



A project in Germany using shipping containers for temporary homeless youth housing.

Contaminated land that once housed a service station could support life. Used and abandoned shipping containers could be transformed into serviceable housing.

Lost souls living in cars or crates could find a new home and renewed hope in a North Central Regina visionary village.

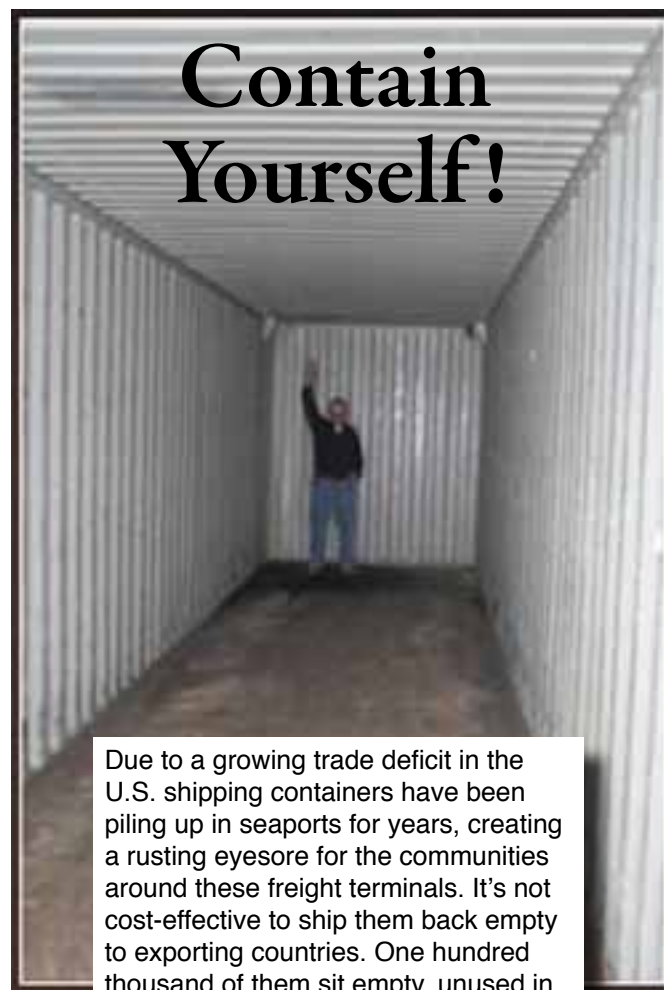
The concept of container housing has been successful in other centres – Great Britain, France, Germany, Thailand and across the U.S. Serving as take-out delis, student housing or luxurious, energy-efficient multi-floor homes. Shipping containers offer a sturdy compact shelter that can be ‘shipped’ off the property or made to be permanent.

The steel containers are approximately 400 square feet of space that can be fashioned with dividers for sleeping and washroom areas. They are ventilated with a door and windows and have a ceiling fan in the bathroom. There is a common pipe for water access and all heating is electric. To ensure coziness, blue spray insulation with the proper R-factor for our prairie winters would be used before cladding the exterior. The containers would be ‘staged’ in a central location and delivered to a site.

Ray Van Dusen is a concerned citizen in Regina. Retired from the Regina Police Services, he’s seen his share of sorrow in North Central. “North Central has a future, we just have to create it. Take away the labels and we’re a community of people with basic human needs and human rights.”

“Community could take ownership. We could be put in charge of rentals, renovations and turn the money back into the community. There is no reason why these container homes couldn’t be built, managed and used by inner city residents. There is much untapped talent in North Central.”

The project would create jobs, including a management team employing people to do laundry, housekeeping, etc. A lifeskills class component would be included.



Contain Yourself!

Due to a growing trade deficit in the U.S. shipping containers have been piling up in seaports for years, creating a rusting eyesore for the communities around these freight terminals. It’s not cost-effective to ship them back empty to exporting countries. One hundred thousand of them sit empty, unused in the United States.

To illustrate the difference it could make to human beings, Ray asks you to think about the first thing that you see when you open your eyes in the morning. This becomes your interpretation of the world. If you see a tidy room, filled with creature comforts, even beauty, the world is hopeful. At the very least, you see a roof over your head, a private space to think your thoughts, to make plans for your day. In the evening, it’s a sanctuary with a warm blanket, a soft surface.

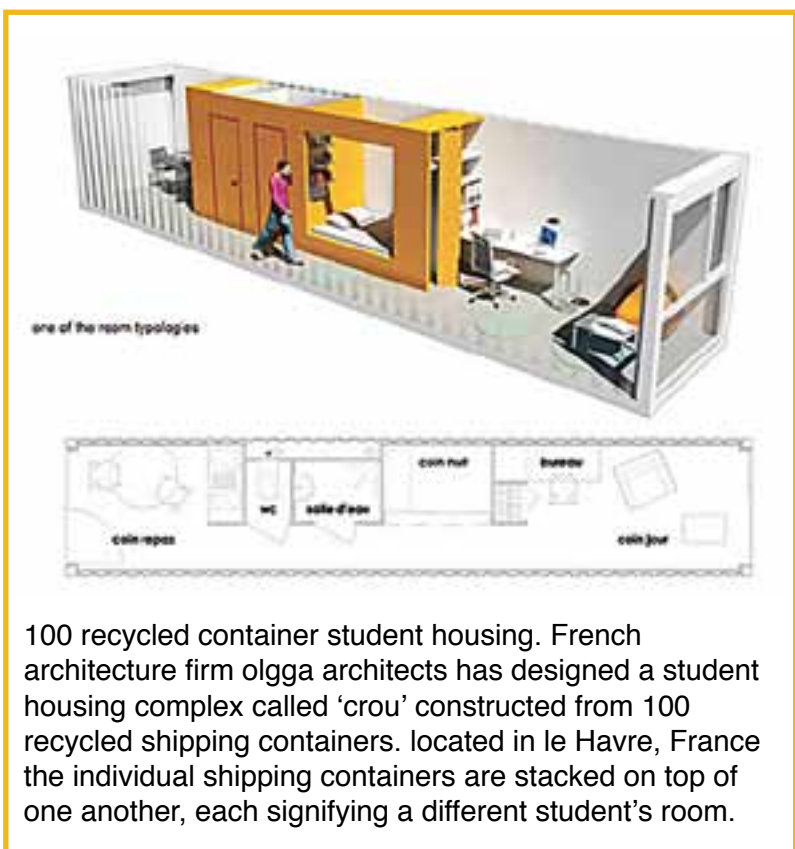
Pie in the sky? You have to dream before something happens. It’s been tried in Vancouver to overwhelming response, not the least of which is its considerable cost-effectiveness. What about in Regina? There are inquiries to make, engineers to consult. There’s a need to establish how the pylons will sit on Regina soil. Building codes, fire regulations and standards need to be met. Not to mention zoning and availability of vacant lots. Can you see it?

New construction isn’t permitted on contaminated land, as the excavation would disturb latent chemicals underground, so the containers are placed on pylons.

The standard measurement for a steel shipping container is 40 feet long x 8 ft wide, 8.6 ft tall.

