

Celebrate the Community!

Albert Scott Community Centre

Tea Room and Sing-along 2:00 to 3:00

Pie baking contest 1:00 to 4:00

Crafts and Shinny games 1:00 to 3:00

Scott Collegiate

Face painting with Street Culture Kidz

North Central IDOL Talent Show, with host Simon Moccasin 3:00 to 5:00



NORTH Can

Last year's celebration 30th Anniversary, now the Fall Fest



Saturday, September 15

1:00 p.m. to

5:00 p.m.

The University of Regina and the North Central Community Association are looking for interested North Central homeowners to participate in a housing study. The study hopes to identify what home improvements related to energy efficiency can be made to improve the quality of life of its residents.

Receive a **FREE EnerGuide** energy audit on your home (\$150 value) in exchange for a 1 hour interview.

This **FREE EnerGuide** energy audit will make your house eligible to receive government assistance of up to \$5,000 on energy efficient upgrades you make on your house.

All North Central homeowners interested in participating in this project are asked to contact Adam Mills at 585-4799 (leave detailed message) or mills20a@uregina.ca.

You missed the Spring Community Clean Up?

Then come out to the Fall Community Clean up!

Our goal is to pick up large items that do not ft in the alley dumpsters, usually left by people who do not have the means to dispose of them. We encourage all residents to participate by placing them alongside the dumpsters before 9:00 am.



Saturday Sept. 22th 9:00 a.m.

We are also looking and welcoming **volunteers** the more support the more successful the clean up will be! Once again we will start the clean up at 9:00 am at the Albert

Collegiate feld. Lunch will be provided to all of those who volunteer their time to help North Central become a cleaner and safer place to live.

If you have any questions or concerns please call the office at 791-9888.

If you want to make sure your block gets clean, come out and volunteer with us!

'R' Healthy Food Store

Monday to Friday from 10:00 a.m. to 2:00 p.m. at the Albert Scott Community Centre.

Starting September!!

Come and get your groceries and fresh vegetables at a low price!!

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NORTH CENTRAL COMMUNITY ASSOCIATION Newspaper

FROM THE PRESIDENT



Greetings Friends & Neighbours

I am continually impressed by the commitment & enthusiasm our community demonstrates. Given the pressing work demands of people, the spirit of volunteerism is all the more amazing. I appreciate all the challenges facing the many volunteers who are working to keep North Central Regina a wonderful place to live.

We are very fortunate to have a community garden on 13th block Rae Street that has created many opportunities to meet new acquaintances, develop gardening skills from others who have a green thumb, and harvest fresh locally grown vegetables. Stop by and see what is ready to pick!

I would like to take this opportunity to welcome Bonnie, Spurgeon and Pat to the NCCA board of directors.

Point of Pride as a Volunteer: Meeting new friends and moving in a direction to create positive change from within. Its a rewarding expirience that helps maintain a strong, vibrant community.

So to all of you who are contributing, influencing and participating in your community, thank you for reflecting so well on yourselves and on North Central Regina.

In closing, please feel free to call the NCCA office with yout feed back on ways to improve North Central.

Your Neighbour, Brenda Mercer

Mission Statement

Working together with the community of North Central to enhance the quality of life by representing, promoting, developing partnerships and unifying our community and its image

North Central Phone Numbers		
Schools		
Albert	791-8539	
Herchmer	791-8448	
Kitchener	791-8516	
Sacred Heart	791-7290	
Scott Collegiate	791-8415	
St. Luke	791-7248	
Wascana	791-8528	
Organizations L	Agencies	
AIDS Programs South	SK	
THE TREAM	924-8420	
Albert Library	724 0420	
Albert Library	777-6076	
Bylaw Enforcement	///-00/0	
	777-7000	
Chili for Children	359-7919	
Community Assoc.	791-9888	
	791-9888	
Community nurse		
Community Centre	777-7033	
Community Mobile R		
	347-3224	
Fire Safety (storage of		
safe exits & smoke de	· · · · ·	
	777-7830	
Four Directions	766-7540	
Gathering Place	522-7494	
IMCF		
	359-1096	
Police	777-6450	
Rainbow Youth Centre	e 757-9743	
Regina Police Substan	dard	
Housing Enforcement	Team	
	777-6399	
Rental Housing Suppl	ement	
Program	787-4723	
North Central Family	Centre	
5	347-2552	
RQ Health Region	766-7755	
Rentalsman	787-2699	
SaskPower (electrical		

