

Listen up



Denita Stonechild announces the last minute of play during the 2007 Fall Fest Shinny Tournament. Denita was also nice enough to let us use her mug to get the word out the NCCA wants your help to make the *Community Connection* better. For more info see "Letter from the Editor," page 2.

CBC tapes "Live From North Central"

On October 12, the CBC's Sheila Coles and her Morning Edition team descended upon North Central for a live on location look at "Canada's worst neighbourhood" (according to Macleans Magazine) one year later. NCCA President Brenda Mercer was one of many people Coles interviewed that day. Following are some of Mercer's reflections on the event.

NCCA: What did you think when you first heard about CBC's Live from North Central event?

Brenda Mercer: I thought the CBC show would be a great get-together for our community and Regina as a whole.

NCCA: What did you think once you arrived at the North Central Family Centre?

BM: It is always great when media comes out to see the community.

Sheila Coles has a huge following so I found it to be very interesting to watch the program in person with friends.

NCCA: What were the highlights of your interview?

BM: Sheila asked about the Housing Standards Enforcement Team and that is something I am so very proud of as it's really a group effort from the grass-roots up that is creating positive change within our community and beyond.

NCCA: The theme of the event was North Central a year after the Macleans article. What was it like in the aftermath of the article?

BM: Well the article never really stated anything that we weren't already aware of. But it did create an awareness within Regina. You know good work has been going on for years both before and after the ar-

ticle and it's the energy of individuals from all walks of life working together that empower the greater community to move forward in a positive direction.

NCCA: How are things now?

BM: Right now we (NCCA) are building new partnerships and continue to work with partners we have an established relationship with to reach attainable goals. These will give people the opportunity to participate in different events/programming and build community spirit & pride.

NCCA: What's changed in North Central since the Macleans article?

BM: The article created quite a bit of dialogue between different groups

Continued from page 1

who want to know more about the area. It really is a good thing be-

cause if more people came and saw who lives and works in the community they'd see how much we have in common and break down some of the stereotypes of North Central.

NCCA: In the long run do you think the article had a positive or negative impact?

BM: Positive because we are so

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FROM THE PRESIDENT



Greeting Neighbours,

Well the Christmas Season is upon us once again and in the spirit of giving I would like to share this Christmas cake recipe with you. From my family to yours...through every moment of the holidays & New Year may Peace & Happiness be yours.

Christmas Cake

- * 2 (8 ounce) containers candied cherries
- * 1 (8 ounce) container candied mixed citrus peel
- * 2 cups raisins
- * 1 cup dried currants
- * 1 cup dates, pitted and chopped
- * 2 (2.25 ounce) packages blanched slivered almonds
- * 1/2 cup brandy
- * 1/2 cup all-purpose flour
- * 2 cups all-purpose flour
- * 1/2 teaspoon baking soda
- * 1 teaspoon ground cloves
- * 1 teaspoon ground allspice
- * 1 teaspoon ground cinnamon
- * 1/2 teaspoon salt
- * 1 cup butter
- * 2 cups packed brown sugar
- * 6 eggs
- * 3/4 cup molasses
- * 3/4 cup apple juice

1. In a medium bowl, combine cherries, citrus peel, raisins, currants, dates, and almonds. Stir in brandy; let stand 2 hours, or overnight. Dredge soaked fruit with 1/2 cup flour.
2. Preheat oven to 275 degrees F (135 degrees C). Grease an 8x8x3 inch fruit cake pan, line with parchment paper, and grease again. In a small bowl, mix together 2 cups flour, baking soda, cloves, allspice, cinnamon, and salt; set aside.
3. In a large bowl, cream butter until light. Gradually blend in brown sugar and eggs. Mix together molasses and apple juice. Beat into butter mixture alternately with flour mixture, making 4 dry and 3 liquid additions. Fold in floured fruit. Turn batter into prepared pan.
4. Bake in preheated oven for 3 to 3 1/2 hours, or until a toothpick inserted into the centre of cake comes out clean. Remove from pan, and lift off paper. Cool cake completely, then wrap loosely in waxed paper. Store in an airtight container.