It has been nicknamed the ‘strongest box in the world’, made to withstand the open seas for shipping goods around the world.

Innovations in modular furniture and space-saving folding furniture can make the most out of small spaces.



100 recycled container student housing. French architecture firm olgga architects has designed a student housing complex called ‘crou’ constructed from 100 recycled shipping containers. located in le Havre, France the individual shipping containers are stacked on top of one another, each signifying a different student’s room.

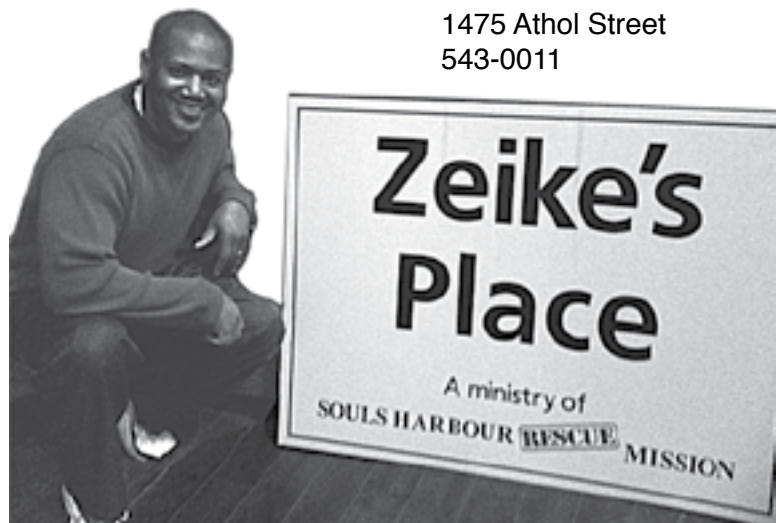
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COMMUNITY

Voices

YOUR VOICE



1475 Athol Street
543-0011

At the heart of this – we want to have a positive impact on youth who come here. We want them to feel safe.” says Albert Rapley. This summer Souls Harbour Rescue Mission opened Zeike’s Place Youth Centre. Albert Rapley, the centre’s Manager, has faith that this vision of a haven will draw young people in.

At Zeike’s Place you’ll want to hear the story behind the name. Before the centre opened in August, Souls Harbour held a contest to find a name for the new facility. Zeike is short for Ezekiel – the prophet who raised dry bones back to life. Add to that a subtle connection with “Pile o’ Bones” rebirth as Regina. And then there’s the centre’s home. St. Andrew’s United Church on Dewdney and Athol – was once a vibrant house of worship. It was forsaken, due to an aging member demographic. With a vision of renewal, Souls Harbour has breathed new life into this gathering place. It has raised the dry bones of a building and hopes to re-energize our community’s youth as well.

Some youth live in circumstances or homes that make it dangerous to hope. They need a focus to revitalize their dreams. And there are those adults who see more than meets the eye in these young folks. They wish to touch the lives of youth in a positive way, to show how healthy relationships are started and nurtured. “They are here to help draw out the good in young people,” says Albert Rapley. “And we need more of them.”

Rapley is looking for passionate individuals who want to work with the programs in place and the inspired folk who wish to start new programs. Community events are planned to recruit role models – all ages, men and women. They are needed to mentor the youth in a ‘no-gang’ zone. Volunteers are trained in what to look for; youth are informed of what to abide by. Having run programs at the Core-Ritchie Centre and the Dojack Centre, Pastor Rapley knows how very much Zeike’s Place is needed.

Zeike’s Place is open from 3:00 to 5:00 as well as Monday, Wednesday and Friday evenings from 7:00 to 10:00 p.m. Mondays are popular as “Rider Nights” when 3 or 4 members of the team hang out for games of dodge ball or pool. “We certainly need more volunteers on those nights!” Rapley assures.

At this time, programs include literacy and talent programs, book clubs, leadership training and peer discussions. A 7-week bible study called the Youth Alpha Program is offered for 11 to 13 year olds with ‘pick up and delivery’ service. “In everything we do, we put a healthy lifestyle forward to guide young people to live a good life.” says Albert Rapley. “We’re here to help improve the lives of youth, to help them develop their own skills.”

The future is at stake.

After a gap of 32 years, a North Central football team was resurrected in 2005. That was the year that Brandon Brooks moved to Regina from Denham Springs, Louisiana. While waiting for his paperwork to clear in order to start working here, he looked around to see what needed doing.

“All I was able to do was volunteer,” he said. “so I wanted it to be what I loved best.” As a former college player, Brandon approached the Regina Minor Football League to offer his services as a coach for a team in the inner city, “...Because I believe that’s where the talent is at!” The team was originally called the Peewee Blues. In the first year the North Central Lakers started the season with 60 players and ended with 20. This fall, 40 came out and they now sit at 28, so the numbers of focused youth are improving.

Brandon tells the youth “if you’re not committed, you won’t succeed.” That original

group of 20 remained committed for their full span of eligibility (ages 13 to 15). Their willingness to continue as team players has seen them move ahead into other sports or excel at football. The starting quarterback at Martin Collegiate is a former NC Laker, Timothy Stonechild. Myles Ledesma now plays football for Athol Murray College of Notre Dame.

The game builds character. It gives individual young men the clarity to see what they can achieve with teamwork and establishes ownership. Coach Brooks demands total commitment from serious players. He begins by visiting schools in North Central speaking to fellows in the 13 to 15 year range. “If I can recruit 3 youth from each school, I consider that a success.”



Elias Deserly, Coach Brandon Brooks and Myles Ledesma
photo by Christy Penner, October, 2009

“Last year we tried something new,” Coach explains. “We took in youth from the South end of the city. There was reluctance at first, but they came together for the love of the game. A team uniform is the great equalizer – when you see the helmets you see a team. That support rose up to include family members and we had a winning year! Since many of them have reached their upper age limit for the division, we had to start over this year.”

This year’s team is very young, but Brandon sees massive potential. “They’re also the funniest bunch of kids I’ve ever coached!” he laughs. That’s a good sign. They need a sense of humour to learn to face adversity and challenges. In his job as a jail guard at the Regina Correctional Centre, Brandon Brooks sees the result of men who could not take responsibility for their lives. “Youth need discipline. If you’ve made a mistake - own it, fix it, and you’ll mature.”

Now the Lakers are in mid-season with 3 win – 2 loss record. They’re fighting for their playoff lives. Coach Brooks’ job is to have them do better. He communicates with the team through Facebook to remind them of practices, to encourage them in other aspects of their lives, and to stay connected in the off-season.

Coach Brooks is also thrilled with the community support. “It’s been phenomenal! Huge thank you to the Chaskiewitz family for their sponsorship. Sask Energy has donated funds for trophies. We’ve also had continuous support from Kids Sport, Canadian Tire, and True Sport.” The North Central Lakers depend on donations and fund raising activities to keep the team running. “It has been a tough year,” he admits. “We’ve lost sponsorships based on stories that have been circulated about the team’s association with a case waiting for its day in court.”