gas related inspections) 566-2500 SCAN's number for receiving complaints 1-866-51-SAFER

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Did we missed your number? You want the number of your agency in this space?

Contact us and we can add it: 791-9888

North Central Community Connection is the official publication of the North Central Community Association and is published on a quarterly basis.

> Design/Layout Julianna Wiechert

Contributors to this Issue:

Murray Giesbrecht Warren McCall Brenda Mercer Wade Murray Lindsay Chamberlain Jan Morier

The North Central Community *Connection* is distributed to over 4,000 households in the North Central area. Copies are also available at the North Central Community Centre and various North Central businesses and other venues. Opinions expressed in The North Central Community Connection are not necessarily those of the North Central Community Association. We welcome all letters and submissions. The Editor reserves the right to accept or reject and edit all submissions.

North Central Community Connection 1264 Athol Street Regina SK S4T 7V3 Phone: 791-9888 E-Mail: nccs@sasktel.net

The NCCA is an elected group of volunteers whose goal is to improve the neighbourhood in every way. The Board meets regularly in the Albert-Scott Community Centre

OUR VALUES:

* All people

* Respect

- * Caring
- * Pride

My Story

It started by me breaking a window at the North Central Community Centre, I got caught for it and took responsibility for my actions. I went to court and they gave me a second chance to go and do a program with the John Howard society, went to the program and see what we could come up with so that I could help for the window that I had broken.

As the meeting was going on, the victim told me a story about how the parents in the area are asking why this area is called the ghetto and the hood and why is there beer bottles and needles laying around where the children can see.

There are spray painted gang tags all over the walls and front doors and windows are smashed in. then for him to come to work and the workplace window is smashed out. After the victim told me that, it really got to me, that was true and I was just helping make it look that way.

That's why I'm writing the little story to help and see if we could make North Central a better place to stay and chill out, without it being all ghetto and stuff. Hope this well change North Central into a better place to stay.

JP

I am sitting in the restaurant called the Four Winds Café, in the middle of the 'hood in the middle of summer looking for a reason why would volunteer my time to open the skating shack at Grassik Park. The name of my wonderful waitress is Harmony, now why I am calling attention to this matter is that the skating shack remained closed for the entire season, also winter.

Now imagine your child with a great amount of time between 3:30 p.m. after school and suppertime, until bedtime, there is hundreds of minutes to fill. Now imagine filling those minutes as a child, walking to the rink, change your skates and then spend your time skating.

If you are a resident that wants to get involved in winter recreation for our kids, please let me know, I could use your help. Call. 791-9888

Pat K.



To find out more about the membership benefits, and how to become a member call our office: 791-9888



GO GREEN!

In the last newsletter, we advertised a very exciting opportunity to participate in a partnership we have with the City of Regina and the Saskatchewan Roughriders. The NCCA hires and trains people from the community to pick up all of the recyclable containers after each Rider home game. The people who work get a minimum of \$40.00 each time they work PLUS they get a free ticket to watch the game (until they have to start cleaning up!)

From that ad, we had an amazing response, over 150 people from the North Central Community called to say they would be interested in working at the games! We held 5 orientations so people could find out more about the partnership and what they would be expected to do.

We have cleaned up the recyclables for 5 games now, and the groups have worked through 40 degree weather and the famous thunderstorm that knocked out the power and delayed the game...and people are STILL coming back to work! It's hard work, but it's a lot of fun, and the NCCA just wants to send out a big THANK YOU to those people who have worked and keep coming back. It's because of you that this program is a success!

