## NORTH

## COMMUNITY

Spring 2007

## **Licensing Rental Property**

Your association just launched their research report on rental housing regulations. The purpose of the document is to aid in developing consensus on solutions to improving rental housing in North Central, and ultimately the City of Regina.

A number of community association boards have approved an initiative, funded by North Central Community Association (NCCA), to address the issues of substandard rental housing. The association adopted four principles that represent the foundation of future discussions in resolving rental-housing issues in Regina

- 1. A significant amount of rental housing in Regina is below acceptable standards.
- **2.** Renters have a responsibility to maintain the standard of housing that is provided to them.
- **3.** An acceptable standard of housing is essential to a respectful, healthy and safe community.
- **4.** Working together, action is needed now to address the barriers to improving substandard rental housing.

Your association is looking for residents, renters and business people who have a background in advocacy and community consultation processes to become part of a task force in bringing this document forward to the larger community for discussion.

## A \$100 million Plan for Saskatchewan



On February 23, the Premier Lorne Calvert visited the Albert Scott Community Centre to announce a \$100 million plan to revitalize some Saskatchewan neighbourhoods.

The plan includes \$60 million for affordable housing initiatives in Regina, Saskatoon, Prince Albert and North Battleford, and a \$40

"Cassidy McFadzen thank you for your the wonderful *Minus 20* article in the Leader Post on Feb 12"

million investment for Regina and Saskatoon to help with inner city revitalization.



Free-Hand drawing by 9 year old Brandon Fox from the after school program at Albert Scott Community Centre

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## From the President

Greetings Neighbours!

Well the holidays have come and gone, including our third Family Fun

Day, and I hope you all had a chance to enjoy time well spent with family and friends.

We are a community in transition. As development continues in our area there are times when we need your input in order to represent you effectively. As a board we are committed to doing whatever we can to make North Central a community we can all be proud of and, in order to do that, we need your help.

We are looking for people who can round out our committees (recreation, CPTED - Crime prevention through environmental design-, community cleanup, newsletter and events) providing valuable input, and occasionally labour to make our work move more smoothly.

Talk to your friends and neighbours about the wonderful volunteer opportunities we have. Provide us with your feedback, and if you have time, consider making yourself available - even for one hour a month.

Volunteering gives one the satisfaction of knowing that you have helped out and contributed to North Central. It gives you the chance to feel proud that you are doing something for your family, your neighbours and fellow citizens. Through volunteering, one can realize that it's the small things that make all the difference. There are many ways to lend a helping hand and many wonderful opportunities we are that place!!!

And if you have any ideas about the news letter, don't hesitate to share them with us. Let us know what you would like to see. We're listening.

Your Friend, *Brenda M* 

## North Central Phone Numbers

#### Schools

Albert	791-8539
Herchmer	791-8448
Kitchener	791-8516
Sacred Heart	791-7290
Scott Collegiate	791-8415
St. Luke	791-7248
Wascana	791-8528

#### Organizations & Agencies

AIDS Programs Sou	ıth SK	924-8420		
Albert Library		777-6076		
Bylaw Enforcement		777-7000		
Chili for Children		359-7919		
Community Assoc.		791-9888		
Community Centre		777-7033		
Community Mobile	R Store	347-3224		
Fire Safety (storage of materials, safe				
exits & smoke detec	ctors)	777-7830		
Four Directions		766-7540		
Gathering Place		522-7494		
IMCF		359-1096		
Police		777-6450		
Rainbow Youth Cent	tre	757-9743		
Regina Police Substandard Housing				
Enforcement Team		777-6399		
Rental Housing Supplement				
Program		787-4723		
Regina Inner City Community				
Partnership		777-6771		
RQ Health Region		766-7755		
Rentalsman		787-2699		
SaskPower (electrical & natural gas				
related inspections)		566-2500		
SCAN's number for receiving				
		1-SAFER		

#### North Central Community

**Connection** is the official publication of the North Central Community Association and is published on a quarterly basis.

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The North Central Community Connection is distributed to over 4,000 households in the North Central area. Copies are also available at the North Central Community Centre and various North Central businesses and other venues. Opinions expressed in The North Central Community Connection are not necessarily those of the North Central Community Association. We welcome all letters and submissions. The Editor reserves the right to accept or reject and edit all submissions.