“Some of the boys can’t afford cleats, team photos, some can’t even come up with the \$30 registration. There are off-season camps and clinics we’d like to send them to, it all takes funding.” The team holds a formal banquet and awards night to cap off and celebrate their team building. They feed them the day before the games through healthy nutritional meals donated by family members. They encourage healthy living through sharing circles to achieve balance in their social, spiritual, physical and mental lives. Simply following a schedule of practices and games brings a good discipline into their lives.

The North Central Lakers Football team is holding a Steak Night at the Press Box on October 16. Tickets are \$20. and are available from Brandon Brooks – 529-3891.

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by Amanda Willcox

The 2010 gardening season may be over, but the future of the North Central Community Gardens is just beginning to blossom.

This season has shown many successes and many downfalls in the gardens. The successes include getting people involved and the continued use of educational signage to inform people what is ready to be picked and when.



Volunteers braid sweetgrass in the Garnet Street Garden

Throughout the season we had many different groups in the gardens to help to keep them looking great and weed free. The Canadian Mental Health Association dedicated three visits a week and they deserve a great thank-you. Twice a week throughout the summer the North Central Dream Team had drop-in volunteer times where anyone from the community could socialize and spend some time in the plots. Thank you to everyone who nurtured the growth of fruit and vegetables.

Near the end of the season, however, the gardens were not looking like an oasis of vegetables, as much as a plot of dirt that had nothing in it. This was due to many of the vegetables being pulled out too early or improperly harvested. This has been a very discouraging occurrence. Every time neighbours were hoping to take fresh food to their family for supper, they saw withering plant tops and spoilage. By the beginning of August there were no potato plants left as they had all been pulled up and left to die. Whether this was due to a lack of education on how potatoes grow or out-and-out vandalism toward the gardens, we may never know. No matter what the reason, this is still very disheartening.

On September 2nd a meeting was held to decide the future of the gardens and whether or not the gardens are even wanted in North Central Regina. Despite a low turnout, there was lively discussion and great insight into to what the future of the gardens should look like. There was talk of possibly changing the way that planting day is carried out and these changes may be made

next year. There was also talk of possibly putting up fences on some of the properties to deter those who wish to harm the gardens. We discussed building more raised beds, like the ones already in place in each of the plots.

This meeting was successful and optimistic, thanks to everyone who took part and gave their input. We also thank members of the City of Regina (Dept. of Social Development) for their continued support of the community gardens. The future is still being worked out and if you have an idea of what you'd like to see, you can contact the North Central Community Association (791-9888) and share your vision.

I would like to say thank you to all those who helped me through the summer and made it such a rewarding and wonderful time. The children were excellent helpers and companions. There were many who helped make my summer enjoyable and they need to be thanked for their dedication to the North Central Community Gardens. I appreciate all that has been done and cannot wait until the gardens start up again next year.

Welfare Rights Centre HOUSING REGISTRY Launch

The Welfare Rights Centre (WRC) has created an online housing registry to better support Reginans at the margins. Currently, there is no city-wide network in place that would allow potential renters to be quickly matched with available properties. Homelessness is expensive both in terms of quality of life for those affected and in terms of providing services for those who are homeless. The hope is to ease the burden on both fronts.

With low vacancy rates and high costs, housing is an acute problem in Regina. Emergency shelters are at times overburdened. The Welfare Rights Centre saw the fragmentation of housing listings as problematic – one unified registry can hopefully overcome these problems.

The WRC uses a three-pronged approach to security. First, they post only listings; client details are never listed online. Second, to access their website, an account must be set up; WRC can remove a user's privileges instantly and permanently. Finally, the registry operates in an "https://" environment. This is the same kind of security used in internet banking. Before the registry, The Welfare Rights Centre typically had 5-10 listings posted at the Centre. Since the Registry's inception, they now have 100-150 listings posted.

Partnering Community-Based Organizations:

- Regina Open Door Society
- Young Women's Christian Assoc.
- North Central Community Assoc.
- Regina Residential Resource Centre
- Phoenix Residential Society
- Regina Anti-Poverty Ministry
- North Central Family Centre
- Salvation Army
- Regina Alternative Measures Program
- Canadian Mental Health Assoc.

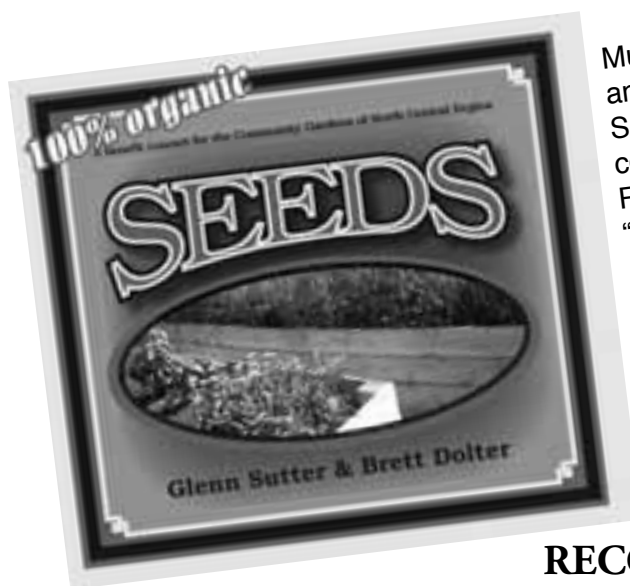
More agencies are on the way to signing in, each with their own registration name and password.

THE REGISTRY IN ACTION

Landlord Posts: Landlords and CBOs are able to post listings to the registry. In so doing, a complete picture of the amenities of the property is entered – things such as proximity to transit that are often missed in traditional listings are included.

CBOs View: All CBOs have the power to instantly view, for example, only properties in the \$800 range with 2 bedrooms. Because all properties can be searched at once and because CBOs can judge the suitability of clients based on the registry's information, more appropriate matches can be made. Match is Made: Once the CBO finds a suitable property for their client, a call is made. If the landlord, CBO and client approve, a match is made. Traditionally, if a client wanted a pet-friendly, one-bedroom apartment for under \$800, they would have to check many websites over many days and hope that something shows up. With the registry, the same client can walk into WRC or another office and that same search that would have taken them hours (assuming they had web access) can be completed in seconds. The executive of The Welfare Rights Centre began pursuing the project in early 2010. Research for the registry began in June. WRC's summer student Graham Purse designed the registry using Google Apps. The registry went live at the end of July, 2010.

Virginia McCrank, Housing Coordinator for The Welfare Rights Centre says, "It's a dream come true! There is an amazing reduction in the time it takes to find homes." Staff members at the Regina Open Door Society agree. "This is an excellent resource. It is also very easy to use."



Musicians Glenn Sutter and Brett Dolter were each Saskatchewan finalists as contributing artists to CBC Radio 3's David Suzuki's "Playlist for the Planet".

Congrats to Glenn Sutter! He made the cut and will have his original composition "Weight of the World" as one of the selections for Playlist for the Planet.

