

North Central Regina History Project & Website Launch

Wednesday, April 25, 10:30 a.m.
**Albert Scott Community Centre
Board Room**

Several years in the making, the **North Central History Project** was inspired by local residents who produced an 8-page document in 2006 when we celebrated North Central Community Association's 30-year anniversary.

If you were fortunate to have kept your hands on one of these booklets you would have marvelled at the memories collected by "a gang of middle-aged North Central women: Sheila, Pam, Ruth, Louise, Sharon, Diane, Emily, Susan and Sonja." Bobbie and Al Barnes were also instrumental in recording over 75 years of North Central history.

We are all grateful to these citizens who took on the task and we are proud to help preserve it for the world to see and add to on the internet.

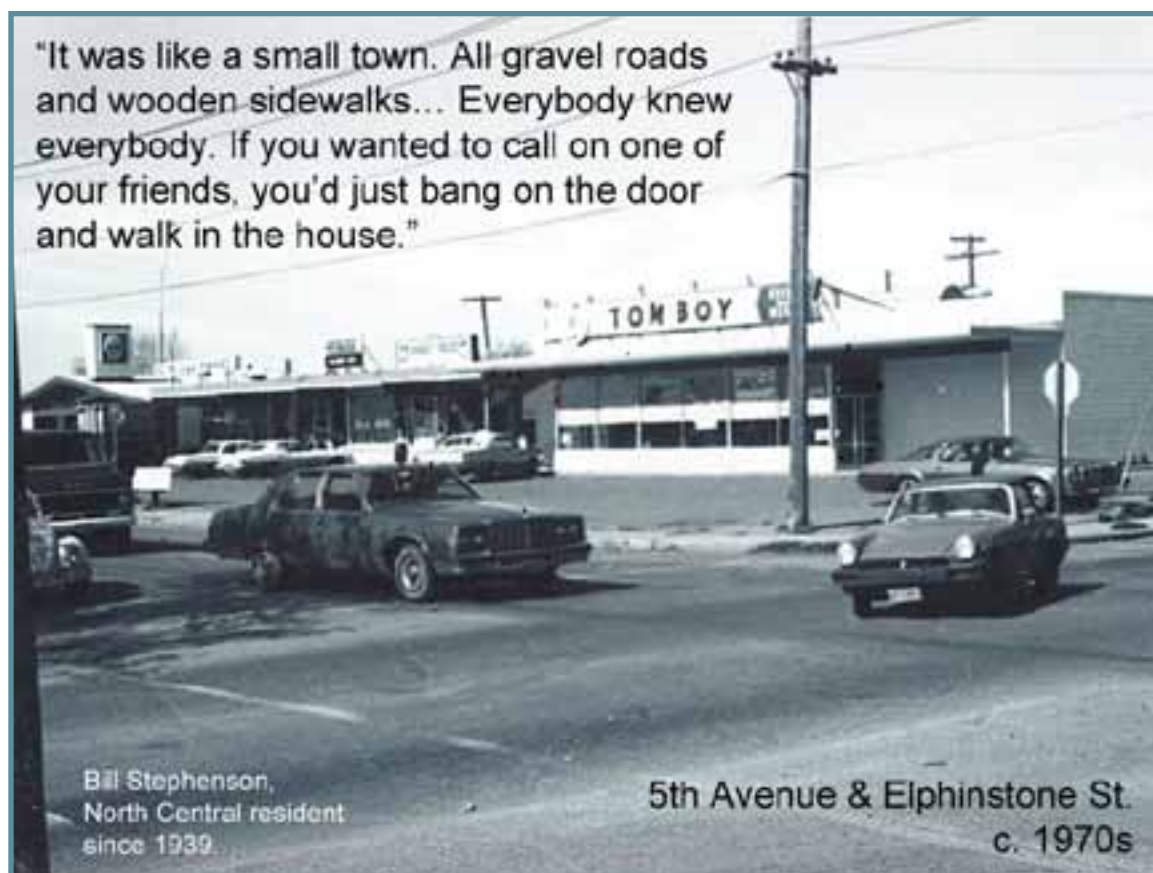
North Central's rich history began with its establishment as an immigrant and working-class neighbourhood in the late 19th century. It has been shaped by both local movements and broader provincial trends, including the development of the Canadian Pacific Railway, the creation of housing for WWII veterans, and the increasing urban residency of First Nations and Métis people.

The project members seek the input of people who may no longer live in the neighbourhood or even in the province. There will be the means for those folks to add point form data on the website. We will also accommodate recording oral histories of senior citizens living in NC, or having grown up or raised a family here. We are still interested in collecting your stories and borrowing your photos to scan and place on the website.

Thank you to the participants to date in the History Project. Now help us in sharing your memories of life in North Central Regina.

Please join us at the official launch on April 25 at 10:30 a.m. at the Board Room of Albert Scott Community Centre, 1264 Athol Street.

www.northcentralregina.ca



Bill Stephenson,
North Central resident
since 1939

5th Avenue & Elphinstone St.
c. 1970s

photo: City of Regina Archives

The History Project was made possible through a partnership with The Regina Public Interest Research Group (RPIRG) and The Community Research Unit (CRU) and North Central Community Association. RPIRG is a student-run, student-funded non-profit organization dedicated to community-based research, education, action and awareness in the public interest.

The Community Research Unit (CRU), based in the Faculty of Arts, facilitates community service-learning and community-based participatory research with interested community groups and university faculty and student researchers.

The student researcher worked closely with university and community partners involved, including North Central Community Association, the Regina Plains Museum and the Faculty of Arts. The goal of this project was to compile profiles of important historical and contemporary public figures from North Central Regina to share publicly. The student researched historical or contemporary residents of North Central, conducted and transcribed interviews and created written profiles.

The People of the Project

Initial research: Pam Rice

Student Researchers

Interviews and profiles:

Ntawnis Piapot, Taylor Bendig

Mapping project: Amie Corbin

Advisors:

Allen Lefebvre, Coordinator,
North Central Shared Facility
Regina Plains Museum
City of Regina Archives

Dr. Bill Brennan, Dept. of History,
University of Regina

Dr. Joseph Piwowar, Dept. of Geography,
University of Regina

Martha Roberts, photographer

Community Research Unit CRU Coordinator:
Yolanda Hansen and Stacy Shand

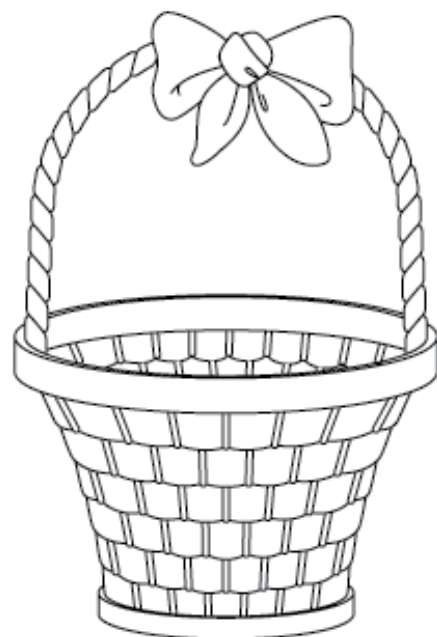
Regina Public Interest Research Group:
Jenn Bergen