We have enough people for this year, but if you are interested in working at the games and the partnership continues next year, we will advertise it in our spring newsletter and will hold more orientations at that time.

So, you may be asking: "What do you do with the rest of the money?" While the NCCA has been coordinating the project, we do not keep any of the money received from the recycling. The majority of the money (over 70%) goes to pay people who clean up after the game.

The rest of the money is spent on cleaning up the physical area around Mosaic Stadium. We were very lucky to partner with a couple of other groups (the Youth Employment Program as well as the Odd Job Squad through the First Nations Employment Centre).

The participants in these programs focused on getting rid of the graffiti in the area around Mosaic Stadium. We will continue that work until the end of September, as our budget allows.



Graffiti removal from garbage bins

We are also saving money from this year to create at least one mural next spring. We would like to do more, but again, it depends on our budget.

We are looking for people/organizations/businesses willing to have a mural painted on their property. (See our ad on page 5) We are organizing them so that an artist will be working with youth from North Central to assist in creating a vision and a plan, as well as teaching techniques and overseeing the project. It's all very exciting and just keeps growing!!



Graffiti was removed from garage doors and people's houses

Thank you to everyone who has been a part of this partnership so far, doing everything from helping to create the opportunity and supporting the idea 100%; providing the truck, driver and storage for the containers; picking cans; stepping up to lead teams of workers; helping drop off containers at SARCAN after every game; and assisting in cleaning up the nieghbourhood.

We've had some hiccups, but overall the project has had a very positive effect on the area and it's residents. You are all appreciated for everything you do!



Our thank you's...so far!

Or major partners:







For providing the truck, storage, and the world's best driver ever, Frank.



For doing what SARCAN does best!



For offering a significant discount on all material and supplies needed for cleaning up graffiti and the neighbourhood



The Odd Job Squad through the First Nations Employment Centre and the Youth Employment Program through the NCCA for allowing their participants to dedicate part of their time to cleaning up the graffiti in our area. We appreciate the work you've done!



NORTH Central Community Association

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Hi! I am a single mom of three children who has lived in North Central for over 10 years. I have a 13 year old daughter who attends St. Mary School and is going into Grade 8. As it is a French Immersion School, for the Grade 8 farewell trip her class is intending on going to Quebec.

While it's not mandatory, the majority of the students DO go and my daughter really wants to. I was unsure of how we would be able to raise the funds needed for her to go. When I heard that the NCCA was doing the recycling at the Riders games I thought it would be a great opportunity to fund-raise for her trip.

My daughter, myself, and various family members work at the Riders games cleaning up the recycling. The money we earn from the games is being put towards my daughter's trip. This is definitely helping us get closer to the amount we need so she can benefit from and enjoy this exciting opportunity.

-Team Member



Community Gardens Grow Community!

An amazing project was dreamt up back in the spring. A vacant lot on the 13-block Rae Street had been available for a few summers, but North Central Community Association lacked the person-power to get it started. Grow Regina approached NCCA and together we plotted and planned a community garden. With only a few weeks to 'plant the seeds' of the idea and to raise some sponsors, this partnership of North Central residents and city-wide rabid gardeners dug in!

The fine businesses and institutions that believed in the vision were: the City of Regina, Cloverdale Paint, Fries-Tallman Lumber, and Smiths' Insurance. We thank them mightily and urge you to do likewise by taking them your business

We were delighted to accept donations of bedding plants from Plant Ranch and several communityminded individuals who had surplus in their greenhouses.

After a few meetings and plenty of phone calls, our big hopes and dreams were realized. Those who witnessed that Saturday, June 2 saw a weed- and rubble-infested lot transform into a little oasis for healthy food We closed down 13block Rae and volunteers came out in great numbers to play in the dirt! Weeding was bound to be a back-breaking chore until Mr. Leach with his state-of-the-art tractor/bobcat moved those nasty weeds out and tilled the soil. He hauled topsoil and mulch - this man was having way too much fun - but he was a lifesaver!