RECORDED LIVE

at the **Royal Saskatchewan Museum**
on **Earth Day, 2010**

SEEDS - A Benefit Concert
for the **COMMUNITY GARDENS**
of **North Central Regina!**

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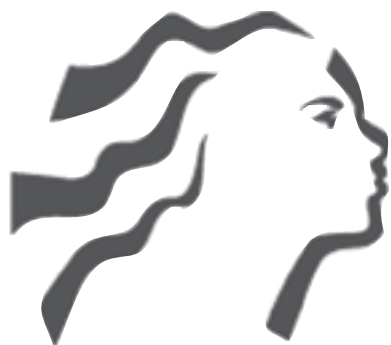
available at the
NCCA office
1264 Athol Street



Keep Our Community Safe!

Stay away from trouble. Don't invite people who have unhealthy lifestyles into your life. If you do party, be with people you know, in places you know. Set boundaries for yourself. Don't put yourself in harm's way.

Know who your kids are hanging around with and who is coming into your home with them. Be a presence with your kids. Go to the playground



with them. Volunteer to be at the youth centre with them. If you see a known sex offender around children when you know they are not allowed to be around children, report them to the police.

The blocks in our neighbourhood where the residents feel safe are the ones who look out for each other and watch what is going on and who is coming and going. Talk to your neighbours and know who they are. You don't

have to be the neighbourhood gossip, but be aware enough to recognize when something is wrong.

We can't always control what happens. If you are a victim of a crime, it is important to report it. Even if you think that nothing will come of it, at least the information is out there and can be connected with other incidents.

You don't have to be paranoid and living under a rock. Just be more aware of what is going on and share what you know with others.



Auntie says.....

Some people might think that our community is unsafe. It is our own responsibility to keep it safe.

Hey North Central!
I am a certified life skills coach and I would love to hear from you.

Send your letters or article ideas to:

"Dear Auntie"
North Central
Community Connection

1264 Athol St. (2nd floor)
Regina, S4T 0J5

or e-mail to:
editor@nccaregina.ca

Regina Public Library Presents its Third Mayor's MEGA-MINUTE READING CHALLENGE

Parents/Guardians of Elementary School Students! Mayor Fiocco is challenging the children of Regina, from Kindergarten to Grade 8, to collectively read for more than 11 million minutes during October.

Your kids are encouraged to read as much as they can during this Challenge. The more they read, the better their chances of winning one of the great prizes being offered. To participate, your kids need to record the minutes they read, or are read to, from October 1st to 31st. They can participate in the Challenge as individuals

and as part of their class at school.

Fifteen individual prizes will be drawn for each week. All entries received by October 31st will be entered to win great prizes, including two \$500 gift cards to an electronics store, two bicycles valued at \$350 each and the Grand Prize Draw of a trip to a California theme park for four people plus \$500 (CDN) spending money!

Encourage your child to read and keep track of his/her reading by submitting a Reading Log.

Copies may be picked up at any Regina Public Library location or printed from the web site at www.mayorsreadingchallenge.ca

RPL has partnered with both Regina Catholic Schools and Regina Public Schools to host visiting authors and illustrators at schools and libraries throughout the four-week period. These presentations will not only be fun, but will count towards the children's reading goals. For details on rules, contest prizes, author visits, and reading minute totals, visit: www.mayorsreadingchallenge.ca

School Report Card

by Carla Beck

Greetings! I hope that you have all had a good summer. I was happy for the break, and am now ready to get back into the swing of things and out into the community.

Earlier this year the Board heard two presentations that brought forth information regarding Community School staffing. Community Schools are designated by the province and School Divisions are given extra funding to support staffing and programming at these schools. Community Schools were established in Saskatchewan in the eighties as a response to concerns around high levels of poverty in certain communities, and particularly amongst urban Aboriginal students. The model is undergoing change in Regina Public Schools.

We heard about a report released this past May by the Saskatchewan Educational Leadership Unit (SELU) at the University of Saskatchewan noting the marked improvement in student achievement at Albert Community School. Albert was chosen as a Beacon School due to a marked increase in student math scores. This improvement was not an accident and was the result of a lot of hard work and dedication on the part of school-based administration and staff, students and parents. This is to be celebrated.

However, the same SELU document cautions that there are significant issues in the areas of student engagement and the relationships between school, community and home. The same document notes tension between Ministry personnel and Regina Public School



Division administrators around the modification of community school staffing.

Many Community Co-ordinator and some Teaching Associates positions were created as part of the community school model. Recently, many of these positions have been "converted" in community schools - and additional numeracy and literacy specialists have been added. We are told that this has been done without job

losses *per se*, after retirements or resignations. As noted above, this has not been without positive results in terms of assessment data but I do not believe that to be the whole picture.

The Board has heard very clearly from the Elders that relationships are key to supporting and engaging First Nations and Métis families and communities in schools. I know that those relationships are very important to many families. As a parent, I value events at the school that bring students, staff, parents and community members together in the school. In many schools, events such as traditional feasts, after-school programs, clothing banks, and other community engagement activities are facilitated by Community Co-ordinators.

Such events should not be devalued and dismissed as somehow outside the real work of schools. These events serve to help students and families feel welcome and safe in their schools and they contribute to the schooling experience. That is "good" in and of itself. It is not necessary to portray student achievement

and school community development as opposing forces. Quality education requires both.

Principals and Vice-principals can and often do make great efforts to be sensitive and supportive to all students and families. But we also know that in-school administrators are fully engaged in the Learning Improvement Plans at their schools and are very busy. We have also heard concerns that the frequency of Principal and vice-principal turnover in some communities makes it difficult for the important relationship building to occur.

Community Co-ordinators and Teacher Associates positions were designed to support, consult and engage communities. This type of engagement is difficult to quantify with assessment data, but is important to students and communities.

When we fail to meaningfully engage and consult parents and communities, we miss an opportunity to improve the

educational experience of our students and to strengthen the communities that they live in.

As noted in *Building Communities of Hope*, a document looking at best practices in meeting the need of students, "The participation of Indian and Métis peoples in the school is key to successfully implementing the Community School model." (p.22). The participation of community is key to creating supportive learning environments in all of our schools. We all have gifts to share with our students and schools. Let's find a way to work together to support our neighbourhood schools.

"We all have GIFTS to share with our students & schools. Let's find a way to work together to SUPPORT our neighbourhood schools."



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FRIENDSHIP CENTRE



David Bighead,
Executive Director

What are Friendship Centres?

Aboriginal Friendship Centres are the country's most significant off-reserve Aboriginal service infrastructure. The National Association of Friendship Centres, or NAFC, is a network of 118 centres from coast to coast. The NAFC was established in 1972 to represent, nationally, the growing number of Friendship Centres that had emerged across Canada.

The overall purpose of Friendship Centres is to provide tools for Aboriginal people to succeed in all areas of Canadian society.

Mission Statement "The Newo Yotina Friendship Centre, a broad-based collaborative community initiative, assists in the transition of Aboriginal people in our community to pursue opportunities which will enhance their quality of life. The organization will provide quality programs and services to meet the needs of both Aboriginal and non-Aboriginal community members in Regina."

Services Offered - People may drop in for toast and coffee, relax in front of a television with video games and movies. The centres offer income tax preparation and resumé preparation. There are client advocacy services, food bank referrals, client phone messages and general referrals. Free second-hand clothing is available and public computers with internet access are there to use.