I would like to extend Season's Greetings on behalf of the Board of Directors of the North Central Community Association and we look forward to working with you in the New Year.

Sincerely,
Brenda Mercer

North Central Phone Numbers

Schools

Albert	791-8539
Herchmer	791-8448
Kitchener	791-8516
Sacred Heart	791-7290
Scott Collegiate	791-8415
St. Luke	791-7248
Wascana	791-8528

Organizations & Agencies

AIDS Programs South SK	924-8420
Albert Library	777-6076
Bylaw Enforcement	777-7000
Chili for Children	359-7919
NCCA	791-9888
NCCA nurse	757-1046
Community Centre	777-7033
Mobile R Store	347-3224
Fire Safety	777-7830
Four Directions	766-7540
Gathering Place	522-7494
IMCF	359-1096
Police	777-6450
Rainbow Youth Centre	757-9743
R.A.M.P	352-5424
Regina Police Substandard Housing Enforcement Team	777-6399
Rental Housing Supplement Program	787-4723
North Central Family Centre	347-2552
RQ Health Region	766-7755
Rentalsman	787-2699
SaskPower (electrical & natural gas related inspections)	566-2500
SCAN complaint line	1-866-51-SAFER
Kids help phone	1-800-668 6868
Food Bank	791-6533
Peyakowak Committee Inc.	525-9689

Did we miss your number?
Want the number of your agency in this space?

Contact us and we can add it:
791-9888



North Central Community Connection is the official publication of the North Central Community Association and is published on a quarterly basis.

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The *North Central Community Connection* is distributed to over 4,300 households and 200 businesses in the North Central area. Copies are also available at the North Central Community Association and various other North Central venues. Opinions expressed in the *North Central Community Connection* are not necessarily those of the North Central Community Association. We welcome all letters and submissions. The editor reserves the right to accept or reject and edit all submissions.

North Central Community Connection
1264 Athol Street
Regina SK S4T 7V3
Phone: 791-9888
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The NCCA is an elected group of volunteers whose goal is to improve the neighbourhood in every way. The Board meets regularly in the Albert-Scott Community Centre.

Mission Statement

Working together with the community of North Central to enhance the quality of life by representing, promoting, developing partnerships and unifying our community

Our Values

All people. Respect. Caring. Pride

Are you a member at the NCCA already?
Have you renewed your membership this year?
Do you want to become a member?

To find out more about membership benefits or how to become a member, call our office at: 791-9888

From the Editor



Hi All,

As the new communications and marketing person with the North Central Community Association, I'm pleased to offer you the Winter 2007 issue of the *Community Connection* newsletter.

You'll notice this edition looks a little different than previous issues. For starters, we've decided to use more (and bigger) photos to help tell the stories coming out of this community.

The effort has also been made to make better use of space and jam-pack these pages with information we hope is more relevant and engaging. We know there's still a lot of work to do but ultimately, our goal is to make *Community Connection* a must-read for the people of North Central.

To that end, the NCCA is interested to know what you think of this issue and what you expect of future issues. So lay it on me—rants, raves, questions, concerns, story ideas and letters to the editor—I want to hear them. If the creative juices are really flowing we're also on the lookout for writers, columnists, cartoonists, photographers, graphic designers and anyone else who would like to contribute to these pages.

I look forward to hearing from you. Reach me at 791-9888 or email marketing@northcentralregina.ca

Sincerely,
Mark Taylor

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Go Green: Everybody wins!



Just days after their championship victory, Roughriders Dustin Cherniawski and Jocelyn Frenette, centre, brought the Grey Cup for a surprise visit to the Go Green appreciation dinner on Nov. 29. "It was a thrill of a lifetime," said Vincent Wolfe, a lifelong Rider fan who was in attendance and had a picture taken of him hoisting the cup. "I never imagined that would happen. It was the best. None my friends believe me I got to hoist the Grey Cup." *Submitted photograph*

By Lindsay Chamberlin
NCCA Special Projects

This past football season, the North Central Community Association partnered with the City of Regina and the Saskatchewan Roughriders. The NCCA hired and trained people from the community to pick up all of the recyclable containers after each Rider home game. The people who worked earned a minimum of \$40.00 per game PLUS a free ticket to watch the game.