NCCA Committee members:

Rob Deglau
Jan Morier
Angela Miller

Website designer: Peter Fingler

National Volunteer Week April 15-21



INSIDE

- P2** Community Voices:
Valentine's Day Vigil - Angel Square
- P3** Regina Alt Measures Program
Newsletter page
- P4** Income Tax Season
Garage Sale Season
- P5** Pasqua & 7th Park Update
School Report Card
- P6** Mother Teresa Middle School
- P7** Scott Collegiate
- P8** Art Cares
North Central Murals
- P9** NC Shared Facility Update
- P10** Community Calendar
- P11** Chili Champs!
- P12** RAMP Crossword Puzzle

COMMUNITY YOUR VOICE *Voices*

Angel Square



photos by Miranda Hanus

HAVE YOUR SAY! Contribute an opinion piece to future issues of *North Central Community Connection*! **Community Voices - Your Voice.**



Valentines Memorial

On February 14 a group of concerned citizens gathered behind the Territorial building to remember those we have lost in our neighbourhood due to tragedy.

Elder Norma Jean Bird gave a blessing, Susana Deranger recited a poem she had written, The Rainwater Singers performed and healing circles were held. The gathering was a time for us to reflect as a community on safety and healing.

BANNOCK BAKE-OFF

Competitors and tasters wanted for the Albert Branch Community Bannock Bake-Off!

Let's have fun tasting traditional or new, glamourized versions of bannock and meeting the bannock-makers.

Wednesday, June 13, 2012

6:30-8:30 pm

Albert Branch

1401 Robinson Street

The evening will include entertainment, display tables, prizes, a puppet show and, of course, bannock tasting!

Community judges will determine the best bannock makers.

Bakers, register to compete in the bake-off by calling Albert Branch at 777-6076 by May 30.

**RP
LE** Regina
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MON - FRI: 9-6; SAT: 9-4

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MGR. MEGAN ZMETANA, BSP

*Advice
for Life*



The Regina Alternative Measures Program

RAMP is culturally sensitive with a focus on restorative justice principles. We promote respectful relationships and encourage harmony within our communities.

2815 Dewdney Ave, Regina, SK
Phone: (306) 352-5424
www.rampinc.ca
Mon. to Fri. 8 a.m. - 5 p.m.

Little Known Facts

- Having a criminal record can affect your career. Employers, community agencies and educational institutions are entitled to request record checks for prospective employees, volunteers and students.
- Canada's criminal law is rooted in the common law of England.
- Ignorance of the law is not a viable defense.
- Each province in Canada has three levels of criminal court, Provincial Court, Court of Queen's Bench, and the Court of Appeal. The Court of Appeal may make applications to the Supreme Court of Canada.
- Anyone with a criminal record will more than likely be prevented from crossing the border due to concerns for public safety.
- Under the Canadian charter of Rights and Freedom all Canadians have the right to life, liberty, and security of the person.
- The right to freedom from *arbitrary detention or imprisonment.
- The right to legal counsel and the guarantee and the guarantee of *habeas corpus.
- The rights in criminal and penal matters such as the right to be presumed innocent until proven guilty.
- The right not to be subject to cruel and unusual punishment
- The rights against self-incrimination
- The rights to an interpreter in a court proceeding.
- Equality rights: equal treatment before and under the law, and equal protection and benefit of the law without discrimination.

*Arbitrary – unreasonable or unsupported.

*Habeas corpus – (Latin: 'you have the body') a judicial mandate requiring that a prisoner be brought before the court to determine whether the government has the right to continue detaining them.

Essay Contest - Are you creative, insightful and full of good ideas?

Regina Alternative Measures Program (RAMP) is hosting an essay writing contest for youth in two age categories: 12 - 14 years old and 15 - 17 years old. You may not only win cash for your essay writing abilities but also have the opportunity to share your ideas with your community. RAMP recognizes that the perspectives of our youth in the north central community are important and necessary in order to make change. This is your opportunity to spread your message and become published! The winning essays will be published in an upcoming issue of the *North Central Community Connection* on the RAMP Newsletter page. The topics are as follows:
YOUTH 12-14 YEARS OF AGE:
How do you view crime in your community? How can we raise community awareness and reduce crime? What solutions can you offer? (Length: 2 to 4 pages)

YOUTH 15-17 YEARS OF AGE:
How do you view addictions and their connection to criminal activity? Do addictions lead to criminal activity or does criminal activity lead to addictions? What solutions can you offer to help combat this cycle? (Length: 4 to 5 pages)

- There will be one winner selected from each category by a neutral selection committee.
- Each winner will receive a \$200.00 cash prize.
- All applicants must consent to having their essay published in the North Central Community Newspaper.
- All applicants must consent to allow RAMP to edit the essay for spelling/grammatical errors prior to publication.
- Plagiarized essays will be disqualified.
- Essays must be clearly marked for 'essay contest' and mailed or dropped off at RAMP.
- Submission deadline: May 9

www.rampinc.ca

Kids' Activities

It is a known fact kids who are physically active tend to have a lower risk of diseases later in life and tend to be more academically motivated and have a higher self-esteem. As school is coming to an end kids are going to find themselves with a lot more time on their hands; with this time, sometimes kids get bored and in engage in activities that might land them in trouble. Here are a few ideas that could help keep your kids busy:

1. Turn off the television. It is recommended that children under the age of 2 do not watch any television at all and that persons older than 2 should not watch anymore than 2 hours of television. Encourage your children to go outside and enjoy the summer weather while it lasts.
2. Go for a walk. Walking is a healthy, low-stress option to maintain physical health, which you can do almost everywhere! You can also make this a group activity.
3. Go to the playground. At the playground kids enjoy a wide range of activities that challenge them physically; but, also engage them socially with other kids which makes the playground a great option for mind and body.

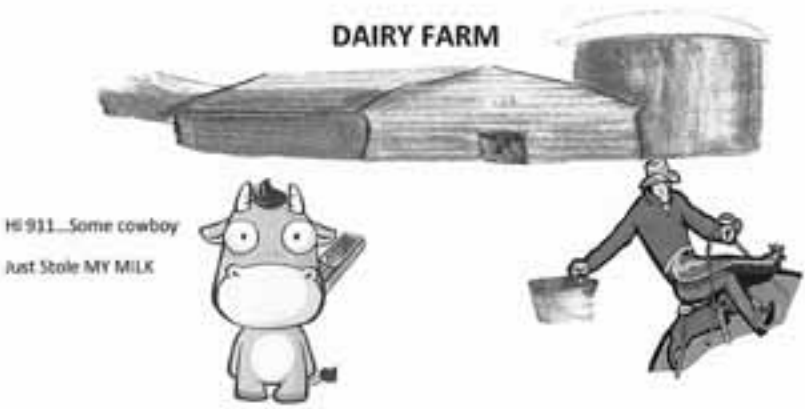
4. Go bike riding. Much like walking, bike riding is a great, low stress way to get in some exercise that does not cost much.
5. Buy toys. When choosing toys for your children, try to select toys that engage them physically rather than video games. While video games are great in some ways, they don't encourage the physical activity that we need to stay healthy.
6. Plan family activities. Planning a family activity engages children socially and physically, and can also be a learning experience that gives a sense of belonging. Whether it is a picnic or a trip to a museum there are countless ways to enjoy free time together.
7. Schedule play dates. Scheduling play dates, especially with infants, is a great way to allow them to play and socialize which is crucial to overall development.
8. Enroll your child in a summer program. Summer programs are geared towards keeping your children active during the summer. Many local schools as well as your local YMCA offer these types of programs.