With community input Newo Yotina is looking to expand future services to meet the needs of Aboriginal and non-Aboriginal community members in Regina.

It means Four Winds. Most Friendship Centres were very active in the 1970s but closed down in 2005 or 2006. Soon after their shutting down, organizers found that people missed the fellowship and wanted the centres re-established.

New entities have since been formed with no affiliation to the previous ones. The Friendship Centres regained non-profit status. There are now 12 centres across the province, with Prince Albert boasting the longest-running one.

Newo Yotina is looking at fund-raising activities, and has held two events this past summer, National Aboriginal Day in June and a Family Fun Day in August.

Staff are setting up a Membership Drive to encourage ownership of the centre. \$2 a year gets benefits including voting privileges. David beams when he speaks about a client of Friendship Centre who lived at Souls Harbour, located across the street on Angus. The man came in on a daily basis and one day he picked up a broom and a vacuum cleaner and started tidying up. He was soon hired on as the maintenance man, a decision David says was the best one he's ever made. A young student arrived in March, 2010 to do her practicum, she is now a full time employee at the centre.

The location is great in its path between downtown and North Central, encouraging walk-in traffic.

Newo Yotina can refer clients to other agencies and often acts as a listening ear. It's developing partnerships and programs which will instill cultural appreciation, including language classes, spiritual teachings and elder programs.

Newo Yotina is looking for computer donations to upgrade the ones in use by the public. They also accept donations of clothing and small appliances for free distribution at the Friendship Centre.

Executive Director David Bighead was raised in Prince Albert, graduated from the First Nations University / University of Regina in 1995. After a term working with the Department of Indian Affairs, he moved back to Regina. He's proud to be a part of Newo Yotina, saying "Friendship Centres are back and better than ever!"

Core funding for Friendship Centres is received from Canadian Heritage

WELCOME to North Central Community Association's new Office Manager Roxanne Rourke. She began the position in August and admits her former perception of North Central has changed! Roxanne loves our office environment of busy-ness and interaction.

"Everybody shares the load here and pitches in with a variety of tasks. Nobody says 'it's not in my job description!'" When she's not occupied with our office and community needs, Roxanne is mom to four children in elementary and high school and, if

Roxanne Rourke



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that wasn't enough, she is enrolled in a three-year online course on Addiction Services at Athabasca University.

Roxanne is presently co-ordinating the adult art classes and is intrigued by the variety of projects ahead. "I know I have big boots to fill, but I'm eager to work for the neighbourhood."

FAREWELL to three valued staff members: **Denise Cook**, our former Office Manager left for new adventures in Winnipeg in August. Farewell to **Julie McMillan**, able assistant to the NCCA Life Skills Program. And thank yous go to **Amanda Willcox**, the Community Gardens' very able Garden Gnome.

TIMES HERALD

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North Central Shared Facility

Together We're Building Our Community

Allen Lefebvre, Project Coordinator



The concept for the North Central Shared Facility has been evolving since 2003 as various stakeholders in the North Central community have explored new and better ways to serve the community. Driven by the need for adequate physical space, a commitment to continue or expand their investment in the community, and a strong desire to work in a collaborative/integrated fashion, these agencies have been pushing the delivery of services to a higher level.

Initially seen as a simple co-location of agencies with Scott Collegiate, it evolved first into a shared facility where space could be used more efficiently, and then to a fully integrated model where the stakeholders share common goals and work together as a team. Throughout this evolution the list of partners has continued to grow.

To inquire further about the project, please visit www.northcentralsharedfacility.ca or contact Allen Lefebvre, Project Coordinator, at shared.facility@rbe.sk.ca.

This facility is about helping each student do well in school, supporting each family to lead healthier lives, and providing increased opportunities for each community resident to take part in community life. It's not just a building - it's about supporting a new way of cooperatively delivering service, a new way of educating students, and an opportunity to strengthen community leadership. All of this is anchored in the vision for North Central developed by the community.

This initiative is a unique opportunity to model collaboration, apply it in a very practical way, contribute to the revitalization of an inner city neighbourhood, and enable "learning across the community."

The Fall of 2010 has brought renewed work on the North Central Shared Facility, the project proposed for the site of Scott Collegiate and the Albert Scott Community Centre. While funding and approvals are still being sought, the partners have continued to work on the program linkages that will allow the project to be truly successful in the long term. Elements of the project will be highlighted in the next several issues of *North Central Community Connection*.

History of discussions and activity:

- 2003 Community Vision & Action Plan
- Regina Inner City Community Partnership conversations
- 2006 Phase 1: Co-location Concept
- 2007 Phase 2: Shared Services Concept
- 2008 Phase 3: Integration Concept

Project Partners:

- Albert Branch of the Regina Public Library
- City of Regina
- File Hills Qu'Appelle Tribal Council (observer)
- Ministry of Corrections, Public Safety and Policing
- Ministry of Education
- North Central Community Assoc.
- REACH (Regina Education and Action on Child Hunger)
- Regina Catholic Schools
- Regina Police Service
- Regina Public Schools
- Regina Qu'Appelle Health Region
- Scott Infant & Toddler Care Centre
- Service Canada

Central Green



Designs by Fielding Nair International

Message from the Office - Welcome Back!

Scott Collegiate staff and students are looking forward to a terrific school year. Our enrollment is up from last year and we have many exciting initiatives taking place.

This year sees our students, for a part of their day, divided by grade groups and being taught by a team of teachers. To facilitate this we have created new learning spaces on both the main and second floor and changed the configuration of our Resource Centre. These changes have created a wonderful learning environment for our students.

Our volleyball team and cross country team are active



Rod Allen
Principal



Mike Tomchuk
Vice-principal

already, with the girls volleyball boasting a 2 – 1 record. Our cross country team has their first run Tuesday, September 21st. Our students have also attended Treaty 4 celebrations at Fort Qu’Appelle. Later this fall students will be travelling to Saskatoon to visit Wanuskewin and our grade 9’s will be going on an overnight trip to the Cypress Hills.

We encourage you to think about joining our School Community Council. This active group has already organized a Feast which took place on Thursday, September 16th. Our AGM is set for October 20th at 5 p.m. Please join us for that meeting. We have a wonderful group of parents, alumni and

community members on the council who are already planning our annual Round Dance, set for February 18th.

Scott Collegiate is a proud member of North Central Regina and we look forward to working with the community to ensure our youth have every chance for a bright future.

Upcoming Events

Oct 15th	Report Cards issued
Oct 27th	Parent – Teacher conferences
Nov 10th	11 a.m. – Remembrance Day Ceremony



Scott students working with the Dunlop Art Gallery at the Central Library downtown. They were picking artwork that matched some of the photography they produced for their show which was on display during the summer at the library. Students are Keegan Francis, Tiffany Couperthwaite, Lacy Peigan, and Elyjah Anaskan.



Grade 10 Project

Grade 10 students will be given an opportunity this year to be involved in project-based learning. Through this project they will earn 6 credits instead of the usual 4. We have integrated credits together making it easier for students to be successful in many subject areas including: English Language Arts A10, ELA B10, Native Studies 10, School to Work 10, Information Processing 10 and Art 10.