This initiative has been a huge success. We have made numerous partnerships with other agencies in the North Central area. Over 100 people worked at least one Rider game, cleaning up the recyclable containers after the games. A huge bonus this year was that the Go Green crew was also able to help out and clean up after the first home playoff game in 18 years!

Though the NCCA coordinated the project, we do not keep any of the money received from the recycling.

Every penny earned is put back into the North Central community. The majority of the money (over

70%) is paid out to the people who clean up after the game. The rest of the money is spent on cleaning up the area around Mosaic Stadium.

We were very lucky to partner with a couple of other groups (the Youth Employment Program as well as the Odd Job Squad through the First Nations Employment Centre). The participants in these programs focused on getting rid of the graffiti in the area around Mosaic Stadium during the months of July and August. Some of the funds from this year will be used to create a mural in the community next Spring.

To that end, we continue to look for people, organizations, and businesses willing to have a mural painted on their property. We are planning to then have an artist work with youth from North Central to assist in creating a vision and a plan, as well as teaching techniques and overseeing the project. It's all very exciting and just keeps growing!!

The NCCA would like to send out a big thank you to each and every person who worked this past season. It's because of you this program is a success and the

Riders now have a cleaner North Central to bring the Grey Cup home to. Go Riders! Go Green!

Thank you in particular to Pauline Gabriel who worked tirelessly but never lost her enthusiasm. A large part of the project's success is owed to her!

To celebrate an awesome season (for the Go Green initiative AND the Riders), an appreciation dinner was served on November 29. Thank you to Dianne Songer and Leigh Cote for the wonderful food!

Two Rider players, Dustin Cherniawski and Jocelyn Frenette attended the celebration and brought the Grey Cup with them. Dustin is involved with environmental sustainability and was part of the planning to begin the recycling initiative. He spoke briefly about the impact that the recycling program has on the environment and then everyone was able to have their picture taken with the players and the Grey Cup. It was an awesome evening that won't soon be forgotten by the Rider fans in North Central! Thank you to Karen Mulatz who helped arrange the players' visit. The City of Regina, the Riders, and RONA provided our great

Thank you to our partners...



For providing the truck, storage, and the world's best driver ever, Frank.



For doing what SARCAN does best!



For offering a significant discount on all material and supplies needed for cleaning up graffiti and the neighbourhood



The Odd Job Squad through the First Nations Employment Centre and the Youth Employment Program through the NCCA for allowing their participants to dedicate their time to cleaning up the graffiti in our area. We appreciate the work you've done!



door prizes, and the Riders supplied everyone who worked a game with a brand new, not-even-on-the-shelf-yet 2007 Grey Cup Championship hat!!

We couldn't have picked a better year to begin this partnership and everyone is looking forward to next season!

Continued from page 1
on the map around the world now. There is so much positive energy for effective change that we are really moving up. But it doesn't happen overnight. Slow and steady wins the race and we are winners!

NCCA: What did the Live from North Central event accomplish?
BM: The CBC show was hosted by some great people from the North Central Family Centre so thank you to Sandy, Ivan and the gang. Looking around the room and seeing people from all walks of life who live in the community, work in the community or those who come to participate in different events, that is community spirit. We really should plan to do it again.

Regina Anti-Gang Services (RAGS) outreach worker Lance Ironchild, centre, and Regina Treaty Status Indian Services community outreach educator Donovan Caldwell, right, talk to Sheila Coles during the CBC's "Live from North Central" taping at the North Central Family Centre.



Season's greetings!

The NCCA would like to invite you to our annual Christmas Fun Day on Saturday Dec. 15 from 1-4 p.m. in the Albert Scott Community Centre.



Join us as we celebrate with:

- horse and wagon rides
- dinobouncers
- crafts
- sport skills station
- bingo
- music
- face painting
- pictures with Santa
- Ranch Ehrlo drum group
- drinks and candy



Forum provides head start to housing solutions



City of Regina bylaw standards officer Miles Kirkpatrick informs North Central resident Deanne Desjarlais the home she is renting is unfit for human habitation and that she must move out immediately.