Meet our Practicum Students

RAMP has had the opportunity to host many practicum students over the years. We feel that it is important that these students are able to share their progress and experiences working with the Regina Alternative Measures Program.

Hi my name is Tiffany. I am studying Human Justice at the University of Regina. By doing my practicum placement at RAMP I have been able to gain hands on experience in the justice field and learn more about restorative justice. I've had the opportunity to observe mediations, intakes and community justice forums. Before my experiences at RAMP I had not seen these types of meetings and did not realize how beneficial they may be to the justice system. I have witnessed firsthand how successful RAMP is for each individual and how this program has the ability to change a person's life. Each client is required to accept responsibility for their charge and must also be willing to hold themselves accountable. This ability is life changing. Individuals are able to reflect on their actions and repair the harm they have done to themselves, the victim and the community. By doing this they gain the knowledge which may prevent this from happening again. RAMP is a positive and essential component to our justice system. While it reduces the possibility of future participation in criminal activity, it also gives individuals the opportunity to avoid having a criminal record. This alternative to the formal court system is a successful way for adults and youth to change their lives.

Hi my name is Dessey. Since working at RAMP as a practicum student from the University of Regina, I have learned many new and exciting things. I have learnt the topics and procedures that happen within the courthouse, during intakes, throughout mediations and so much more. I have gained this knowledge and experience from observation and hands on experience. Before working at RAMP I was so unaware of the different restorative justice options offered within the city of Regina. I was blind to the reality of some of the situations members of our community are facing and how they affect everyone around them; family, friends, city workers and members of the community. I also have gained a greater understanding of how strongly a person can be negatively affected by having a criminal record. After being involved in mediations and community justice forums I believe it is very important and rewarding for a person to be involved with what RAMP has to offer. It has really opened my eyes to situations dealing with crime and positive ways to fix the harm that has been caused. I can definitely say the knowledge that I have gained over the past several months will affect my future decisions and help me as an individual to make better and positive choices.



It is tax season again!

article and photo by Michael Parker


For many of us tax season can be intimidating, frustrating, or confusing but there is help. You may be able to participate in one of the many Community Volunteer Income Tax Programs (CVITP) in the city and have a volunteer help you file your taxes electronically if you meet the qualifying criteria. There are tax clinics manned by volunteers who generously give their time to help others out filing their taxes.

Joyce and George are both volunteers with the North Central Community Association’s CVITP located at the Albert-Scott community centre. George when asked about how he got into volunteering said “I didn’t like what companies were charging people for very simple tax returns” and he has been volunteering for 4 years because he “enjoys helping people”. George wants people to know that there are many people who are eligible for a disability tax credit for themselves or for a dependent but have not gotten their doctor to complete the paperwork. He says it can make a big difference especially for caretakers. So if you think you may qualify for the disability tax credit it is important to get all your paperwork done.

Joyce has been volunteering for seven years and when asked about why she volunteers with the tax program she says that she “enjoys working with numbers and helping people out, especially seniors.”

Here are some ways to get tax savings through the following credits and deductions. There is the public transit tax credit if you purchase monthly transit passes. The children’s fitness credit (\$75 per child) and children’s arts credits (\$75 per child) are available if your children are enrolled in eligible programs. If you are a tradesperson you may be able to deduct the cost of some of your tools from your income and lower your taxes. You can check out online the Canada Revenue Agency website other benefits and tax tips at www.cra.gc.ca

There are many reasons to filing your taxes on time, you may be eligible for a refund, GST/HST rebates, or child tax benefits, and if you are still owing taxes you avoid penalties for filing late. You are required to file your 2011 taxes by April 30th.



COMMUNITY VOLUNTEER

INCOME TAX

PROGRAM

Need some help?
Our volunteers
are ready!

Where:
Albert-Scott
Community
Centre—upstairs
1264 Athol St.

Mon, Tues & Wed: 10^{AM} – 4^{PM}
Thurs: 10^{AM} – 12^{PM}
until April 30

Call to book your appointment 791-9888



Volunteer Joyce (right) with a client.

ELIGIBILITY CHECKLIST

Community Volunteer
Income Tax Program
Income Level

Family Size	Income up to
1	\$30,000
2	\$35,000
3	\$37,500
4	\$40,000
5	\$50,000

Other Conditions

- Volunteers do not complete returns for
- Deceased persons
 - Bankrupt individuals
- Or clients with
- Capital gains or losses
 - Employment expenses
 - Self-employment income (Business, Professional, Commission, Farming, Fishing)
 - Rental income
 - Interest/investment income exceeding \$1,000.00
- ➡Remember to get your prescriptions printout from your pharmacy and provide it to your tax preparer.



It is garage sale and flea market season!

by Lisa Workman

Now is the time to declutter and find items that can be reused. Having a garage sale can make a little extra room and some cash. It also keeps lightens the load sent to the landfill.

Did you know that Health Canada has regulations about what is safe to sell? Many of the items that are listed are for the safety of children and infants. These items could be out of date, unsafely designed or may have been recalled because they were defective.

Keep these guidelines in mind when donating items or when buying items at a garage sale or flea market.

These are some of the second hand items to avoid selling, donating or buying:

- ☐ baby gates
- ☐ baby walkers
- ☐ Car seats have especially strict standards: www.tc.gc.ca/roadsafety/ 1-800-333-0371 or check for a number to call on the back of the seat.
- ☐ children’s jewellery
- ☐ children’s sleepwear
- ☐ cribs
- ☐ hockey helmets, bike helmets, most helmets should be replaced after a serious impact and after a couple of years of wear.
- ☐ play pens
- ☐ strollers

For more details check out:
www.hc-sc.gc.ca/cps-spc/pubs/cons/garage_e.html
Tel.: 1-866-662-0666

If you are interested in donating items Project People donation bins are currently located at Wascana Rehabilitation Centre 2180 23rd Ave, in the front entrance vestibule and at Four Directions Community Health Centre, 3510 5th Ave. Items will be distributed to the appropriate agencies by Project People volunteers. Or check out the donation guide on line: <https://sites.google.com/site/reginapeople/home>

Indian Métis Christian Fellowship takes most second hand items and gives them out weekly to the community. They especially appreciate bikes that can be fixed up and given out. Please drop them off items at 3131 Dewdney Ave.

Indian Métis Christian Fellowship also keeps a list of larger items needed by people in the community. If you have a large item to donate, call 359-1096 to make arrangements to drop it off directly to a family in need.