In semester one, students will have the chance to design and create a Culture Room. They will transform a classroom into an area for all students and elders to experience their culture. The students’ ideas will be used to paint, decorate and set up the space in Scott Collegiate’s first Culture Room. In semester two, we will be bringing back Hip Hop School, offer Driver Training, send students out on Work Placements as well as other projects that are of interest to our students. The teachers who are heading this project are Ms. Christopherson, Ms. Ratt and Ms. Agarand.



photo by Mark Taylor

North Central Portraits

photo by Jacques Charrier



by Phillip Charrier

I have taught history at the University of Regina since 2001, and have also worked in Britain, India and Japan.

These photographs form part of a larger project to document the changing landscape of Regina's old, railway-based neighbourhoods.

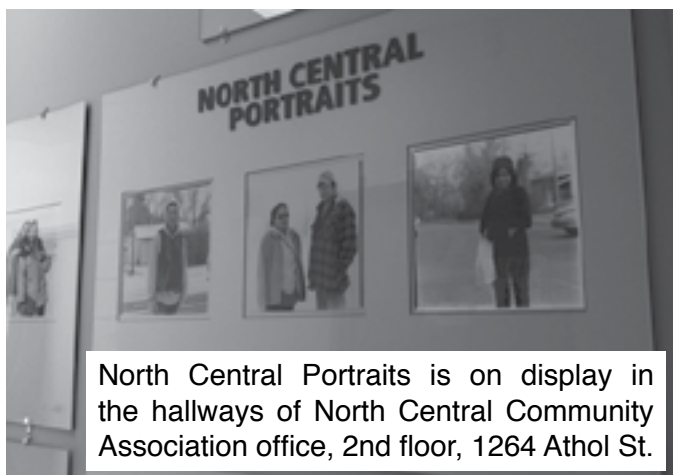
What started as an idea for a magazine article grew into a plan for a book. The strength, openness, and kindness of the people I met in North Central, visible in the photographs, encouraged me to separate these images out from the landscapes of streets, back alleys, and individual houses. It seemed right to exhibit them in the neighbourhood where they originated.

The strikingly 'real' look of the pictures derives from their having been exposed on film in the most basic way possible. Due to the slow nature of working with old 6 x 6 cameras, I could not have made these portraits without the patient co-operation of my subjects. We met and

talked, and the pictures came of those encounters. The prints, which were done in a darkroom, have not been cropped or manipulated in any way. In an age where digital images are enhanced and altered as a matter of course, it can be difficult to believe in the 'truth' of photographs as straight records of what was before the lens. I hope these portraits succeed in doing just that.

I would like to thank all those who interrupted their day to be photographed and regret that the freezing of my camera on the coldest winter days and some commercial film processing errors resulted in a few portraits being lost. I also wish to express my gratitude to my family for their unwavering interest and encouragement, and to Don Hall for tirelessly supporting and guiding me in all matters photographic – and more.

see images at www.cbc.ca/video/#/News/Canada/Saskatchewan/ID=1594440877



Homegrown Talent CELEBRATED North Central Community History Project

By Yolanda Hansen

What do former Saskatchewan Roughrider and CFL Hall of Famer **Bill Clarke**, philanthropist **Jacqui Schumiatcher** and **Streetheart** bassist **Ken "Spider" Sinnaeve** have in common? They're all well-known, distinguished in their field, and they have all lived in North Central.

Surprised? Don't be! There are many well-known people who have roots in North Central, and an exciting collaborative research project is designed to dig up these stories. The North Central Community Association, Regina Plains Museum and University of Regina are working together on a community history project that will share profiles of important people from the neighbourhood and graduates of Scott Collegiate. From sport, arts & culture, business, politics, community work and more, there are many fields in which North Central residents have excelled.

This project got an important start during the summer. Ntawnis Piapot, a Scott Collegiate and First Nations University graduate, conducted interview with past and current residents about their accomplishments and memories of the neighbourhood.

If you have important stories or accomplishments to share with us, please contact us at northcentral.hp@gmail.com

Important North Central residents:

Roger Ing

– Chinese Canadian artist Roger Ing (1933 - 2008) owned and operated the **New Utopia Café** on Dewdney Avenue while pursuing his passion for art. His unique blend of classical Chinese and modernism abstract painting was coined "Rogerism" and is known internationally.

Timothy Long – (1961 -) Timothy was born and raised in North Central and is currently the Head Curator for the **MacKenzie Art Gallery**. Some of his greatest achievements include celebrating art and artists from Saskatchewan through MacKenzie art exhibits. He has fond memories of walking in the neighbourhood and the creative outlets for kids in the community.

Kevin Daniels – Kevin (1961 -), a scriptwriter and former national vice-chief of the **Congress of Aboriginal People**, grew up in North Central and his experiences fuelled a life-long passion for politics and improving the lives of urban Aboriginal people. He knew he wanted to fight for change at young age: today his voice is heard through film.

Christina Riepsamen

(1885 - 1963), a Regina Guide Captain with Girl Guide Company #4, launched the famous **Girl Guide cookies** from her kitchen on Robinson Street in 1927

when she began baking sugar cookies to raise money for her unit to go to summer camp. Today, over 7 million Girl Guide cookies are sold every year!

Millie (Warwick) McAuley – A graduate of Scott Collegiate, Millie Warwick McAuley (1922 - 2006) played softball as an original member with the **All-American Girls Professional League** in 1943-1944. The league was made famous in the 1992 film *A League of their Own*. She has been inducted into the Saskatchewan Sports Hall of Fame and is described as an athlete who "hit hard, ran fast, was a top base stealer, and did it all in a skirt".

Ted Urness – Scott Graduate Ted Urness (1939 -) is a former offensive lineman for the **Saskatchewan Roughriders** from 1961-1970. He was All-Star centre for six years in a row and is considered the best centre in Roughrider history. He played in three Grey Cups for the Riders, winning one in 1966, and has been inducted into the CFL Hall of Fame.

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Come to Indian Métis Christian Fellowship to enjoy ...

TUESDAY

9:00 *a.m.* Community drop-in opens (closes around lunch)
 9:30 *a.m.* Prayer Circle
 10:00 *a.m.* Family Health Talks (delivered by Four Directions Community Health)
 1:00 *p.m.* Aboriginal Parenting (delivered by Pat C. of Circle Project)
 3:00 *p.m.* Chimatawa Family Youth
 8:30 *p.m.* Four Aces A. A. Meeting

WEDNESDAY

9:00 *a.m.* Community drop-in opens (closes around lunch time)
 9:30 *a.m.* Prayer Circle
 Noon Soup & Bannock meal (\$2.00 for adults)
 3:00 *p.m.* Chimatawa Family Youth
 6:00 *p.m.* Anger Resolution Techniques (delivered by Circle Project staff)

THURSDAY

9:00 *a.m.* Community drop-in opens (closes around lunch)
 9:30 *a.m.* Prayer Circle
 10:00 *a.m.* Good Sharing Time (free clothing and household goods)
 3:00 *p.m.* Chimatawa Family Youth

FRIDAY

9:00 *a.m.* Community drop-in opens (closes around lunch)
 9:30 *a.m.* Prayer Circle
 10:00 *a.m.* Intercultural Grandmothers Uniting (3rd Friday of each month)
 3:00 *p.m.* Chimatawa Family Youth (movies or games on alternating Fridays)

SATURDAY

10:00 *a.m.* Family Breakfast (first four Saturdays of each month)
 Afternoon Chimatawa Family Youth activities



Are you really ...