Barbequed hot-dogs, with veggies and watermelon were served up by even more volunteers - the ones with clean hands! Things were really starting to shape up and the plot was indeed thickening! "Who has a large piece of paper so we can map out what's going to be planted where?" Never mind, that's what sidewalk chalk and the



Community Gardens at 13 block Rae Street

After everyone nodded approvingly, they got to work planting - inch by inch, row by row! Kids and Kokums, residents of Lovering Place, police, politicians, students of sustainability - all were after that long-term goal of biting into a succulent tomato come autumn.

Meanwhile, near the back lane, saws were buzzing into the donated lumber. Soon boxes took shape to become raised beds to place over the driveway and garage pad. Back on the road and sidewalk, children (of all ages) were painting stakes to mark the rows and to edge the medicine wheel flower bed.

Some kneeling and grunting and good honest labour saw the seeds and bedding plants find a cozy warm home in the earth. Tractor Boy was still hard at it, filling the raised beds with rich soil to hold even more bedding plants.

We had a summer of blistering heat. Without constant watering our lovely garden would have withered to a crispy brown. Neighbours Bobby and Joe were the keepers of the hose. Their attention to the soil ensured not one case of blossom-end rot! Those who are enjoying the harvest owe them a huge thank you.

Now one might think that a community garden in our neighbourhood would be a wasted effort due to vandalism and theft. I'm happy to prove the nay-sayers wrong. People cared for, respected and enjoyed the bounty.

Radishes, peas, potatoes, beans, cucumbers, squash, swiss chard, beets and those gorgeous tomatoes have fed many families and apartment-dwellers this summer. Nutrition and taste is the reward for the weeding, pruning and watering done by volunteers and neighbours. Friendships were planted, along with the tiny seeds. We've all benefitted from this first annual North Central Community Garden. Let's plan for a few more on other streets next spring. With the community's help, we can!

Jan Morier Tomato Whisperer



Fall is here and soon all the leafs start to cover our yards, why don't give the Hire a Neighbour a try? get to know your community better at the same time you help each other. Please call 777-7000 to report graffiti,

alley litter, runners on power lines, anything that takes away from our community. If I can be of service please call me.

Home 522-8686 Office 777-7180

I hope to see many of you my friends having fun at the North Central Fall Fest!

City of Regina 777-7000 Fax 777-6406 E-mail: wmurray@regina.ca

Needle Drop Boxes in the Community



Starting August 20, 2007 there will be two needle drop boxes that will be installed in the City of Regina. The significance of the needle drop boxes is that members of the community will now be able to dispose of used needles that are found in the community safely. This in turn will decrease the chance of adult or child being poked with a needle.

Used needles are dangerous because there is often blood that may be left inside. This blood can contain dangerous diseases like HIV and Hepatitis C. If a person is poked with a needle, they can become infected with the disease. If someone is poked with a needle they should:

- · Wash the area with soap and warm water
- Let it bleed freely
- · Go to the nearest hospital immediately

• Do not take the needle to the hospital

The needle drop boxes can be found at the following locations:

By 5th Avenue and Cameron Street behind the North Central Service Canada building.

By Core Community Park in the alley behind 1800 block Toronto Street

Individuals can dispose of single needles or needles in small containers in the needle drop boxes. .

> Large containers will not fit safely in to the drop boxes. If an individual requires assistance with disposing of large quantities of needles please advice them to call the Street 766-7799 Project at



Come and Volunteer with us at the Community Clean up on Sept. 22!!



This concept is not new. Well-planned community gardens with local involvement have been shown to promote healing in communities in many cities around the world.