## North Central Community Connection

1264 Athol Street Regina SK S4T 7V3 Phone: 791-9888 E-Mail: nccs@sasktel.net

The NCCA is an elected group of volunteers whose goal is to improve the neighbourhood in every way. The Board meets regularly in the Albert-Scott Community Centre

#### **OUR VALUES:**

- \* All people
- \* Respect
- \* Caring
- \* Pride

## Happy Graduation!



On February 22nd, the Contemporary Women's Out Reach program concluded with great success in building stronger self confidence and strong self confidence to women in the Inner City; the course took place in the North Central Community Association in partnership with the Regina Work Preparation Centre

"I wanted to learn. The class helped me to look at my feelings, attitude and anger and to deal with them better. I think more positively about life. It also helped me with my foster children; I read stories from the class to them and taught them about having a good attitude. I went everyday to prove to myself I could go everyday to a job." said Cindy Sangwais, one of the program students.

## **Income Tax Time!**

North Central Community Association is once again doing taxes. If you are unable to complete your income tax and benefit return by yourself and unable to pay for assistance, our Community Volunteer Income Tax Program is for you.

Specially trained volunteers can help you complete your income tax and benefit return if your income is low and your tax situation is simple.

Volunteers do not complete income tax and benefit returns for deceased persons, bankrupt individuals, or those who have capital gains or losses, employment expenses, or business or rental income and expenses.

Our free volunteer income tax service starts March 1st, 2007 till April 30th, 2007.

Our business hours:

10:00 am to 3:00 pm on Monday, Wednesday and Thursday. Tuesdays only from 1:00 pm to 3:00 pm.

We are a drop in service, first come, first served. We are located at 1264 Athol St. on the second floor, if

you have any questions or concerns please contact the office at 791-9888.





Hello my name is Warren McCall, and it is my privilege to serve as the Member of the Legislative Assembly for Regina Elphinstone-Centre.

I was born and raised in North Central, and my wife and I are proud to call North Central our home. It is my aim to work with you and for you as we build a better North Central.

If you require any assistance with a provincial government matter, please contact my office

Regina Elphinstone-Centre 2900 5th Ave Ph 352-2002 Fax 352-2065 E-mail: warren.mccall@sasktel.net

## WELCOME TO YOUR HOME FOR SEAFOOD!



Sunday to Thursday 11:00 a.m. to 10:00 p.m. Friday & Saturdays 11:00 a.m. to 11:00 p.m.

Visit us at: 890 Albert St Ph. 522-2224

## Are You a renter in North Central?

At NCCA we know that housing is one of the top concerns of the people living in North Central Regina.

We have been out in the community asking residents to complete a survey that covers many aspects of renting in the community to help discover:

- 1) who the renters are (including information such as how long they've lived in North Central, how long they've lived at that particular address, how many times they've moved);
- 2) tenants perceptions of what rights and responsibilities they feel they have, and also what rights and responsibilities they feel the landlord has;
- 3) what topics tenants want to know more about in housing issues and how would they like this information delivered, or how they would best be able to access it; and
- 4) what people experience as the biggest barriers to finding, renting, and keeping a house that is properly maintained, safe, accessible and affordable.



Renters information session at Four Directions

The project began January 11, 2007. The interviewers have been conducting door-to-door surveys, arranging coffee parties, attending meetings with groups, and setting up at drop in centres.

Every person who completes the survey remains confidential and gets a couple of coupons for The Matrix and Bonanza; their name will also be entered for our major draw which includes:

- A personal computer (refurbished)

- A portable DVD/MP3 player
- A \$100 Gift Certificate for Extra Foods
- A \$25 Gift Certificate for Melrose Place
- A City of Regina gift pack

If you have any questions about the survey, or haven't yet filled one out and would like to, please call Lindsay at 791-9888. The surveying will wrap up and the draw will take place on March 15, 2007.

Thank you to everyone who has taken the time to complete the survey, we appreciate your input!



Rental Survey Interviewers

#### REGINA

BABY

E X

"From pregnancy to preschool... and all the fun in between!"

Sunday, March 25 11am-5pm



Lots of exhibitors, shopping, prizes, seminars, fun for all!

Please visit www.reginababyexpo.com or call 565-2299 for more info

## LOOKING FOR CASUAL EMPLOYMENT?

If you are an energetic, enthusiastic, and reliable individual who enjoys a challenging and fun work environment, then IPSCO Place could be the place for you.

IPSCO Place is currently accepting applications for the following casual positions:

## Queensbury Convention Centre - Banquet Servers

#### **Concessions Counter Clerks**

These are casual positions with starting wage rates of \$8.21 per hour.