- | | |
|------------------------------------|----------------------|
| ☞ tired of being bored? | ☞ a team worker? |
| ☞ looking for new friends? | ☞ willing to help? |
| ☞ willing to get your hands dirty? | ☞ happy to help out? |

If you are, then join the Chimatawa Volunteer Team!

For more information contact one of the ministry staff:

Vi Mill - Office Manager

Bert Adema - Director

Betty Krohn - Youth Worker

Darren Tanner - Community Worker



Indian Métis Christian Fellowship

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Letter to the Editor

To: Editor, *Community Connection*,
I have never written to you, however I am a resident of N.C. in Regina since 1978 in pre dumpster-ian age...

Believe it or not, there was a time when our alleys did not look like this. People used to be responsible for their own garbage and did not throw it in other people's alleys.

This is the way these garbage bins are today, (note the date) this was the way that they looked on Wed. July 28 when I called the city to let them know. Is

this an acceptable standard in this day and age? When you look at something like this you have to ask some pointed questions. Is this what "being green" looks like? Does the Mayor and others on City Council have to drive past things like this every week when they go home? I walk and bicycle around N.C. on a daily basis and I don't see the same problem west of Elphinstone St. Why is that? All this garbage can't be coming from just the residents. I think that it's great that the extra pickup programs make

work for people in rehab and all that but I think it turned N.C. into a Dumping Ground for free...

I think that people who want to keep dumpsters are certainly not into recycling and are too cheap to take their own garbage to the



dump or pay the City for pickup. My alley looks like this every week of the year. Is this helping our property values? Does it help the image of our city? Where do you think that *MacLean's Magazine* gets the pics of Regina that look as though they were taken somewhere in the Third World? Someone in your last issue was talking about responsibility. North Central residents should not be made responsible for everyone else's garbage.

A.C., North Central Regina

Letter to the Editor

In the August 2010 North Central Community Connection Mr. Murray, Councillor for Ward 6 has some concerns about the trash problem in North Central. He states that, "with civic pride of Regina most people have come to see us for who we really are and what our community really is." Why do you think people from other areas come and dump their garbage in our dumpsters? It's because they see our community for what it really is: a place where weeds and trees grow in the gutters, garbage is thrown beside dumpsters, lawns with weeds not cut and most disgusting - asphalt sidewalks throughout, except the street where Mr. Murray lives.

Yet other streets in the area e.g. 6 and 7 blocks of Queen and Princess that are crumbling or cracked are being repaired with asphalt. I asked Mr. Murray why we don't get concrete sidewalks. I was told that concrete is too expensive, asphalt is cheaper and is used temporarily for safety reasons.



People are tripping on the cracked and crumbling sidewalks and guess who's paying for their medical expenses? Which is cheaper, paying medical expenses or putting in new concrete walks?

Furthermore, I find it ironic that medians on some streets (e.g. between Winnipeg St. and Park St. on Victoria Ave.) are made of concrete. If concrete is so expensive, why are these medians made of solid concrete? Newer areas of Regina, e.g. Fleet Street, are getting new concrete sidewalks. I think our Ward Representative could show more pride in North Central and urge the city to put concrete sidewalks in our neighbourhood.

In my opinion asphalt sidewalks are cheap and degrading to our community. I guess you know what people from other areas think of our North Central.

Sharon Brown
North Central
Regina

Ward 6 City Councillor Wade Murray informed the Editor that he has seen many other neighbourhoods in Regina with asphalt patches on sidewalks. "Dangerous sidewalks need to be made safe, if asphalt does the job for much, much less, it's the logical solution."

Send in your events for the FREE LISTING
in Community Calendar or Announcements section of your
North Central Community Connection newspaper!

Deadline for next issue: NOVEMBER 12

SEARCH-Student Energy in Action for Regina Community Health OPEN Saturdays 12:30 - 3:30 at the Four Directions Community Health Centre - 3510 5th Ave. All Ages Welcome

Student-Run Walk in Clinic and Programs
551-3366 or reginastudentclinic@gmail.com
www.reginastudentclinic.com

Seasonal Influenza: It is Serious

Don't forget: the Regina Qu'Appelle Health Region's (RQHR) **Seasonal Influenza Campaign will start in October, 2010**. It is very important to be immunized. Protect yourself and your loved ones! For general information regarding influenza disease and clinic schedules call HealthLine at 1-877-800-0002. Access the RQHR website at rqhealth.ca, watch your local newspaper or call your local public health office in late September for information on dates, times and clinic sites.

The North Central Community Association is excited to be running a program for crafty individuals! **Creative Connections** is a supervised adult art program for people with learning disabilities. Participants will be assisted in creating their art.

Join the program! **Thursdays & Saturdays** from September (2010) to March (2011). Call the office for details and to register.

Thanks to the City of Regina and Sask Lotteries.

Planned Parenthood Regina's youth workshops combine education and fun! We offer both girls only workshops (ages 11-14) AND boys only workshops (ages 12-14)

Planned Parenthood Regina's upcoming youth workshops:
Friday, Oct. 8 6:00 - 9:00 pm
North East Community Centre

Overnight Workshop Sessions:
Friday, Oct 22 to Saturday, Oct 23
Sleepover at the North East Community Centre (Overnight sessions have limited space. Register ahead: 522-0902)

THE SEXUAL HEALTH EDUCATION PLACE
1431 Victoria Avenue, Regina T: 522 0902
www.plannedparenthoodregina.com
email: yeah.ppr@accesscomm.ca

Youth Educating About Health. The YEAH program is completely led by Saskatchewan youth through Planned Parenthood Regina. We welcome new members to join us any time. YEAH is open to youth from high school age to 29!

Fibre Arts Market (formerly Victorian Market) show and sale: a unique blend of contemporary & traditional needlework: original art, home decor, gifts, jewelry, Christmas ornaments, baby gifts will be held **Friday October 29**, 2:00 pm - 8:00 pm and **Saturday, Oct. 30**, 10:00 am - 4:00 pm at Government House, 4607 Dewdney Ave. Silver collection, ongoing demonstrations, free parking. Guest artists: Rhonda Lamb and Maria Henrika. Sponsored by the Regina Stitchery Guild.

Community Coffee House Conversations on Housing and Homelessness: The Face of Homelessness in Regina (held on Sept. 29) German Club, 1727 St. John Street Registration is Free

Upcoming Conversations: (Locations TBA)
What are the barriers to service?
Nov. 24, 1:00 pm - 5:00 pm

What are the solutions? **Jan. 26, 2011**, 1:00 pm - 5:00 pm

What are the public and private sector policies for housing and services that need to be addressed? **Mar. 30, 2011**, 1:00 pm - 5:00 pm

The goals of the coffee house conversations are to increase public awareness and to develop collaborative community responses to housing and homelessness in Regina.