Pictures by Jan Morier

What People Tell Me

by William Davison

Her sleeves weren't long enough to hide the needle tracks running across the back of her hand. through tears she said "I killed my kid"! It was the anniversary of the abortion she chose two years past. We talked about the pain of death and the grieving process. We explored the many reasons why someone might choose abortion.

She started her story of abuse and trauma. I listen for and asked about significant others in her life; as she continued speaking I was thinking how she had been victimized throughout her childhood and teen years. As an ault she had become and offender, she bumped younger girls, sold drugs, shoplifted and marked tricks.

There was no downward spiral to consider. It was straight progression of behavior that leads to hopelessness, emotional & spiritual pain, suicide, sex, drugs, alcohol, jail, probation, ABI, poverty, gangs and/or a violent death. At the moment she was feeling the pain from the death of a child she said she had killed through abortion; I wondered how many 20 shots she needed to take the pain away ... I wanted to say "how could you not have"! The Creator allowed his kid to be killed ... saw him stuck to the cross. The Creator knows about pain and the need for forgiveness.

Four Directions Health Centre



Four Directions Community Health Centre located in North-Central Regina promotes individual, family and community health and wellness.

It provides healing, inclusive of all people, honouring individual uniqueness, meeting community needs through the use of the Medicine Wheel and holistic practices to help people get, and stay, healthy.

Community residents are actively involved in decisions about the programs and services that will meet their needs. Staff work closely with community residents who act as advisors, leaders, volunteers and partners.

Involvement of community Elders, residents and staff have brought a distinct Aboriginal character to the Four Directions Community Health Centre

3510 5th Avenue Regina, SK S4T 0M2

Telephone: (306) 766-7540 Fax: (306) 766-7534

Provincial Traditional Healing Gathering

September 20,21,22 & 23, 2007 from 9:00 am. to 4:00 pm daily **FREE REGISTRATION**

Workshops: should attend:

Crime Prevention

Workers

 Commercial Crime fected by

• Elder Abuse / Trustees

• Wills and Estates

• Capital Investments -

Youth Centre Toothhill Street and Ritter Avenue

To register Call: 522-5558

Tran HERE?

· Family Members Af-

Healing

the Residential School Era • Individuals Seeking

• Community Heath

Who

Bring Out The Artist in You!

With some of the money earned through the Go Green initiative, the NCCA is planning on getting some murals painted in the spring and summer of 2008.

Are you a property owner? Is your property often tagged with graffiti? Would you like to see a mural go up?

We need property owners who are interested in having a mural painted on their property (no cost to owner, sketch will be approved by the owner before any work is done)

Are you an artist who would like to work with this project?

We are collecting a list of artists who are interested in working with youth to teach them how to create a vision and a plan for a mural, create a sketch, have the sketch approved by the property owner, teach techniques for creating the painting, and oversee the creation of the mural.

Are you a youth (aged 10-18) who enjoys art and is interested in learning how to put up a mural?

We are collecting a list of youth who want to participate. Please let us know if you are interested!

The number of murals we are able to put up will depend on our budget.

The only funding we have for this right now is coming directly from the Go Green program. That MAY mean that not everyone who says they are interested will be able to participate....at least not right away. Please call the NCCA office at 791-9888 and let us know if you are interested!





Computers for kids is selling computers for less than ever before!

You can buy now a starting computer for as low as \$75.00 All systems include a monitor, keyboard, CD drive, and mouse with Windows 98 or later, Microsoft Office, virus and spyware checkers and network cards for immediate Internet access.

All standard systems are sold with 100% warranty for 6 months. We do not charge labor.

We are not responsible for physical damage to the machine and will charge for parts replacement. Systems purchased from Computers for Kids must be serviced here for your warranty to apply.

Hire A Neighbour!

Summer is here, and what a better way to help your neighbour than by hiring him!

If you need to have your lawn mowed put up the sign in your window to let them know.



Follow these steps:

1. Look for the signs 2. Knock on the door **3.** Ask what work they need to have done 4. Agree on the price 5. Do a great job!