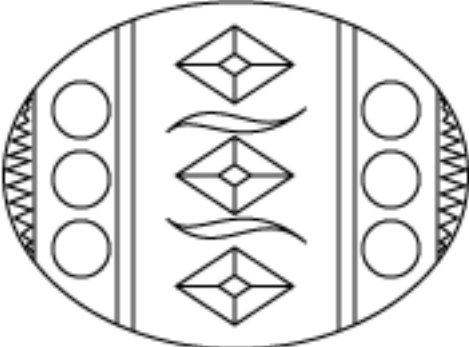
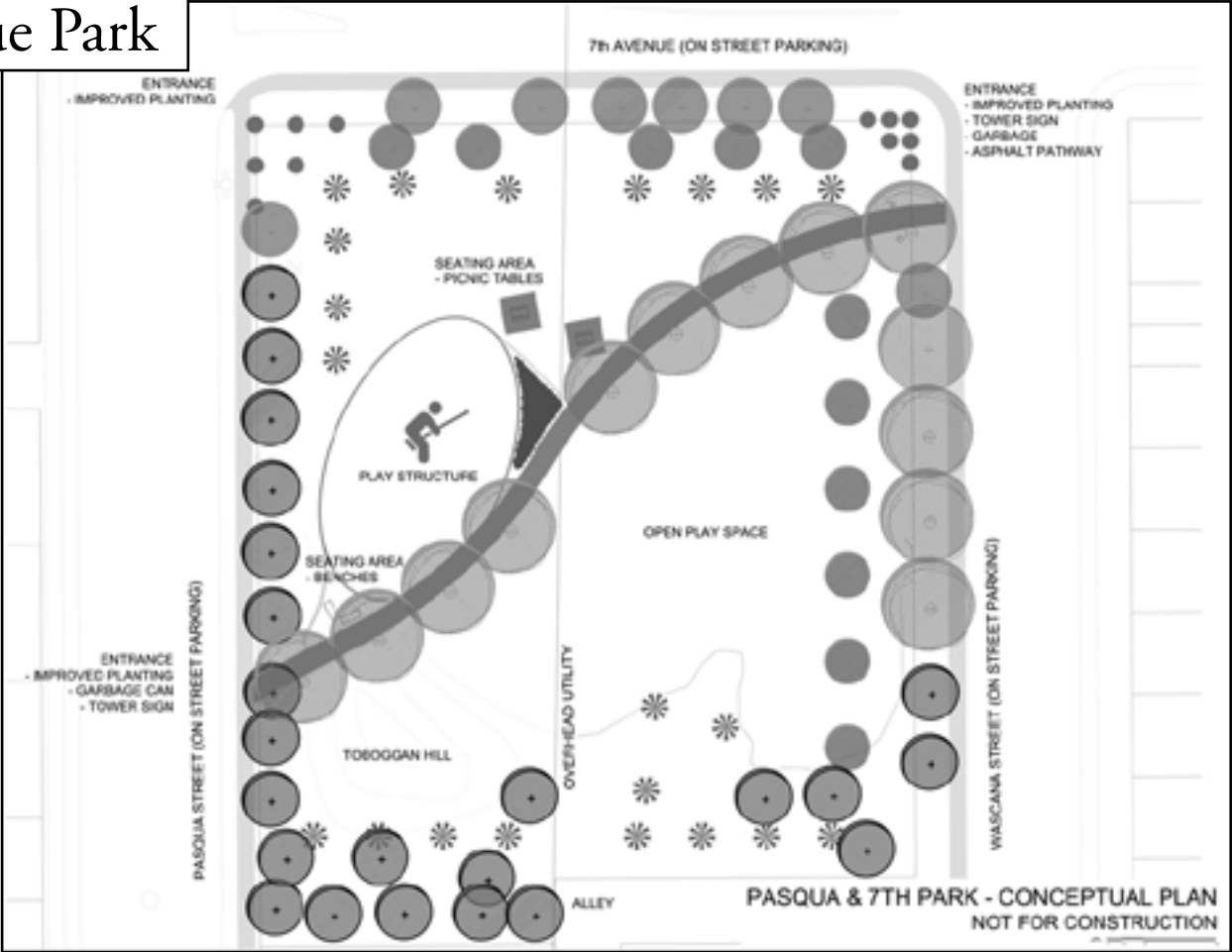
Pasqua Street & 7th Avenue Park

by Erica Frank

A group of community stakeholders, including the North Central Community Association, Regina Police Service, area residents and parent council representatives have been working with the City of Regina to develop a concept plan for the redevelopment of Pasqua and 7th Avenue Park.

The plan contains a new play structure, open grass field and improved plantings. A public presentation was held on March 14, 2012 at the Albert Scott Recreation Centre to gather resident's feedback. The development of the site will start this year and hopefully be completed in fall depending on the weather.

The Community Association would like to make residents aware that there is an opportunity for individuals to fund a tree or bench in honour of an occasion or person through the City of Regina's Legacy program (Trees \$200, Bench \$800-\$1200). If you are interested please contact 777-7000 by June 30th to complete an application form.



School Report Card

by Carla Beck

Greetings. I don't know about you, but I spend too much time on Facebook. Social media is a very effective time waster (and a good diversion from writing articles when you are struggling with writer's block). But social media does also have its advantages. It is a good tool for organizing and staying in touch with friends. It also exposes us to a wealth of differing opinions, quotes, and motivational messages. I think if we can reframe and see things from a different perspective it lends to our understanding and compassion toward other beings, ourselves and events. A recent quote that I came across follows: *"Let us put our minds together and see what life we can make for our children."* —Sitting Bull



There are always differing views on how best to provide the educational and life opportunities we seek for our children (and when I say "our children" I mean that collectively). What is important, I think, is that we have the discussion. I truly believe that we all benefit when the education and well-being of all of our children is made a priority for governments and citizens alike.

As I write this article, trustees are going out to all seven subdivisions

and meeting with School Community Councils (SCCs). We are asking those involved in their SCCs what accomplishments they are most proud of and we are also asking them to name some challenges that they have faced over the past year. So far, the discussions have been lively and informative. I look forward to the discussion with Subdivision 5 SCCs at Scott later this month.

We have met a lot of engaged parents at our meetings so far. We have also heard from most SCCs how difficult it is to get people out to their meetings. (It is important to note that one does not have to be a parent to serve on an SCC; community members are welcome as well. If you are interested just ask at the school.) At one recent meeting a parent new to Regina told me that she was surprised how many people had told her that they did not get involved with their children's school because they believed that it was "the government's job" to educate their children and that because they paid their taxes, nothing further was required of them. She went on to tell me that where she was from, it was the norm and expected that parents and communities would volunteer and support education as much as possible.

Paying school taxes is important. So is supporting your local school

whether you are a parent or not. However, it is also important that those who formulate the provincial budget also hear how important a strong public education system is to all of us and our future. School Boards across the province are eagerly awaiting the provincial budget. The new provincial funding model will be officially unveiled after three years in the making. The details that we do have indicate that Regina Public will not suffer a funding decline. There are still some questions to be answered as not all details will be forthcoming in this budget year. Details about how money for new buildings and significant repairs is to be distributed across the province will be addressed in the future.