- Applicants must be sixteen (16) years old.
- Shifts vary from days, evenings, and/or weekends; therefore, please indicate your availability.
- Please identify on your application which position(s) you are applying for

Preference will be given to applicants with previous experience in banquet or lounge setting.

Please submit your applications by fax, e-mail, or mailed to:

Human Resources Department IPSCO Place P.O. Box 167 Regina SK S4P 2Z6 Fax: 359-1796

E-mail: recruit@ipscoplace.com

Early applications will have precedence. No phone calls please. While we thank all applicants, only those that are short

listed will be contacted.
Thank you.

IPSCOPIACE enriching our community

## North Central Landlords

You are invited to attend a FREE rental information breakfast!

Take this opportunity to learn more about the Landlord Tenant Act and government funded programs.

- Saskatchewan Rental Repair Program
- Saskatchewan Home Energy Improvement Program for Rentals
- Residential Tenancies Act, 2007

The breakfast will be on Thursday March 15, 2007. From 7:30 to 9:45 am. at the Albert Scott Community Centre.

To register call:

Maxine Tapper

CMHC at 780-7357

Crystal LaRose

NCCA at 791-9888

## Moccasin telegraph by Ivan Morin

Introducing, in the blue corner, hailing from Regina's North Central Neighborhood, and not so well known Aboriginal (Métis) columnist, Ivan Morin. Ivan is an old duff who knows stuff he wants to share on the cuff; who appreciates being able to share his opinions, thoughts, and community observations with his friends and neighbors in North Central.

An odd introduction you say. Well I am a very odd column writer. My first few columns will be to introduce you to some of the programs available to the community by various ngo's and government organizations.

Number one on the list is that the new/old Regina North Central Service Canada now at 3115 5th Avenue, open Monday – Friday 12:00 to 5:00 PM. It is a really cool drop in Outreach

Centre and the people there are really friendly. I know I frequent the place. Another organization which has something new to announce is the North Central Family Centre, a youth boxing night on Tuesday Nights from 6:30 – 8:30 PM. participants meet at the NCFC and are driven to the Regina Boxing Club for their weekly work-

Four Directions Community Health Centre has a complete one stop health, addictions, pre-natal, mother, father, diabetes, dietary, Elder services, and community health nurses and general self-awareness experts available; Monday – Friday 8:00 – 4:00 PM. For more information call Kitty at 766 – 7540.

Well space and time doesn't allow me any more room for this newsletter, but be sure to look for me in the Summer newsletter.

Remember to keep smiling; nothing is as bad as it first appears.

## **Upcoming Events (a)** Albert Library



#### Open House

Saturday, March 17, 1:30-3:00 pm Join us at Albert Library for entertainment, a fashion show, traditional crafts and food. Everyone welcome! Hosted by Albert Community Library Committee and Regina Public Library.

### Albert Community Library Committee

Albert Library invites residents of North Central Regina to join the Albert Library Committee to provide input for programming and services for the community. Meetings are held the first Thursday of each month at 7:00 pm. Circle these dates on your calendar for upcoming meetings: March 1, April 5, May 3, June 7.

## New Computer Hours for Adults Only

Monday, Wednesday, Friday – 1:00-3:00 pm For information call 777-6076.

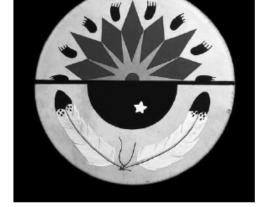
Albert Library 1401 Robinson Street 777-6076



www.reginalibrary.ca

# Working Together: Library-Community Connections

he Working Together: Library-Community Connections project has been operating out of Albert Library in North Central for more than two years. In that time, we have conducted numerous focus groups, developed programs in response to community needs, and formed partnerships with many community organizations. We have worked with 130 community residents through our ongoing programs and services including:

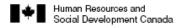


Mâmawi-Atoskêtân

- One-on-one literacy tutoring
- One-on-one computer training
- Volunteer training workshops in partnership with Four Directions Health Centre
- Computer training for parents at three community schools
- Computer training for youth at the Rainbow Youth Centre
- Drop-in computer sessions at Lighthouse to All Nations Church
- Resume, cover letter and job search training with various groups

The project is proud of its many accomplishments. We hope to continue to find new ways of offering library programs and services to the North Central community.

Do you have an idea for a Library program or service? Drop in to Albert Library or call Mary Saso, Community Development Librarian at 777-6023.