Looking for
extra money?

Every day the North Central office receives calls from people needing some work done around their home, if you are interesting and want to be consider for any of these opportunities, please call our office, 791-9888

This is part of the Hire a Neighbour Program

NORTH CENTRAL COMMUNITY ASSOCIATION Newspaper

www.northcentralregina.ca

Atothe ald RGMR Firing Range near the Baul Pajackool Su conexus

For all your banking needs come and see us at our 5th Ave branch

1-800-667-7477 • www.conexus.ca

WORLD'S BIGGEST TOMATO IN NORTH CENTRAL REGINA!



Well it is not really the biggest tomato in the world, but this picture is a sample of the work that Right Brain Creative Designs can do.

Ganging Up on Violence

As fall is fast approaching, I hope everyone had a wonderful summer. As many of you know July and August 2007 was a busy time for the Ganging Up on Violence committee; the ongoing issue of gangs and violence will always be an issue of top priority for the North Central Community Association.

Our fnal submission to the Federal government is now being, reviewed and we hope to see an Anti-gang intervention program in North Central very soon, thanks to our co-worker and faithful companion, Jacqui Wasacase, Great job Jacqui! In addition, we cannot forget our very own Rob Degleau, Community Coordinator at NCCA for his outstanding leadership as well.

On July 19, 2007, a group of youth from the Fort McMurry Friendship Center stopped by to visit us while on a sacred journey to Awkewsasne Mohawk Territory to join other youth involved in a sacred run to Virginia. They heard of the "Worst Neighborhood in Canada" thanks to MaClean's magazine and wanted to see for themselves the problem of gangs in North Central.

They were taken on a star-lite tour of Regina and North Central; all six youth set up camp at Kokum Lilly's house and honored them with prayers and gifts of sweet grass.



From left to right Ryan Deranger, AKA Gitz, Emy Ulloa, Maxine Korolen, Sam Ovayyuak, Brendon Demers, Shane Mudge from the Fort McMurry Friendship Center and Kevin Daniels.

On August 27 2007, the Ganging Up on Violence Committee hosted the "April Sparvier Memorial Walk" to the location where she was murdered on the 1100 block of Wascana St. Family and friends joined and Danita Sparvier made a memorial of candles, fbwers and teddy bears in remembrance of her life.

We ended the walk with a feast and would like to thank all the kind people that donated food for the event.

The Ganging Up on Violence committee is continuing to prepare for more anniversary commemorations for those that have lost loved ones to gang violence. Many of these up coming events are still in the process of being planned. If you wish to volunteer, help with food donation or be involved any other way please call us at the North Central Community Association, it's all greatly appreciated.

I want to also apologize to anyone that I may have offended in any way shape or form, please forgive me, I'm only human and I make mistakes just like the rest of you.

Kevin Daniels



CONGRATULATIONS ON PURCHASING YOUR BIKE!



PROTECT Your investment

NCCA has been pleased with the response from the people on the Bicycle Licensing Program! And we encourage you to do it too, and ride your bike safe.

Why should you license your bike?

THEFT PREVENTION & RECOVERY – having a bike license increases the chances of having your bike returned to you, if it is stolen.

ACCIDENT VICTIM IDENTI-FICATION – Provides a means of identifying accident victims, especially children, who usually carry no identification.

MONEY FOR BIKE PRO-GRAMS – license revenue is reinvested in to the community to support a comprehensive bicycle recovery program.

IT'S INEXPENSIVE – New licenses costs \$5, and there is NO ANNUAL RENEWAL FEE! Licenses are valid for as long as you own the bike – and transferring ownership is only a \$2 fee!

IT'S EASY! – Licenses Available at: City of Regina (City Hall), and the North Central Community Association.