What I do hope to see in this budget is increased support for narrowing the gap between First Nations and Metis students and other students in terms of achievement and graduation rates. Our most recent Continuous Improvement Report (www.rbe.sk.ca) notes some progress on this front but it also shows that we have further work to do in order to reach our goals. I think that it is important to note that there is a great deal of hard work and dedication, not to mention innovation, on the part of students, staff and administration alike towards these goals.

I would also hope to see increased support for students with special needs and for those who have

English as an additional language (EAL) students. Right now, Regina Public Schools is adding the equivalent of about one classroom per week to our student population with students from the Welcoming Centre on 11th Avenue. This is very exciting for our system and our city, but we must ensure that proper supports are in place and that ultimately takes adequate and responsive funding from the province. If projections hold, we will add about 600 students to our Regina Public School community this year! Welcome to you and your families.

Speaking of capital funding, plans continue for a sod-turning at the old Herchmer site/Wascana rebuild. The community has been asked to submit possible names for the new school. The Regina Board of Education will select a school name after considering feedback received from the community, parents and guardians, staff and stakeholders. That decision will be reported widely to the community.

As always, I welcome your feedback, questions, and suggestions.

Carla Beck
Trustee, Subdivision 5
Regina Public School Board
carlabeck@sasktel.net
ph. 530-3320

The views I present are my own as your trustee. I do not speak for the Regina Public School Board as a whole.

Mother Teresa



Middle School

A Jesuit NativityMiguel Academy

Mother Teresa Middle School (MTMS) is a small, private, independent middle school (grade 6-8) that provides scholarships to motivated students from modest income families in Regina's inner city.



NOW ACCEPTING applications for students entering Grade 6 in September 2012

IS MOTHER TERESA MIDDLE SCHOOL RIGHT FOR YOU AS A PARENT/GUARDIAN?

1. Are you willing to work with the school to help your child?
2. Do you find it difficult to afford programs that will enrich your child's education?
3. Would you support your child receiving a faith based education?



IS MTMS RIGHT FOR YOUR CHILD?

1. Do you have a child that will be entering Grade 6 in September of 2012?
2. Does your child attend school regularly and is he/she excited about learning?
3. Would your child benefit from additional educational supports?
4. Does your child have long term goals and would they like to attend college or university one day?
5. Would your child enjoy extra learning time and summer programming?



"In this life we cannot do great things. We can only do small things with great love"

-Mother Teresa



WILL MOTHER TERESA MIDDLE SCHOOL TAKE STUDENTS FROM ANYWHERE IN REGINA OR THOSE WHO LIVE OUTSIDE OF THE CITY?

- MTMS may take students who reside outside of its identified boundaries, however it cannot guarantee transportation.



For more information, please contact Ron Gonzales, Graduate Support Director

Mother Teresa Middle School
1975 North 2nd Avenue
Regina, SK S4R 0Y1
Telephone: 306.569.6867
info@mtmschoolregina.com
www.mtmschoolregina.com



HOW WE ARE DIFFERENT....

- MTMS is small in size (maximum 20 students per class)
- The school operates on an extended school day and an extended school year model
- MTMS supports its graduates through their high school and post secondary education
- The school offers unique staff roles to support students
- MTMS is a member of the NativityMiguel Network and is connected to 59 US schools that focus on educating inner city youth.



MTMS students are loving, religious, intellectually competent, open to growth and committed to doing justice in the world.



Frequently Asked Questions - By Families

1. **Where is Mother Teresa Middle School located?**
Mother Teresa Middle School (MTMS) is located at 1975 N 2nd Avenue in Regina, Saskatchewan. It welcomed its first group of grade 6 students in September of 2011 and are now accepting applications for students entering grade 6 in September 2012.
2. **How do you choose the students and where will they come from?**
MTMS will select students primarily based on two criteria - need and motivation. Students and their families will take part in a clearly defined admissions process and most will come from the North Central and Core areas of Regina. MTMS will provide transportation for students who live within its identified boundaries.
3. **Is Mother Teresa Middle School only for Catholic students?**
MTMS will take students who are non-Catholic. In such cases however, parents and students must understand and accept the fact that the school teaches from a faith-based perspective and all students are required to participate in the teaching and celebrations.
4. **When does the admissions process start?**
The admissions process will start in February and be completed by the end of May.
5. **Will your child be required to participate in the enrichment programs?**
Yes. Our students are involved in enrichment activities such as: cooking, zumba, mindfulness, babysitting, football, art, hip hop, basketball, improv etc.
6. **How many kids will you take?**
MTMS will ideally have 15-20 students per grade and house 55-60 students at full capacity.
7. **Is the school for students with behavioural problem or special needs?**
MTMS will take student who are facing academic challenges however it does not have the supports to accommodate students with severe behavioural problems or special needs.
8. **Will the students wear uniforms?**
Students will wear uniform dress/spirit wear provided by MTMS.
9. **Will the students pay tuition to go to Mother Teresa Middle School?**
MTMS is not a tuition based school however families are asked to contribute a nominal fee towards their child's education.
10. **What will the school day look like?**
The school day will start at 8:00 am and end at 5:00 p.m. Students will be provided breakfast, lunch and snacks at school. Students will have access to afterschool and summer programming based on their interests.



Message from the Office

Our school is proud of our achievements during the second semester of this school year and our staff was glad to share these achievements with families through our March Conferencing. Our continued goals at Scott Collegiate are focused on literacy and numeracy. Our students have been working diligently toward continued achievement in each area. Please continue to support your Scott student's education by guiding them with motivation and assistance with their studies.



Nancy Buisson
Principal

April and May are guaranteed to be busy months. There are many activities planned so be sure to check the calendar on the Scott Collegiate website regularly. You will find us at <http://scottcollegiate.rbe.sk.ca/>

Registration forms for the 2012–2013 school year are available at the school. We are intent on offering programming and supports that meet the needs of each and every one of our students. Choosing Scott Collegiate may be the best educational decision you will make. Our school has an excellent student body, outstanding teaching staff and we continue to move forward with unique project plans for a future Scott Collegiate/North Central Shared Facility. I would encourage prospective students, parents and other interested parties to contact us for more information about our school. We would love for you to be part of the Scott Blues!

As an additional course offering, Campus Regina Public provides high school students (Grades 11 and 12) from across the division the opportunity to enroll

in specialty two-credit courses, and dual university courses. Each course is industry supported and features approved training that may not be available in their home school. Students will engage in learning opportunities with others who share their passion for a specialty field of study which better supports their learning as they prepare for the transition to post-secondary studies and the workplace.



Mike Tomchuk
Vice-principal

Congratulations go to our boys' basketball team. Throughout the season they demonstrated their spirit and determination, and we are very proud of their sportsmanship and keen sense of competition. Special thanks go to Mr. Bridgeman as coach of the team.

The next SCC meeting is on Tuesday, April 17th at 5:00 pm. in the student lounge. Everyone is welcome and encouraged to attend.

The students at Scott Collegiate will be dismissed at noon on April 5th in order for to teachers to attend the regularly scheduled monthly staff meeting.

Spring break occurs from April 6th to April 13th. Students return to school on April 16th. We hope that this break reenergizes each student for the remainder of the school year and is both safe and restful.