Ressources humaines et Développement social Canada



# FREE ONE-ON-ONE Tutoring for Adults in North Central

Do you need help with Reading, Writing, and Math? Are you preparing for your GED? Do you need to improve your Computer Skills:

- Microsoft Word
- Excel
- PowerPoint
- Internet Searching
- E-mail
- Typing Skills



Do you need to improve your job search skills:

- Business and Cover Letters
- Resume Writing
- Searching for Jobs on the Internet

#### FOR INFORMATION AND APPOINTMENTS, PLEASE CALL:

Mary Saso, Community Development Librarian at 777-6023 OR drop in to Albert Library at 1401 Robinson Street

This project has been made possible with funding from HRSDC.



Human Resources and Social Development Canada Ressources humaines et Développement social Canada



## Souls Harbour Rescue Mission



Regina RESCUE Mission and Soul's Harbour Mission House were excited to announce the merger of their ministries into one family of charities, which will now be known as Souls Harbour Rescue Mission. The merger will create a new and stronger ministry to the poor, hungry, addicted, homeless, and needy in Regina and the surrounding area.

With generous support from the community, Souls Harbour Rescue Mission provides food, shelter and hope to people in need through comprehensive programs for men, women and children such as life and social skills classes, addictions recovery, drop-in centre facilities, food and clothing distribution, emergency shelter, transitional housing, and spiritual counselling.

One of their most outstanding services is the Men life changing program, at the Sacred Heart church -1380 Elphinstone- this program is offered with a 3 months to a year commitment.

The new building is to be constructed in the 1600 block of Angus Street, will consist of thirty apartment style units to house homeless men and women with children.

## **Urban Reserve in North Central**

In January, 2007 the Piapot first nation of Saskatchewan signed a deal to build an Urban Reserve here in North Central Regina.

Plans call for a grocery, pharmacy, offices and other development. This construction will be done in the 1100 block of Angus Street.

This not only means that the lot will be developed keeping our neighbourhood looking great, but is a very important business development for the community and the creation of new jobs.

## Taking Pride in North Central

Responses from our community members to the MacLeans Article, have been not only about disapointment, but have encouraged them to make a difference in the neighbourhood as well as taking pride in being a resident of North Central Regina.

One of the suggestions by a resident, is that she wanted to make a T-shit

saying: "Proud Resident of North Central"
"Helping make the suburbs feel more secure" another idea was "North Central We always knew we were Number 1"

Give us your input on this idea, or any other idea you might have!

## Volunteer cook needed!

To plan, purchase and prepare a hot lunch for seniors every Tuesday.

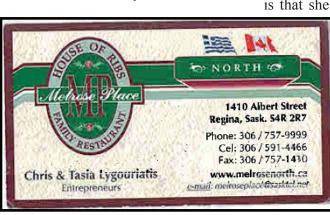
## We will pay an honorarium for services

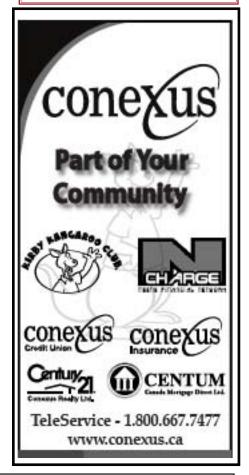
For more information call the office at: 791-9888

## Need some extra money?

Calls have increased at NCCA for people requiring the service for people to shovel the snow in their sidewalks as part of our Hire a Neighbour program.

If you want to make some extra money please contact the office at 791-9888





## The new face in NCCA



Greetings, My name is Kevin Daniels, I'm the Chairperson for the Ganging up on Violence Committee and would like to take this opportunity to reintroduce myself to the community and to wish everyone a Happy New Year.

My family frst moved into North Central in 1962 and lived in the area for the last 43 years. We were amongst some of the frst native peoples to live in North Central at the time. Today, many of my friends and family members still live here. Over the years, North Central has experienced many problems, but one of the biggest problems we are facing now, is that of gang violence.

After the gang-related death of my niece in August 2006, we decided to send a letter to the North Central Community Association and requested that a committee be established to deal with the ongoing crisis of gang violence.

The Executive and Board of N.C.C.A unanimously agreed to establish such a committee and it was called the Anti-Gang Education Committee. Our first duty as a committee was the "Community Leaders Forum on Gang Violence" on December 2, 2006 and saw the launch of a video on Gangs in Regina called "R U down or R U

that was produced by Rodger Ross at Cree Runner Productions.