By Lindsay Chamberlin
NCCA Special Projects

The North Central Community Association has long recognized there are many issues surrounding the quality of housing in the area. These issues are not limited to the North Central area alone, but because of the age of the houses in the area and the high percentage of rental properties (many of which are affordable for people with lower incomes), the issues are easily seen here.

Recently, the NCCA put together two pieces of research that dealt with housing. First was an overview of some options that exist for regulating landlords and rental properties. Second was a survey conducted of people who rent properties in the North Central area. On November 22, 2007, the NCCA held a community meeting to talk about housing issues. Community

members from the Al Ritchie, Core, Cathedral, North East and North Central areas were invited to attend. Twenty-eight people attended the meeting. The majority of people were residents of the community, but some landlords who have property in the area also attended. We were glad to see representation of the landlords at the meeting and look forward to working together on some issues in the near future!

The two pieces of research were briefly reviewed and community members who attended engaged in a process to come up with possible solutions to the housing issues they identified. Each community member then prioritized the most common solutions that were proposed. The results will be used to guide the NCCA's focus when it comes to housing issues.

The top five ideas/solutions that came out of the meeting were:

- 1) Licensing landlords,
- 2) Increasing housing rates through Social Services for people living in "good" housing (housing that is physically safe and healthy),
- 3) Provide more support services for tenants,
- 4) Put more bylaw officers on the street and have increased enforcement of the bylaws and,
- 5) Increase the amount of social housing available (some must come with supports for tenants).

Thank you to everyone who attended the meeting. A special thanks goes out to our three facilitators - Brenda Mercer, Ben Webster, and Emmaline Hill, as well as our "scribe" - Jan Morier. You all did wonderful work and it is very much appreciated!

Both pieces of research, as well as a summary of the community meeting, are available through the NCCA office.

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Celebrating Over 25 Years of Service

Season's greetings!

Winter is here, why not Hire a Neighbour to clear away all that snow?

Also, if I can be of any service this holiday season, please give me a call.

Wade Murray
City councillor
Ward 6

Home: 522-8686
Office: 777-7180
email: wmurray@regina.ca

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Travelling the country to fight the war at home

By Kevin "Kubby" Daniels

As the President of the Aboriginal Peoples Council of Regina and Chairperson of the NCCA's Ganging Up on Violence Committee, it gives me great pleasure to report to all off-reserve Aboriginal members and residents of North Central of my ongoing activities on the issue of gangs.

As you can see, I wear many hats so before I begin I want to thank the NCCA for their continued support. In addition, I especially want to thank the Congress of Aboriginal Peoples (CAP) National Chief, Patrick Brazeau, for sponsoring me to attend the International Congress on Street Gangs in Montreal back in October.

The only National Aboriginal Organization in attendance at the gathering in Montreal was the CAP. This shows we are serious when it comes to dealing with the issues of gangs and the need to get involved to come up with solutions to this national epidemic.

Sponsored by the Canadian Association of Chiefs of Police, the gathering brought together over 500 delegates representing police organizations, national groups, community groups, and experts in the area of gangs from across Canada, the U.S. and the U.K.

One of my main concerns is the problem of Aboriginal gangs in Canada and the ongoing violence that threatens the fabric of Aboriginal society. I'm sad to report that while I was in Montreal I received a call from home that my first cousin, Marvin Daniels, was brutally beaten and killed in Prince Albert. Though the news shook me up, I managed to carry on and speak with a number of individuals who supported the idea of establishing a National Aboriginal Gang Prevention Commission to deal with the issue of Aboriginal gangs in Canada from an Aboriginal perspective.

It was also good to see the Canadian Association of Chiefs of Police call for a "National Strategy on Street Gangs" here in Canada, which was announced shortly after the conclusion of the International Congress on Street Gangs in Montreal.

From Montreal I was off to Halifax to attend the 36th Annual General Assembly for the Congress of Aboriginal Peoples of Canada on Nov. 1, 2, 3, 2007. Also representing this community were North Central residents and Métis Elder Stan Klyne, Brian Sinclair and Jadelynn Cappel, also



Congress of Aboriginal Peoples National Chief Patrick Brazeau, left, and Kevin "Kubby" Daniels go for a stroll down an alley during Brazeau's recent visit to North Central.

known as "the Regina delegation."