Sponsored by the Regina Urban Aboriginal Strategy To register free please contact: Cora Sellers at: corasellers@hotmail.com

From NCCA President Tom Wright

WRIGHT’S RAMBLINGS

Don’t you think the summer passed all too quickly?! Certainly, it did for me. It seems too early to have students back in school, a chill in the air, the leaves starting to change. I guess that’s “life in the fast lane” when you’re in your senior years - not to mention senior moments.

In some ways life picks up in the fall. It’s not simply the preparing for winter: harvesting the late produce from the Community Gardens, or our own plots, and readying those plots for a winter’s rest; raking leaves; washing windows. It’s also organizations (boards and committees) resuming regular meeting schedules after taking a summer break.

Some of these meetings revolve around the North

Central Shared Facility, project that will change the face of our community. This project is poised to move into the design phase upon a ‘go’ from the Province. It’s time to move this project forward: get it designed, built, and reap the rewards of needed services delivered to the heart of our community. Every citizen will benefit.

Please read the first of several in-depth articles on the Shared Facility in this issue of your *North Central Community Connection*. Read about it, get excited, talk it up, ask questions, get impatient. How about some grass-roots social networking?!

By the way Seniors, please note that there are two noon lunches held weekly at the Albert Scott



Community Centre: Tuesdays, Care & Share, \$4.00; Thursdays, Elders, \$3.00. Also our walking club meets in Albert Scott CC Monday, Wednesday, & Friday, mornings between 8:00 & 9:00.

Submit your news, your point of view, your creativity in writing or art to your newspaper! NC Community Connection is delivered FREE to all addresses in North Central and by e-mail around our city, province, country and beyond. Current and back issues of our paper are posted on our website www.nccaregina.ca

Community-based organizations can buy a full page to get their news out every other month.

If you have an idea for a story or a feature interview GET IN TOUCH with the Editor at the contact information at the bottom of this page.

North Central Community Connection is a bi-monthly newspaper published by the North Central Community Association (NCCA). The newspaper strives to be fair and balanced in its coverage of news, current events and community issues. The *Community Connection* is written for the people of North Central Regina in hopes of building community and providing valuable information.

Editor: Jan Morier
Design & Layout: Right Brain Creative Services

Thanks to contributors to this issue:

Carla Beck Sharon Brown
Phillip Charrier Jessica Hanna
Yolanda Hansen Allen Lefebvre
Jan Morier Regina Public Library
Scott Collegiate Welfare Rights Centre
Amanda Willcox Tom Wright

North Central Community Connection is distributed to over 4,000 households in the North Central area. Copies are also available at the Albert Scott Community Centre and various North Central businesses.

Opinions expressed in the *North Central Community Connection* do not represent the NCCA.

We welcome all letters and submissions. The editor reserves the right to accept or reject and edit all submissions.

**DEADLINE for
DECEMBER ISSUE
November 12, 2010**

North Central Community Connection
1264 Athol Street
Regina SK S4T 7V3
Phone: 791-9888
Fax: 757-1052
e-mail: editor@nccaregina.ca



Mission Statement of
North Central
Community Association

Working together
with the community
of North Central
to enhance the quality of life
by representing,
promoting,
developing partnerships
and unifying
our community
and its image.



www.nccaregina.ca

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NORTH CENTRAL PHONE LIST

Schools

Albert Community School.....	791-8539
Kitchener Community School.....	791-8516
Sacred Heart Community School.....	791-7290
Scott Collegiate.....	523-3500
St. Luke.....	791-7248
Wascana Community School.....	791-8528

Organizations & Agencies

Aboriginal Skilled Workers Association	337-0400
AIDS Program South Saskatchewan	924-8420
Albert Library	777-6076
Albert-Scott Community Centre	777-7033
All Nations Hope.....	924-8424
Bylaw Enforcement	777-7000
Chili for Children.....	359-7919
Circle Project	347-7515
Circle Project Childrens’ Centre	569-3988
Ehrlo Sport Venture Program.....	751-2411
Fire Safety	777-7830
Four Directions Community Health	766-7540
Gathering Place	522-7494
Greystone Bereavement Centre	766-6946
Indian Métis Christian Fellowship (IMCF)	359-1096
Kids First Program	766-6792
Kids Help Phone	1-800-668-6868
Mobile Crisis Services	757-0127
Morning Star Ministries	757-8421
Newo Yotina Friendship Centre	525-5042
North Central Community Association (NCCA)	791-9888
North Central Community Health Office (Nurse)	757-1046
North Central Community Police Service	777-6450
North Central Family Centre	347-2552
North Central Kids Music Program	545-3737
Oxford House Society of Regina Inc.	205-7355
Pasqua Hospital	766-2222
Public Health Inspector.....	766-7755
Rainbow Youth Centre.....	757-9743
Regina Alternative Measures Program (RAMP).....	352-5424
Regina Education & Action on Child Hunger (REACH)...	347-3224
Regina City Police	777-6500
Regina Crime Stoppers	545-8477
Regina Fire Department.....	777-7846
Regina Food Bank.....	791-6533
Regina Police Substandard Housing Enforcement Team..	777-6399
Regina Sexual Assault Line (24 hrs).....	352-0434
Rentalsman	787-2699
R Healthy Food Store	359-0541
Safer Communities & Neighbourhoods (SCAN)..	1-866-51-SAFER
SaskPower (inspections).....	566-2500
Saskatchewan Rental Housing Supplement	787-4723
SEARCH	551-3366
Sepak Takraw Saskatchewan (STAS)	584-8778
Souls Harbour Rescue Mission & Youth Centre	543-0011
Street Culture Kidz	565-6206
Transitions to Trades	791-9530
Welfare Rights Centre	757-3521
Women of the Dawn	791-6504

Want the number of your agency in this space? Call us to add it: 791-9888

GO TEAM! GO GREEN!

story and photos by Jessica Hanna



North Central residents and rider fans will have noticed that murals have been going up around Mosaic Stadium to show our Rider Pride. The Go Green program has been working hard this past year to bring more rider pride to the residents of North Central.

The brother and sister team designed murals at 1579 Athol St. and at 1580 Garnet St.

The Go Green program through the North Central Community Association has been connecting residents who would like a Rider Mural to artists who are able to do the work. This results in beautiful murals put up on garages around Mosaic stadium showcasing our own North Central Rider Pride. It also helps to prevent graffiti on the locations where the murals are put up because the individuals doing the graffiti are unwilling to mark up some else's art.

Each mural that has been put up this year was painted by different artists from Regina, resulting in different styles and techniques that all have one unifying theme – Rider Pride! This shows all the different ways that people can show both the pride we have in North Central and our willingness to be the host of the Saskatchewan Roughriders.

Go Green is a partnership between the Saskatchewan Roughriders, the city of Regina and the North Central Community Association. People from North Central are hired to pick up recyclables after Saskatchewan Roughrider Home Games. Workers are given a ticket to the game and after the game is over they pick up all the recyclables in the stands. The money raised from picking up the recyclables goes towards wages and putting up murals in North Central. This year the Community Initiatives Fund also generously supported the Rider murals.



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