The Forum was well attended by many leaders such as FSIN 4th Vice-chief Glenn Pratt, Mayor Pat Fiacco, Alderman Wade Murrey, M.L.A. Warren Mccall, Chief of Police Cal Johnston, and many other community associations and members at large.

The Federal Public Safety Minister, Stockwell Day, has announced that 16.5 million dollars will be available over the next five years to deal with gang violence.

Another Community Forum will take place to inform the community and provide more education and community solutions to the problem of gangs and gang violence. If you have any suggestions or concerns regarding gangs please feel free to contact me at the North Central office at 791-9888 or email me at:

Kub daniels@hotmail.com

## North Central Fall Fest

Your Community Association is getting ready for the **Fall Fest** celebration in September. This festivity is part of the North Central Anniversary, which will continue to be an annual party, and a good opportunity

for you to get involved in your community, and have fun. Expect to see more information about it on our next Newsletter, and if you are interested in volunteering some of your time for the event please contact us.



Office 984 - A Albert Street

Monday to Friday From 10:00 am to 4:00 pm

Ph. 790-4727

Andrew Scheer M.P. Regina-Qu'Appelle

## It's all about having fun with the family



Hockey tournament at the Scott Collegiate Field

Not even the cold weather could stop our community from having fun at our 3rd Annual Community Christmas Fun Day. Some of the activities throughout the day included Horse & wagon rides, shinny, crafts, bingo, face painting, coffee & tea room; and for the first time we included Pictures with Santa for everyone.

Thanks to everyone that came out to have a fun cold day with us.

We expect to see you next year and have another great event and more surprises!



Multipurpose room Albert Scott Community Centre

## Youth Employment Program

The Youth Employment Program has had a number of exciting changes recently. All of our participants have made a transition to a work placement, or they have returned to school. The program is very pleased to have made many new employer contacts this year. We have focused on building relationships with the construction industry, and many of our participants are in work placements with construction companies around the city. The work placements generally consist of an 8week term, in which employers have an opportunity to become familiar with the participant, and evaluate their progress. Often, participants will be hired on after they have completed their work placement, and become permanent employees. Some of our participants have returned to school to work towards their grade 12, and further their employment opportunities when they have completed the program. We maintain constant contact with our participants throughout their duration in the program, even with those who have found employment. Providing support for our participants is the first priority while they are in the program, doing a work placement, and when they have found employment.

We are very proud of the progress and the great transition that our participants have made in their lives. A few short months ago, our participants were living on assistance and pondering their futures. Now, they have made life-changing decisions. They have made career and personal goals, and they are experiencing the positive effects that have come with these. Many of our participants have young families, and now they are providing them with a future. We would like to express our appreciation to our

participants for their dedication, effort, and commitment to the program. We are also currently working on next year's program, and are looking forward to continuing the successes that we have experienced over the past year.

Program Coordinator Murray Giesbrecht

### Did you know ...?

The province of Saskatchewan was named after the Saskatchewan River, one of the predominant features of this prairie area. Saskatchewan is from the Cree Kis-is-ski-tche-wan, meaning "fast flowing".

Source:

Archer, John H. Saskatchewan: a history. Saskatoon: Western Producer Prairie Books, 1980.



Wade Murray Councillor, Ward 6

Hello everybody!

Here we are getting close to spring! As the weather warms and the snow melts, we start to think about spring cleaning, why not hire a Neighbour? Call the NCCA at 7919888 for more info.

If you find your alley has aquired some furniture or large items, call 7777000 to let them know, it will get tidied up that way.

If you have any questions or concerns, please feel free to call me, at 5228683 or 7777175 or email my your ideas at wmurray@regina.ca

City of Regina 777-7000 Fax 777-6406 E-mail: wmurray@regina.ca

## **MY COMMUNITY CALENDAR**

#### **Tuesday March 13th**

Care & Share Lunch 11:45 a.m.

Albert Scott Community Centre

#### **Tuesday March 13th**

Furniture sale!!
Your neighbour Maria would be selling a number of articles that you might need!
Best price offer takes it
952 Garnet Street



**Saturday March 17th**Spring "Free For all" (swap

meet)

10 am to 12 pm exclusively drop-offs 12 to 2 pm open to the public

#### **Tuesday March 20th**

Care & Share Lunch 11:45 a.m.