The highlight of the agenda was an address from the Prime Minister of Canada, Stephen Harper. "The Congress of Aboriginal peoples, in many ways, represents the future of our country," Harper said. "Your membership cannot be forgotten or ignored any longer." Harper added his government has undertaken several initiatives that will benefit Aboriginal people, including legislation to repeal section 67 of the Canadian Human Rights act, \$300 million for Aboriginal off-reserve housing, consultations to establish matrimonial real property laws on reserves, a strengthened focus on the Urban Aboriginal Strategy, and implementation of the Indian Residential School Agreement.

CAP National chief Patrick Brazeau said he liked what he heard from Harper. "Those are important elements that were contained in a 7-page detailed letter to the Congress during the last federal election campaign. I am satisfied that the Prime Minister has followed through with his commitments to all Aboriginal peoples."

Also in attendance was the Minister of Indian and Northern Affairs, Chuck Strahl. In his address to CAP delegates, Strahl announced financial resources for CAP's on-going case, Daniels v Queen, which is

seeking to resolve the question of whether Metis and Non-status Indians fall within section 91(24) of the Canadian Constitution act, 1867.

Strahl also announced the establishment of a Canada-CAP Working Group to begin discussions on issues pertaining to Canada's off-reserve Aboriginal population. "This announcement is significant for CAP and for the off-reserve Aboriginal population," Brazeau said. "This is part of our on-going outreach and commitment to work with the federal government to address important issues and to offer accountable, transparent and sustainable solutions for the betterment of our people. We are ready to move beyond the status quo and focus on improving the living conditions of our constituents."

Strahl commended the CAP's efforts. "The Congress of Aboriginal Peoples is about to set new standards of what can be accomplished through strong leadership and a genuine desire to better respond to the needs of the people you serve. I hope other Aboriginal organizations will follow your lead."

CAP representatives then met privately with Prime Minister Harper and Strahl for a 45-minute roundtable discussion. Saskatchewan took the lead role and stressed gang and gang violence is a top priority of our organization.

The third day of the agenda was spent writing resolutions. The Aboriginal Affairs Coalition of Saskatchewan (AACS) position is as follows: CAP and its Provincial affiliates are the social voice of off-reserve Aboriginal People in Canada; CAP and its Provincial affiliates have a moral and social responsibility to off-reserve social issues affecting Aboriginal People in Canada; the issue of gangs and gang violence is the next social catastrophe since the residential school experience. Be it resolved that CAP and its affiliates establish the National Aboriginal Gang Prevention Commission to design a National Aboriginal Gang Prevention Strategy. Be it further resolved that CAP and its affiliates begin immediate negotiations with the Federal Government to seek resources for a National Aboriginal Gang Prevention Coordinator to accomplish such tasks related to a National Aboriginal Gang Prevention Strategy in Canada.

The Creator then grounded us for two days as Hurricane Noel passed through the area, allowing us to get a few days of rest and relaxation. Upon returning to Saskatchewan, I had to bury my cousin Marvin Daniels. We took him home to the Gordons First Nation where he was buried next to his uncle Bill Daniels. May he rest in peace. Kevin can be reached at kub_daniels@hotmail.com



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Youth Employment Program



Andrew Almightyvoice works out during a recent Youth Employment Program (YEP) visit to the Regina Boxing Club. Club manager George Goff and special guest Mayor Pat Fiocco both emphasized to the group that hard work and determination makes good boxers and better people. For more information on the Youth Employment Program call 791-9530. For more information about the Regina Boxing Club call 525-5757 or visit www.reginaboxingclub.ca

Hire A Neighbour!

Winter is here and there's work to be done. If you need your walk or driveway shovelled, put one of these signs (free at the NCCA office) in your window to let Hire A Neighbour workers know.



Want to be a Hire A Neighbour worker?