As always, should you have any questions or concerns I encourage you to contact the school. As a community we make our children's learning both enjoyable and beneficial.

scottcollegiate.rbe.sk.ca



The grade tens at Scott Collegiate just spent the month of February travelling the world. Each student picked a country to research and from that they created a mosaic. Many of the students spent the week prior to the Mosaic Display in the cooking lab creating popular meals known to that country. The



students and staff were invited to come and see the work of the grade ten class. The kids were excited to talk about all the new information they learned during this project. We are now working on an Aboriginal leadership poster, as well as reading Macbeth. We will end the year with a Dinner Theatre. We will let you know how that goes when it comes!



Important Dates at SCOTT COLLEGIATE

May 1st	Report Cards
May 4th	PD Day for staff; no school for students
May 18th-21st	no school for students or staff, Victoria Day long weekend

The grade tens at Scott Collegiate just spent the month of February travelling the world. Each student picked a country to research and from that they created a mosaic. Many of the students spent the week prior to the Mosaic Display in the cooking lab creating popular meals known to that country. The students and staff were invited to come and see the work of the grade ten class. The kids were excited to talk about all the new information they learned during this project. We are now working on an Aboriginal leadership poster, as well as reading Macbeth. We will end the year with a Dinner Theatre. We will let you know how that goes when it comes!

Youth Salute

is a joint project developed by Focus '91 Photography in cooperation with Regina Public Schools and Regina Catholic Schools that recognizes the contributions of today's high school students in a positive and public manner. Five students are chosen to represent each one of our nine regular high schools based on a number of factors that may include academic excellence, achievement in sports or the arts, community involvement, school spirit, overcoming obstacles, or just being a good person deserving of recognition.

A Youth Salute display is created each year with the autobiographies and black-and-white photographs of the students and it tours various locations in Regina. This year's schedule is as follows:

- Opening Ceremony – Wednesday, April 4 at 7:30 p.m. at the Northgate Mall Centre Court
- Northgate Mall – April 4 to 17
- Victoria Square Mall – April 18 to May 1
- Southland Mall – May 2 to 16

Scott students who are show-cased: Keena Aisaican-Checkosis, Gabrielle Bird, Mathew Desrochers, and Dakota Morin

Arts Cares

by Jessica Hanna

The fourth year of Arts CARES was held February 21-24. A program run through the Community Research Unit at the University of Regina, its aim is to connect university students with community organizations over the University's reading week. Students volunteer for one organization throughout the week, learning about what the organization does and helping out. The students also have an opportunity to meet with the other students in the program and learn about the importance of being involved in the community. It allows students to connect what they have learned in the classroom to real world experiences. There were 56 student participants and 24 different community agencies.

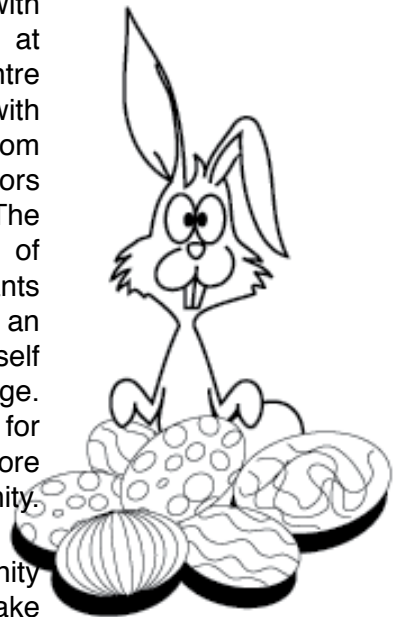
This is a great opportunity for both the students

who volunteer and the community organizations that make use of the students. The Community agencies are able to get work done that they may not have been able to do without the volunteers. They are also able to showcase their organization to potential long term volunteers. The students gain a better understanding of the particular organization that they volunteer in and by the end should feel more connected to their community. They gain the feeling that what they are learning can actually be applied to the real world and that they can make a difference.

On February 23 Arts CARES partnered with the Regina Public Interest Research Group (RPIRG) to offer a session called Making Ripples: Active Citizenship 101 to both students and community members alike.

It was an opportunity for participants to meet with people who are active in their communities and learn about how they too can be active. Community members along with students came for a free lunch at the North East Community Centre and had the opportunity to talk with different community activists from Regina who acted as facilitators to small group discussions. The facilitators were from a variety of activist backgrounds. The participants spoke about what it means to be an activist, how you sustain yourself and how people can make change. The event was a great venue for people to network and make more connections in the community.

Arts CARES and the Community Research Unit will continue to make links between the University and the wider community. Ensuring that partnerships and connections are mutually beneficial for everyone involved.



Interested in having a mural painted on your property in North Central?

Are you an artist interested in painting a mural in North Central?

Call: 791-9888

Email: projects@nccaregina.ca



Mural by Andres Araneda, 2011

North Central Murals

by Jessica Hanna

As spring approaches we start to spend more and more time outside. Walking around the neighbourhood you may have noticed something appear around North Central in the past couple of years. Murals are turning up all over the neighbourhood. On people's garages and fences, on commercial buildings and on apartment buildings.

This is because the North Central Community Association, some great artists and building owners are getting together and to put up murals around the neighbourhood. Last summer 15 new murals went up bringing the total of North Central Community Association sponsored murals up to 26 since 2008. Every year we try and find property owners who would like to have their property painted because they have experienced unwanted graffiti in the past and would like to try to prevent it in the future. They would also like a beautiful piece of artwork on their property that they can share with their neighbours.

The artists are committed to ensuring a high quality piece of art is put up on the properties. This creates a sense of wonder throughout the neighbourhood. So next time you are out and about North Central keep a look out for all the murals in the area. You can also visit our website at www.nccaregina.ca/north_central_murals/ where you can see all the different murals and their locations on an interactive map.

**NORTH
Central**

**Youth Night
with ART**

Night of Creativity & Fun!

**Friday, April 13
6 - 9 pm**

**1264 Athol St.
Albert Scott
Community Centre**

QUESTIONS? Call Jessica or
Charlotte at 791-9888 or email
projects@nccaregina.ca

film

dance

paint

food

theatre

music

graffiti

North Central Shared Facility: *Functional Programming is Underway*

by Allen Lefebvre

The main partners in the North Central Shared Facility, assisted by the architectural design team, are hard at work designing the new facility.

This phase of the work, called functional programming, is the process of analyzing the use of each space by function, rather than by who the user is. The integrated approach to services in the facility makes this a more complex process than normal. P3 Architecture Partnership, and their consultants with specialized experience in programming, are leading the process. On February 14, 2012 a World Café workshop was held with over 50 people from all the partner organizations in attendance, and this will be followed by a number of meetings involving all the project partners and user groups. The results of the functional programming will determine how the conceptual design will be redeveloped.

For the last decade many of the agencies and governments that serve North Central have recognized the benefits of integration: if they were able to build programs and

services together they would provide better service to residents. Integrated approaches to issues have occasionally been undertaken in response to a pressing issue in the community. But they have been approached as projects —with limited scope and life-span. Typically after several years the interest and energy of the project shifts to other priorities and they fade away, and pulling the partners back together often needs another crisis issue and requires substantial effort. The goal of the Shared Facility is to incorporate integrated approaches into everyday life within the facility. These approaches will become the norm not the exception, and the connections between the partners will become permanent rather than occasional.

