking Circle is a traditional way to solve problems or talk about arising issues. It is effective in removing barriers and allows everyone to be involved to share openly and on an equal ground.

Circles are a holistic based alternative that can provide healing and open communication for families. Talking circles should include all cultures and everyone's beliefs are respected.

Oct 18, United Way
1440 Scarth Street
9:00 am to 12:00 pm

Register : KidsFirst Regina:
306-766-6790
kidsfirst@rqhealth.ca

Take out a **NEWSLETTER PAGE** in *North Central Community Connection*. **SPECIAL RATES** for NC non-profit agencies to celebrate your news & achievements, publish photos and advertise your programs. **LAYOUT** by Right Brain Creative Services **INCLUDED IN FEE**. Get in touch for details & rates by e-mailing editor@nccaregina.ca

Flaman Trailer & Saskatchewan Construction Assoc.
retrofits Transition to Trades trailer

We were delighted and overwhelmed by the support of the Saskatchewan Construction Association (SCA), who delivered a generous donation for our recent Transition to Trades program equipment robbery. SCA President, Mark Cooper (pictured with NCCA Director, Rob Deglau) visited us on behalf of Industry partners and members, awarding a donation of \$5000 plus commitments of tool contributions to help replace the tools stolen over the summer. We sincerely thank Mark, the SCA, and its partners for their commitment and support of the Transition to Trades program.



Transition to Trades Director, Jane Gattinger

Transition to Trades
grateful for a donation
of small tools from
Inland Metal

(left to right) Micheal Ripplinger with Transition to Trades, Rob Craddock, Doug Folk (Saskatchewan Construction Association) who brokered the deal.

The tools will be presented to graduating students who have completed their training with the program.



Dial 306 before calling!



NORTH CENTRAL PHONE LIST

Schools

Albert Community School.....	791-8539
KitchenerCommunity School.....	791-8516
Sacred Heart Community School.....	791-7290
ScottCollegiate.....	523-3500
St.Luke.....	791-7248
WascanaCommunity School.....	791-8528

Organizations & Agencies

Aboriginal Family Service Centre	525-4161
Aboriginal Skilled Workers Association	337-0400
AIDS Program South Saskatchewan	924-8420
Albert Library	777-6076
Albert-Scott Community Centre	777-7033
All Nations Hope AIDS Network	924-8424
Bylaw Enforcement.....	777-7000
Child and Youth Services	766-6700
Chili for Children.....	359-7919
CircleProject.....	347-7515
Circle Project Childrens' Centre	569-3988
Circle Project Infant Centre	949-4911
Early Years Family Centre	535-5993
Ehrlo Sport Venture Program.....	751-2411
First Nations Employment Centre.....	924-1606
Four Directions Community Health	766-7540
Gathering Place	522-7494
Greystone Bereavement Centre	766-6946
Indian M�tis Christian Fellowship (IMCF)	359-1096
Kids First Program	766-6792
Kids Help Phone	1-800-668-6868
Mobile Crisis Services	757-0127
Morning Star Ministries	757-8421
Newo Yotina Friendship Centre	525-5042
North Central Community Association (NCCA)	791-9888
North Central Community Health Office (Nurse)	757-1046
North Central Community Police Service	777-6450
North Central Family Centre	347-2552
North Central Kids Music Program	545-3737
Oxford House Society of Regina Inc.	205-7355
Pasqua Hospital	766-2222
Public Health Inspector.....	766-7755
Rainbow Youth Centre.....	757-9743
Randall Kinship Centre.....	766-6780
Regina Alternative Measures Program (RAMP).....	352-5424
Regina Education & Action on Child Hunger (REACH)...	347-3224
Regina City Police	777-6500
Regina Crime Stoppers	545-8477
Regina Fire & Protective Services.....	777-7830
Regina Food Bank.....	791-6533
Regina Police Substandard Housing Enforcement Team...	777-6399
Regina Sexual Assault Line (24 hrs).....	352-0434
Rentalsman	787-2699
R Healthy Food Store	359-0541
Safer Communities & Neighbourhoods (SCAN).....	1-866-51-SAFER
SaskPower (inspections).....	566-2500
Saskatchewan Rental Housing Supplement	787-4723
SEARCH	551-3366
Sepak Takraw Saskatchewan (STAS)	584-8778
Souls Harbour Rescue Mission & Youth Centre	543-0011
Street Culture Kidz	565-6206
SWAP.....	525-1722
Transitions to Trades	791-9530
YMCA of Regina	757-9622

Want the number of your agency in this space? Call us to add it: 791-9888

North Central Community Connection is a bi-monthly newspaper published by the North Central Community Association (NCCA). The newspaper strives to be fair and balanced in its coverage of news, current events and community issues. The Community Connection is written for the people of North Central Regina in hopes of building community and providing valuable information.

Editor: Jan Morier
Design & Layout: Right Brain Creative Services

Thanks to contributors to this issue:

- Albert Library Branch
- Canadian Diabetes Assoc.
- Circle Project
- Dutch Cycle
- Allen Lefebvre
- Michael Parker
- RAMP
- Regina Police Services
- Regina Qu'Appelle Health Region
- Scott Collegiate
- Transition to Trades
- City of Regina
- Kari Herbert
- Jan Morier
- Maxton Priebe
- Regina Humane Soc.
- STOPS to Violence

North Central Community Connection is distributed to over 4,000 households in the North Central area. Copies are also available at the Albert Scott Community Centre and various North Central businesses.

Opinions expressed in the North Central Community Connection do not represent the NCCA.

We welcome all letters and submissions. The editor reserves the right to accept or reject and edit all submissions.

DEADLINE for
DECEMBER ISSUE
November 8, 2013

North Central Community Connection
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Regina SK S4T 7V3
Phone: 306-791-9888
Fax: 306-757-1052
e-mail: editor@nccaregina.ca

NORTH
Central
www.nccaregina.ca



Get Social!



Mission Statement of
North Central
Community Association

Pursuing the development and
maintenance of a safe, vibrant
and attractive community through
advocacy, partnership and services.

NCCA Board of Directors

President - Carol Kirk
Vice President - Ken Watson
Secretary - Georgina Magee

MEMBERS-AT-LARGE

Joely BigEagle Kequahtoway

Tom Brown

Shannon Cattell

Helmi Scott

Cari Vixamar

Greg Campbell

Anna Galassi

Denita Stonechild





Record.

Take a photo of the graffiti on your property as soon as you see it.

Report.

Report all incidents of graffiti damage to your property.

Remove.

Remove graffiti from your property as quickly as possible.

- To report graffiti on your property, call Regina Police Service at 306-777-6500 or go online to www.reginapolice.ca.
- To report graffiti on City-owned property, call 306-777-7000 or visit **Regina.ca**.
- If you see a graffiti crime in progress, call 911.

Graffiti is vandalism, not art.

It's a crime under the Criminal Code of Canada to put graffiti on private property.



City of Regina