Albert Scott Community Centre

#### Monday March 26th

North Central Board Meeting 7:00 p.m.
North Central Community Association

#### **Tuesday March 27th**

Care & Share Easter Lunch 11:45 a.m. Albert Scott Community Centre

#### **Tuesday April 3rd**

Care & Share Lunch 11:45 a.m. Albert Scott Community Centre

#### **Tuesday April 17th**

Care & Share Lunch 11:45 a.m.

Albert Scott Community Centre

#### Monday April 23rd

North Central Board Meeting 7:00 p.m.
North Central Community Association

#### **Tuesday April 24th**

Care & Share Lunch 11:45 a.m. Albert Scott Community Centre

#### **Tuesday May 1st**

Care & Share Lunch 11:45 a.m. Albert Scott Community Centre

#### **Tuesday May 8th**

Care & Share Lunch 11:45 a.m. Albert Scott Community Centre

#### **Tuesday May 15th**

North Central Landlords Breakfast 7:30 a.m.
Albert Scott Community Centre

#### **Tuesday May 15th**

Care & Share Lunch 11:45 a.m. Albert Scott Community Centre

#### **Monday May 28th**

North Central Board Meeting 7:00 p.m. North Central Community Association

#### **Tuesday May 29th**

Care & Share Lunch 11:45 a.m. Albert Scott Community Centre

## G.O. Hip-Hop

Drop in Hip-hop dance classes only for girls! Every Saturday from 11:00 am to 12:00 pm Albert Scott Community Centre



#### **Mobile Store**

Every Monday at the Albert Scott Community Centre from **1:30 to 3:00 p.m.** 

## Care & Share

## Seniors Lunch every Tuesday only \$4.00

We welcome all seniors to come and join us and enjoy a nutritious meal and card bingo served up with a lot of friendship. There will be a nurse on hand at all times. Lunch starts at 11:45 a.m. at the Albert Scott Community Centre, for more information you can call: 791-9888.

## Walking Club

## Monday, Wednesday & Friday at 8:00 a.m.



The program is designed to provide a safe place for adults to get together and exercise in a quiet comfortable setting and improve their physical fitness.

In case any problems occur, there is a staff member on hand at all times.



## Primary Health Care and Mental Health Services

When people think about primary health care, they often think about their physical health and visiting a doctor or nurse practitioner. But primary health care also includes helping people maintain good mental health. This article talks about some of the mental health services that are here in our neighbourhood.

Child and Youth Services, which includes the Randall Kinship Centre, is a part of a wide array of mental health and addictions services provided by the Regina Qu'Appelle Health Region. While these agencies provide specialized services for the entire health region (and some for southern Saskatchewan), they happen to be located in Regal Plaza, on the 1600 block of Albert Street, right in North Central.

Child and Youth Services provides mental health services to children, youth and their families who are having serious mental health problems. Generally, it is best when problems in children and youth are detected early. Individual, family and group counselling are available. Programs are aimed at identifying problems and then providing treatment and ongoing support.

Parents, an older youth or professionals from other agencies can refer someone to Child and Youth Services by calling an Intake Worker at 766-6700. After a brief assessment interview, the intake worker will suggest how the person's needs can best be met.

The programs at Child and Youth Services are organized into six main areas:

- Children's Services (up to age 11)
- Youth Services (age 12 18)
- Young Offender Services
- Cognitive Disability Team
- Suicide Awareness & Prevention
- Randall Kinship Centre.

When children, age 5 to 18, are having very serious behavior problems that are especially challenging for parents and causing a great deal of disruption, the intake worker might refer the family to the Randall Kinship Centre for specialized programming. These difficulties in children and youth are referred to as disruptive behaviour disorders and include conduct disorders, attention-deficit/hyperactivity disorder and oppositional defiant disorder.

Some of these severe behaviours might have started at a very early age at home, school or with friends. Often problems will included poor achievement at school, difficulty getting along with other children, fighting, bullying, difficulty controlling impulses or expressing themselves, or problems with anger. With older children, it might include very negative involvement with groups of peers or gangs. Other children and youth referred to the Kinship Centre have involvement with the Department of Community Resources or a First Nations Child and Family Authority.

The program designed to help each individual family is unique. It can be made up of any combination of the following services:

- Parent education the COPE program and a traditional Indian parenting (Kise-Wa-To-Ta-To-Win program)
- Problem Gambling Services
- Alcohol & Drug Services
- Outreach to the home, school or neighbourhood
- Behaviour therapy
- Problem solving skills therapy
- Crisis intervention

Contact information: Child & Youth Services 1680 Albert Street 766-6700 Randall Kinship Centre 1692 Albert Street 766-6783