Organizations have been talking about the benefits of integration for years, and this facility moves from talk to action. It will create a facility designed for this purpose, creating a unique environment that adds value to how the community is served —a non-traditional environment because traditional systems are not adequately meeting the community's needs.



Partner representatives participating in the World Café, February 14 at Scott Collegiate.

For further information about the project, please visit www.northcentralsharedfacility.ca or contact Allen Lefebvre, Project Coordinator, at shared.facility@rbe.sk.ca. A project office has now been set up at the Albert Scott Community Centre and will be staffed on a part-time basis.



Central Zone Outdoor Soccer

The season will run for 6 weeks from May 8 to June 16. Games will be played on Tues, Weds, and Thurs at the following locations: Core Park, Eastview Park, Gocki Park, Les Sherman Passive Park, Les Sherman Athletic Field, and Parkdale Park. The Season Wind-Up Tournament will be held on Sat, June 16, at Core Park, Les Sherman Athletic Field, Gocki Park, and the Core Ritchie Neighbourhood Centre.

Mail-in Registrations:

Registration forms are available by request from Ifrancis. heritage@sasktel.net. Please mail completed form including payment to Central Zone Board, c/o Heritage Community Association, #100 – 1654 11th Ave. Regina SK S4P 0H4

**Registration deadline is
APRIL 13, 2012.
LATE REGISTRATIONS
WILL NOT BE ACCEPTED**

FEES

U6 Teams	\$30
U8 Teams	\$40
U10, U12, U14 Teams	\$55

Please Note: Fee sponsorship is available. Please contact the Soccer Coordinator at 757-9952 for more information.

Without the support of parent volunteers, we will be unable to offer this program. We need a minimum of 20 coaches for the six-week soccer season. Time commitment will vary between 2 and 3 hours per week. Volunteers are also needed to help out at the wind-up tournament.



Transition is published twice a year by The Canadian Mental Health Association (Saskatchewan Division) Inc. Subscription by joining CMHA (SK) at \$15 per year.

Send original, unpublished articles, fiction, non-fiction, poetry, and visual art that represent current mental health issues and reflect on their impact on individuals.

Maximum manuscript lengths: articles – 15 pages; all other prose – 10 pages; poetry – 10 poems or 10 pages, whichever is less; visual art – 10 pieces.

Reprints and simultaneous submissions (to several magazines) are not considered.

Turnaround time is normally one issue or 6 months: do not send a second submission before the first has been reviewed.

Payment is \$25.00 per printed page (\$12.50/half page); \$20.00 per published visual art work; and \$100.00 for cover art.

Electronic submissions are preferred (with full contact information and a brief bio). Submit manuscripts in Word or WordPerfect format (12-point Times New Roman, double-spaced, 2.5 cm margins) as e-mail attachment to: contactus@cmhask.com or directly to the Editor attdyck@sasktel.net.

Or send hardcopy manuscripts (typed, one-sided, 12-point, double-spaced, 2.5 cm margins), together with self-addressed, stamped return envelopes with sufficient postage, to:

Transition
2702 12th Ave.
Regina, SK S4T 1J2

Send in your events for a FREE LISTING in the Community Calendar or Announcements section of your *North Central Community Connection* newspaper!

Deadline for June issue: MAY. 11, 2012

Community Calendar

Care & Share Seniors Lunch

Tuesdays at 11:45 a.m. Albert Scott Community Centre (1264 Athol Street) for \$4.00

“R” Healthy Food Store -

Mondays ONLY 11 a.m. - 1 p.m. - 1264 Athol Street (Second floor)

Youth in Harmony Program

Attention singers! Want to sing, travel, entertain & have fun? The Regina Youth Barbershop chorus is recruiting singers to compete in Orlando Florida next January. We offer free Voice Instruction, Music Resources, Travel & Accommodation and lots of fun. For information call Dave Pearce - 731-3267 email: pearces@sasktel.net

TransitLive pilot project

Regina Transit in partnership with Communities of Tomorrow and local company CRL Engineering - TransitLive research and development pilot project. TransitLive allows customers to access real-time schedule information on the arrival of their bus. Please visit www.transitlive.com and let us know what you think of this technology.

New Hours at the Transit Information Centre

(2124 11th Avenue). Open 7 a.m. to 6:30 p.m. weekdays, and 9 a.m. to 3:55 p.m. on Saturdays. Closed on Sundays. Real time arrival information is available 24 hours a day, 7 days a week by calling 777-RIDE and choosing option #1, or by visiting www.transitlive.com

After School Programs

The Albert Scott Community Centre has afterschool recreational opportunities for children and youth ages 6-12 years and 13-18 years
Ages 6-12 Ages 13-18
Monday - Thursday 3-5:30 p.m.
Monday - Thursday 3-5:30 p.m. (available space) Monday, Wednesday, Friday - 5:30-7 p.m. (Teens only)

ALL AGES

Saturdays 2:30- 5:30 p.m. (Children under 8 must be accompanied by a youth or adult) No cost, no pre-registration required Call 777-7033 for more details

INDOOR FLYERS CLUB

Ever dream of flying? We've got the next best thing! The Indoor Flying Club is open to children and youth ages 8-16 yrs. Come join us as we fly radio controlled helicopters. Learn new skills, meet new people and test your flight abilities against others. No cost and no pre-registration is required. DAY: Fridays (starting February 10) TIME: 3:15- 5:30 p.m. (Youth 12+ may stay to 7 p.m. for open gym time after the club) PLACE: Albert Scott Community Centre, 1264 Athol St. (Club will be held in the multi-purpose room)

Project People Friday Night

Socials at IMCF. This is a sober get-together every Friday, open to the community.

This is a partnership with Project People and Indian Métis Christian Fellowship. We are still looking for volunteer helpers and donations of snacks and coffee. Join us for an evening of positive energy, making new friends and fun!

This is not a meeting, but an easy sober get-together. Play a game, watch a movie or just sit and chat. Every Friday 7:00 p.m.-11:00 p.m. Prayer Lodge - at 3137 Dewdney, next door to Indian Métis Christian Fellowship

For information, call Lisa at 533-5117. Sorry no childcare available.

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2012 INTER-AGENCY
Chili Cook Off



Congrats

2012 Inter-Agency Chili Cook Off
Champs: Circle Project

Take out a NEWSLETTER PAGE in *North Central Community Connection*. SPECIAL RATES for NC non-profit agencies to celebrate your news & achievements, publish photos and advertise your programs. LAYOUT by Right Brain Creative Services INCLUDED IN FEE. Get in touch for details & rates by e-mailing editor@nccaregina.ca

North Central Community Connection is a bi-monthly newspaper published by the North Central Community Association (NCCA). The newspaper strives to be fair and balanced in its coverage of news, current events and community issues. The *Community Connection* is written for the people of North Central Regina in hopes of building community and providing valuable information.