The NCCA is always receiving calls from people who need work done around their home. If you could use some extra money and are interested in working these odd jobs, please call our office at 791-988. Then, just follow these steps:

1. Look for this sign
2. Knock on the door
3. Ask what work needs to be done
4. Agree on a price
5. Do a great job!



Scott Collegiate is developing a School Community Council (SCC). The SCC will consist of persons committed to the growth and development of Scott's student community. If you would like to learn more about how you can get involved, let our School Community Coordinator know.

Contact Del Majore at 751-2889

Public Service Announcement

Optimist Club Sponsors Student Essay Contest



The Downtowners Optimist Club of Regina is encouraging local students to take part in the 2008 Optimist International Essay Contest and be eligible to win cash prizes and scholarships ranging from \$50 to \$6,000. This year's topic is "Today's Choices Shape My Future ..." Essays must be 400-500 words long. To take part, students must be under the age of 19 as of December 31, 2007. The entry deadline is January 31, 2008.

For entry forms and rules, please contact Rick Folk at 789-0639 or jdfolk@sasktel.net. For more information visit www.optimist.org.



Sewing staff wanted

Experience with operating industrial sewing machines, knowledge of garment construction, and ability to work independently in a fast-paced environment. Part-time/full-time hours available. Starting wage \$12.82.

Contact: Penny Holkestad @ 569-9048.



wants you to

Look after yourself!

Lil, the NCCA Health Nurse, would like you to know foot care openings are currently available. \$5 for office visits and \$10 home visit

We also encourage you to get monitored for Hypertension (high blood pressure) and diabetes

Contact Lil at 757-1046
healthnurse@nccaregina.ca

1264 Athol Street
Regina, SK
S4T 7V3



Dear Neighbours,
As the re-elected NDP MLA for Regina Elphinstone-Centre, I am grateful to be able to continue working for you and with you.
All the best in 2008.
Sincerely,
Warren
Warren McCall, NDP MLA

Regina Elphinstone-Centre · 2900 5th Avenue ·
Ph 352-2002 · Fax 352-2065 · warren.mccall@sasktel.net

The North Central Family Centre

would like to commend the Dirty Dozen marathon runners, who recently returned from running a race in Jamaica. We are very proud of these young people and the way they have turned their lives around. If you are interested in viewing or purchasing a recent documentary about the story of these young men and women, please call the centre.

The NCFC would also like the community to know we now have a building across from our centre called the Arts and Crafts Youth Zone Gallery. The gallery houses items such as dream catchers, jewellery and art. These items are for sale and the funds raised from your purchase will be used to finance youth activities and/or pay the person who created the item.

North Central Family Centre
2931 - 5th Avenue
Regina, SK
Phone: (306) 347-2552
Fax: (306) 779-0047
www.northcentralfamilycentre.com

COMMUNITY CALENDAR

Wednesday Dec. 12

Christmas concert
7 p.m.
Sacred Heart School

Friday Dec. 14

Christmas dinner
for youth and volunteers
5 p.m.
North Central Family Centre

Saturday Dec. 15

NCCA Christmas Fun Day
1-4 p.m.
Albert Scott Community
Centre

Monday Dec. 17

Orientation for the RQHR
Health Career Entrance Program
9:30 a.m.
General Hospital Auditorium
Call 757-9096

Tuesday Dec. 18

Orientation for the Contemporary
Women's Outreach Program
1:30 p.m.
Regina Senior Citizens' Centre Inc.
2134 Winnipeg Street
Call 757-9096

Sasktel Pioneer Performance
10:30 a.m.
Sacred Heart School

Regina Inn Student Dinner
Bus leaves from Sacred Heart
School at 11:15 a.m.

K to Grade 4 Reading Night
6-7:30 p.m.
Sacred Heart School

Thursday Dec. 20

Herchmer School
Christmas concert
7:00 p.m.

Saturday Dec. 29

Souls Harbour Rescue Mission
Christmas Dinner
11:30 a.m.
Good News Chapel,
1380 Elphinstone St.

Thursday Jan. 10, 2008

Appreciation dinner for Ray Van
Dusen and Cal Johnston
6 p.m.

Regina Senior Citizens Centre
2134 Winnipeg Street

Care & Share

Care & Share is back and ready
to serve up some nutritious meals.
Lunch starts at 11:45 a.m. every
Tuesday in the multipurpose room at
the Albert Scott Community Centre.