IT'S THE LAW! – Every bike in Regina MUST be licensed

To register your Bike, please contact:

North Central Community Association

1264 Athol St. Regina Sk. S4T 7V3 Ph. (306) 791-9888 Fax. (306) 757-1052

www.northcentralregina.ca

MY COMMUNITY CALENDAR

Tuesday Sept. 11 Care & Share Is Back! 11:45 a.m. Albert Scott Community Centre Wednesday Sept. 12

An evening with the Minister of Justice 7:00 p.m. Albert Scott Community Centre

Saturday Sept. 15 North Central Fall-Fest 1:00 p.m. to 5:00 p.m.

Albert Scott Community Centre

Thursday Sept. 13 Next Orientation Meeting for people wanting to work at the football game ... call the office to Register

Every Wednesday Soup & Bannock Lunch 12:00 p.m. Indian Metis Christian Fellowship

Every 4th Monday

of the month North Central Board Meeting 7:00 p.m. North Central Community Association

Dream Team

Mondays 10:00 am. to 12:00 pm. Drop in for coffee, some company, an activity and chat about volunteering.

Four Directions Health Centre

Saturday Sept. 22 Community Clean Up 9:00 a.m. Albert Scott Community Centre

Recovery group Every Thursday 1:00 p.m. Albert Scott Community Centre

Walking club Monday, Wednesday and Friday is back! 8:00 a.m. Albert Scott Community Centre

> **Drop-in counselling** Monday and Friday All Day at Four Directions 766-7540

Cook Eat and Live Fun activities, cooking and information to help you lower your risk of diabetes Will return in September! at Four Directions



New "Mom-to-Mom" Group

Starts Wednesday October 10 at 10:00 am. Continues weekly until December 5. Enjoy socializing, snacks, support and parenting book study.

Bring your children for action songs and supervised play!

Newcomers welcome anytime. No fees. Location: Spirit of Truth Church 701 Pasqua St. For more information call: 757-2398

You are invited to come and hear about plans for a North Central Shared Facility.

Croft Planning and Design and members of the Shared Facility Steering Committee will have a display and be on hand to talk about the plans and hear your comments for a new facility in North Central Regina.

Please join us:

Open House October 1, 2, 3 from 4:00pm to 8:00pm **Albert Scott Community Centre - boardroom** 1264 Athol Street

There will be a complete presentation on the Shared Facility at the North Central Community Association Open House October 4, 2007

Care & Share Welcome Back Seniors!

Care & Share is back and ready to serve up a lot of nutritious meals, with a side order of card bingo and a sprinkle of friendship. There is a nurse on duty at all times. Lunch starts at 11:45 a.m. every Tuesday.



Monday, Wednesday & Friday at 8:00 a.m.



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The program is designed to provide a safe place for adults to get together and exercise in a quiet comfortable setting and improve their physical fitness.

In case any problems occur, there is a staff member on hand at all times

_ _ _ _ _ _ _ Do you have an event, an announcement, a new program running at your agency that you would like to advertise in the North Central Community Т Association Newsletter? I.

Give us a call ! 791 9888

An Evening With The Minister of Justice

On September 12, 2007 Honourable Frank Quennell Minister of Justice, will come to North Central to talk with you about crime in North Central, and what the Saskatchewan Governtment is doing to work on this issue.

From 7:00 pm. to 9:00 pm Albert Scott Community Centre Come and have coffee with us while sharing an interesting conversation

Rainbow Youth Centre's 25 Birthday

Tuesday, September 18, 2007 Parkdale Park 3:30 pm to 7:30 pm

> To register please call Danielle or Celeste Ph. 757-9743

AIDS Walk Canada / **Regina's Walk for AIDS**

Friday September 21st. 2007 For more information call: 924-8420 or e-mail aidsprograms@sasktel.net

"Survivors of the Longest War"

Live, Intriguing, Dynamic Powerpoint Bible Presentations

Starts Friday, October 19 at 7:00 pm Continues Sat., Sun., Tues., and Wed.

Who is involved in this great conflict? How will it end? Why is there so much suffering? How can you be a survivor? What does God say?