Editor: Jan Morier
Design & Layout: Right Brain Creative Services

Thanks to contributors to this issue:

Carla Beck Erica Frank
Jessica Hanna Miranda Hanus
Julie Kendall Jan Morier
Michael Parker RAMP
Scott Collegiate Lisa Workman

North Central Community Connection is distributed to over 4,000 households in the North Central area. Copies are also available at the Albert Scott Community Centre and various North Central businesses.

Opinions expressed in the *North Central Community Connection* do not represent the NCCA.

We welcome all letters and submissions. The editor reserves the right to accept or reject and edit all submissions.



Mission Statement of
North Central
Community Association

Working together
with the community
of North Central
to enhance the quality of life
by representing,
promoting,
developing partnerships
and unifying
our community
and its image.



www.nccaregina.ca

NCCA Board of Directors

Board of Directors

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Tom Wright.....Past President



NORTH CENTRAL PHONE LIST

Schools	Albert Community School.....	791-8539
	Kitchener Community School.....	791-8516
	Sacred Heart Community School.....	791-7290
	Scott Collegiate.....	523-3500
	St. Luke.....	791-7248
	Wascana Community School.....	791-8528

Organizations & Agencies

Aboriginal Skilled Workers Association	337-0400
AIDS Program South Saskatchewan	924-8420
Albert Library	777-6076
Albert-Scott Community Centre	777-7033
All Nations Hope AIDS Network	924-8424
Bylaw Enforcement	777-7000
Chili for Children.....	359-7919
Circle Project	347-7515
Circle Project Childrens' Centre	569-3988
Ehrlo Sport Venture Program.....	751-2411
First Nations Employment Centre.....	924-1606
Four Directions Community Health	766-7540
Gathering Place	522-7494
Greystone Bereavement Centre	766-6946
Indian Métis Christian Fellowship (IMCF)	359-1096
Kids First Program	766-6792
Kids Help Phone	1-800-668-6868
Mobile Crisis Services	757-0127
Morning Star Ministries	757-8421
Newo Yotina Friendship Centre	525-5042
North Central Community Association (NCCA)	791-9888
North Central Community Health Office (Nurse)	757-1046
North Central Community Police Service	777-6450
North Central Family Centre	347-2552
North Central Kids Music Program	545-3737
Oxford House Society of Regina Inc.	205-7355
Pasqua Hospital	766-2222
Public Health Inspector.....	766-7755
Rainbow Youth Centre.....	757-9743
Regina Alternative Measures Program (RAMP).....	352-5424
Regina Education & Action on Child Hunger (REACH)...	347-3224
Regina City Police	777-6500
Regina Crime Stoppers	545-8477
Regina Fire & Protective Services.....	777-7830
Regina Food Bank.....	791-6533
Regina Police Substandard Housing Enforcement Team..	777-6399
Regina Sexual Assault Line (24 hrs).....	352-0434
Rentalsman	787-2699
R Healthy Food Store	359-0541
Safer Communities & Neighbourhoods (SCAN)..	1-866-51-SAFER
SaskPower (inspections).....	566-2500
Saskatchewan Rental Housing Supplement	787-4723
SEARCH	551-3366
Sepak Takraw Saskatchewan (STAS)	584-8778
Souls Harbour Rescue Mission & Youth Centre	543-0011
Street Culture Kidz	565-6206
SWAP.....	525-1722
Traditional Grandmothers' Guidance Centre	352-2241
Transitions to Trades	791-9530
YMCA of Regina	757-9622

Want the number of your agency in this space? Call us to add it: 791-9888

**DEADLINE for
JUNE ISSUE
May 11, 2012**

North Central Community Connection
1264 Athol Street
Regina SK S4T 7V3
Phone: 791-9888
Fax: 757-1052
e-mail: editor@nccaregina.ca



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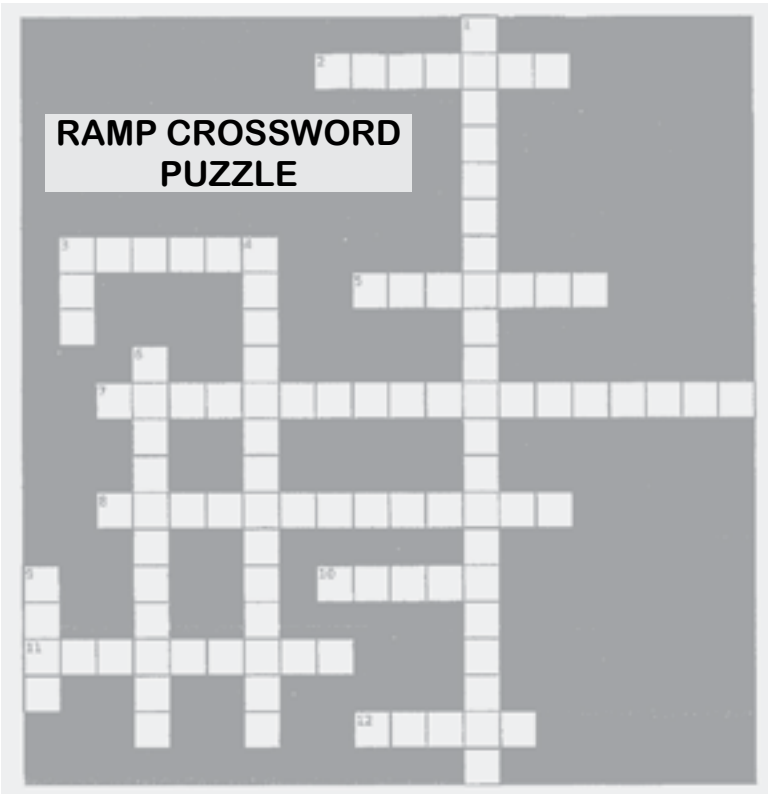
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 Saturday 9 - 5
 Sunday 12 - 4

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359-3331
 1262 Albert St. (Albert & 7th)
www.smithsinsurance.ca





Julie Kendall

ACROSS

- 2 Request for forgiveness
- 3 Legal representative
- 5 To do victim offender mediations a case worker must be
- 7 This is a process where the needs of victims, offenders & the community are met to repair any harm that has been caused. (2 words)
- 8 is the process of becoming a victim
- 10 A public officer authorized to hear and decide cases in the court of law.
- 11 A _____ is a meeting where the victim and offender come to an agreement of what will repair the harm that has been caused.
- 12 A place where justice is administered

DOWN

- 1 Work without pay (3 words)
- 3 A person cannot wrongfully take personal goods or property of another because it is against the ...
- 4 To participate in RAMP the responsible party must take full ...
- 6 Repayment
- 9 A place where restorative justice is administered



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Home games

Fri, June 22 @ 8:00 p.m.	Sun, Jul 8 @ 6:00 p.m.
Sat, Jul 14 @ 2:00 p.m.	Sat, Jul 28 @ 5:00 p.m.
Sat, Aug 25 @ 2:00 p.m.	Sun, Sep 2 @ 3:00 p.m.
Sun, Sep 23 @ 3:00 p.m.	Sat, Sep 29 @ 9:00 p.m.
Sat, Oct 20 @ 2:30 p.m.	Sat, Oct 27 @ 3:00 p.m.