Walking Club

The club meets every Monday,
Wednesday and Friday at 8 a.m.
in the multipurpose room at the
Albert Scott Community Centre,

Regina Work Preparation Centre

SMART Recovery©
Self Management and
Recovery Training Program
Every Tuesday 1:30-2:30 p.m.
2022 Halifax Street
Call Work Prep at 757-9096

Last Monday of every month

North Central Board Meeting
7:00 p.m.
Albert Scott Community Centre

Every Wednesday

Soup & Bannock Lunch
12:00 p.m.
Indian Métis Christian Fellowship

Recovery group

Every Thursday
1:00 p.m.
Albert Scott Community Centre

Four Directions

Community
Health Centre
3510 5th Ave.
766-7540

Mondays
Dream Team
10:00 a.m. to 12:00 p.m.
Drop in for coffee,
some company, an
activity and
chat about volunteering.

Open House
1:00 p.m. – 4 p.m.
Thursday, December 13th, 2007
Come one, come all!

Holiday Drop in
1:00 p.m. – 3:00 p.m.
December 21, 24, 27, 28 and 31
Come in from the cold for
coffee, snacks and games.

Living in Balance
Fridays
1:00 p.m. – 3:00 p.m.
Information, food and fun activities
for a healthy life.
Everyone Welcome

Drop in counselling
9:30 - 4:00
Mondays and Fridays

Drop in addictions counselling
9:30 - 4:00
Wednesday

Circle of Life

Circle Project Satellite
Programs
(services are free and open to all)
1459 Retallack Street

Tuesdays
9 a.m. – 12 p.m.
Addictions/Lifestyle counselling

Thursdays
9a.m. – 12 p.m.
Anger Management counselling

Starting January 8, 2008 - Tuesdays
from 5 - 7 p.m., an eight week
Anger Management course. Limit
12 people.

All services are first come, first
served. To reserve a spot call
347-7515.



Regina Anti-Gang Services

Looking for an exit?
Looking for an alternative?
Check us out.
Call anytime 537-2913
540-3273 or 540-3263

Do you have an event,
announcement, or a new program
running at your agency you would
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A big thank you
from the



On behalf of the residents of North
Central I am writing to say thank
you to two people who have sup-
ported the efforts of this community
greatly over the years. They don't
live here, but they have dedicated
themselves to improving the qual-
ity of life in this neighbourhood.

My heroes are Chief Cal John-
ston and Corporal Ray Van Dusen,
both of whom are retiring from
the Regina Police Service. As I
look back over the past few years
at everything we have achieved as
a community, somewhere, some-
how, the roots of those programs
can be linked to these two men.

It was people like Mayor Fiacco
who came up with the Regina In-
ner City Community Partnership
that brought the different agen-
cies together to help with North
Central issues. From that initia-
tive people like Cal Johnston and
Ray Van Dusen were able to take
it to the next level and develop
on-the-ground programs from the
Youth Employment Program to the
Housing Enforcement Task Team.

Now that they are leaving it is up
to us as a community to continue
their good work and maintain the
legacy of goodwill. Good luck
gentlemen, we will miss you. To
the community of North Central,
I invite you to join us as we pay
tribute to these two men at a din-
ner in their honour scheduled for
Thursday, January 10, 2008 at the
Regina Senior Citizens Centre.

Sincerely,

Rob Deglau
NCCA Community Coordinator


The NCCA would like to thank the following sponsors and donors who
contributed to the 2007 Fall Fest celebration.

Conexus, Sasktel, Circle Project, Ranch Ehrlo, Ehrlo Sport Venture Programs,
Horse & Rider, Afghan Cuisine Family Restaurant, Namerind, Great Expectations,
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Garde College, Toys "R" Us, Matrix Gaming Centre, Regina Rent-it Centre, Dewd-
ney Drugs, REACH, Extra Foods, Red Lobster, Giant Tiger, and Rio Can.

Don't forget our next big celebration, Christmas Fun Day, here at the Albert Scott
Community Centre on Dec. 15 from 1 to 4 p.m.

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