Find answers that will bring you peace and hope for the future!

Also: Health Tips, Music, Refreshments, Gift Bibles Free Baby-sitting and Children's Program

Location: Spirit of Truth Community Church 701 Pasqua St. For info. call: 924-0592 or 757-2398

Don't Miss These Important Presentations!

Youth Employment Program 2007-2008 (by Murray Giesbrecht)

been.

The Youth Employment Program started its third year on July 11, with 20 youth participating in the program. Just like the previous two years, a large focus of the program will be working in the North Central and Core communities.

From July 11 to October 26, 2007 the Youth Employment Program will be cleaning up back alleys, picking up discarded needles, cleaning up vacant lots, and working with other community organizations.

If you see a group of young people with orange vests, a large van, and yard equipment, it is the Youth Employment Program doing its part to help the community.

After the completing the work in the community, along with courses in Life skills and employment skills, the youth will have the opportunity to be involved in training components with Construction Careers Regina and the Regina Exhibition Association.

The program will also provide

the youth with work placements, that will allow the youth to gain employment experience and employability skills. The youth will have the opportunity to tour organizations and work places throughout Regina, to receive information on what jobs are available and

Participant from the YEP

jobs are available and what are the skills that are required for these jobs.

The program also gives the youth valuable information and activities around personal health and wellness such as physical activity, health and nutrition seminars, and tours of educational facilities. We would like to thank Andrew Almightyvoice, Tanya Asapace, Greg Bear, Matt Brown, Angela Crowe, Ryan Donauer, Joel Dustyhorn, Lacey Goforth, Dale Henderson, Lyndon Lonechild, Neil McKay, Dallas Moosewaypeyo, Charity Nippi, Falcon Oochoo, Jaime Peigan, Crystal Pelletier, Megan Schuett, and Mark Wesaquate for

This year our participants are mak-

ing the program the best it has ever

Their positive attitudes, dedication,

and commitment have made the

program a great place to be.

their involvement in the program this year.

We would also like to welcome the new additions to our staff. Our facilitator this year is Lori Lovas, our new community supervisor is Brad Wesley, and Melinda Sunshine has come onboard as our Administration Assistant.

We would also like to welcome back our other community supervisor George Favel. George was one of our key staff members last year as he filled several roles in the program including community supervisor, facilitator, and cultural liason.

We thank George for his past and continued efforts in making our program a valuable experience for our participants.

The staff has done an excellent job in bringing this program forward this year. I would like to thank the staff with the utmost sincerity, and I look forward to an outstanding year with the Youth Employment Program.

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Partnerships are the cornerstone of success and no other community better demonstrates this than North Central Regina, partnerships for community development and crime prevention/reduction, partnerships like the North Central Shared Facility Project and the Gang Strategy.

Planning and discussions around the Regina North Central shared facility are well under way. The vision for the new shared facility is to include cultural, social, educational and recreational space. Partners at the table currently include schools, health care, library, law enforcement, municipal, provincial and federal government repre-

sentatives, and the community. Furthermore, the Shared Facility should serve to complement the revitalization of Scott Collegiate.

The Gang Strategy builds upon a number of efforts that rely on partnerships – many of which you can read about elsewhere in this issue.

The Safer Communities and Neighbourhoods (SCAN) investigators are working hard at shutting down houses that are being used for criminal activity. If you know of a house that is being used for dealing drugs or prostitution, please call the confidential SCAN Line: 1-866-SAFER (1-866-517-2337) or 787-0400.

Recently, Regina Street Culture Project Inc. was selected to receive \$205,000 annually to offer the Regina Connected Youth Initiative. This is a partnership with Corrections and Public Safety (CPS) to work with young people, ages 15-24, who are under the supervision of CPS. The program will help youth at-risk of gang activity to build positive relationships within the community.

It is partnerships like these that remind us by working together we can continue to build the kind of community we all desire.